

IN_REAL_TIME

_ a 1 day audiovisual workshop

_ with Dr. Ferruccio Osimo

_ @ Tel Aviv Museum of Art

_ 27, King Saul boulevard

Tel Aviv Jaffa, Israel _

_ Video clips from real psychotherapy sessions will provide a direct view of the clinical application of ***IE-DP*** (Intensive Experiential Dynamic Psychotherapy) with an ***acting out, suicidal, somatizing, and highly self-punitive BPD*** _

_ Major emphasis given to

(1) how ***IE-DP*** initiates an ***accelerated therapeutic process*** from the first extended interview, and

(2) ***change signals*** detectable in the sessions that immediately follow _

_ After a brief theoretical intro, Dr. Osimo will intersperse the video clips with ***frequent explanation*** of the techniques as they are being used, ***encouraging participation and questions*** from the audience _

_ main learning points -

/ preventing suicidal acting out _

/ spotting the person's self-sabotaging / self-punitive forces _

/ initiating the experiential-dynamic therapeutic process _

/ modifying the person's stabilized defensive habits _

/ graded exposure to the painful conflicting emotion from the first interview _

/ keeping anxiety regulated _

/ observing the signals of change as-it-takes-place _

/ exploration and therapeutic use of the real therapist-patient relationship _

_ for further information -

/ Dr. Ruth Derdikman _ 054 - 49 53 123 _ derdikman@gmail.com _

/ Dr. Avishai ben Shitrit _ 052 - 53 61 440 _ avishaiben55@gmail.com