Giving and Receiving Care:

Conversations on aging between children, adult children, and aging parents

A Shabbat weekend of study and conversation sponsored by Temple Shir Shalom

September 16-19, 2016

Ongoing changes in health care, longevity, family residential patterns, and life styles have upended the norms by which members of multigenerational families have cared for each other, yet new models have been slow to emerge.

What does aging really feel like to each generation, and how can each be more understanding of the other two? Temple Shir Shalom seeks to create a multi-generational forum for discussing how to keep family members in loving, mutually supportive relationships.

The congregation invites the entire community to come together with experts and "fellow travelers" to share experiences, generate new ideas, and explore the dynamics of aging as a family in the 21st century.

Friday evening, September 16, 7:00 pm @ Temple Shir Shalom
special Shabbat service and Oneg with keynote sermon by Rabbi Joseph

Saturday afternoon, September 17, 3:00 pm @ Oak Hammock
discussion and reception with guest speaker Dr. Steven DeKoskey,
McKnight Brain Institute: "Age-related cognitive change: a NON-clinical perspective."
RSVP strictly required (office@shirshalom.net)

Sunday morning, September 18, 10:30 am @ at Temple Shir Shalom
expanding the conversation to include the generation of grandchildren: round-table multi-generational discussions facilitated by mental health professionals