Order of the Evening

• Introductions
• Timeline: What to do When?
• Tips and Hints
• CV
• Personal Statement
• Letters of Recommendation
• Selecting Programs
• Interviewing
• Questions
283 Days to Match Day!
Timeline

• September 15th
  – Match registration opens at 12:00 p.m. ET

• November 30th
  – Applicant Early Registration Deadline at 11:59 p.m. ET
  – Applicants registering later will be charged a late fee

• October to January
  – Interviews

• January 15
  – Rank order list entry begins at 12:00 p.m. ET for all users

• February 24
  – Rank Order List Deadline/Applicant Late Registration Deadline at 9:00 p.m. ET
Timeline – Match Week

• Mar 14
  – Applicants find out whether they matched
  – Program directors find out whether all positions filled
  – *Supplemental Offer and Acceptance Program® (SOAP®)*
    begins with release of the List of Unfilled Programs

• Mar 17
  – Program directors receive their Confidential Roster of Matched Applicants
  – *SOAP* concludes at 5:00 p.m. ET

• Mar 18
  – Match Day! Match results released at 1:00 p.m. ET.
Timeline - NOW

- Talk with a Career Advisor
  - Career decision
  - M4 Schedule
    - Electives, away rotations
  - Competitiveness
  - Programs
  - Anticipated problems
  - Start Personal Statement
  - Start CV
Career Advisors

• Get input from many people
• Dr. Kevin Tremper, Chair, and Dr. Norah Naughton, Program Director
• General: Dr. Sadana Nishant, Dr Andy Dering
• Cardiac anesthesiology: Dr. Jen Vance, Dr. Brian Woodcock, Dr Anna Dubovoy
• Pediatric anesthesiology: Dr. Bishr Haydar, Dr. Devi Chiravuri, Dr Joseph Martinez, Dr Robert Christensen
• Neuroanesthesiology: Dr. Laurel Moore, Dr Magnus Teig
• Obstetric anesthesiology: Dr. Baskar Rajala
• Critical care: Dr. Michael Maile, Dr Jehad Albetaineh Dr Milo Engoren
• Pain management: Dr. Paul Hilliard, Dr. Srinivas Chiravuri, Dr Goodarz Golmirzae
• Clinical Research: Dr. Sachin Kheterpal, Dr. Krishna Ramachandran
• VA Dr. Jennifer Thomas-Goering
Resident Advisors

• Talk every resident you meet!
  – They have been through this recently
• Laura Zung
• Fadi Shihadeh
• Ryan Schutter
• Matt Wixom
Timeline- NOW

• Gather information about specific programs
  – FREIDA
  – studentdoctor.net
  – AMA
  – ASA

• Discuss programs- recent grads, fellows, residents, faculty
Search Results
4 program(s) match your search criteria.

William Beaumont Hospital Program
Program Id: 0402513202
Specialty: Anesthesiology
State/Region: Michigan/East North Central

University of Michigan Program
Program Id: 0402510071
Specialty: Anesthesiology
State/Region: Michigan/East North Central

Henry Ford Hospital/ Wayne State University Program
Program Id: 0402511185
Specialty: Anesthesiology
State/Region: Michigan/East North Central

Detroit Medical Center/ Wayne State University Program
Program Id: 0402511673
Specialty: Anesthesiology
State/Region: Michigan/East North Central
## William Beaumont Hospital Program

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## Detroit Medical Center/ Wayne State University Program

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June-July
Finish Personal Statement

• Interest in Anesthesiology
  – Will you say you like “physiology and pharmacology”?
• Personal credentials and strengths
• Experiences that demonstrate relevant personal qualities
• Distinguishing traits
• Future goals
Personal Statement

• Demonstrate your interest in anesthesiology and show how you would be a strong future resident
• Do not fill half a page about how great anesthesia is, the reader wants to know about you
Personal statement

- Explain any time gaps or academic difficulties
- Be unique, but not too unique
- Avoid sappy quotes, poems
- Have many people review it
- Keep to ONE PAGE
- Proofread!!! Spill chack!!!
- Be prepared to discuss any details in CV and PS during your interview
Finish CV (ERAS format)

- Volunteer
- Research
- Leadership
- Activities
- Work
- Awards
Research

• Not as necessary as you probably think
• Bonus on CV
  – Especially if high involvement
• Publications help
Research

Chart 8: Mean Number of Research Experiences by Preferred Specialty, Applicant Type, and Match Status

U.S. Seniors

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<th>Matched</th>
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<td>Physical Medicine and Rehabilitation</td>
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<td>Psychiatry</td>
<td>1.4</td>
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Source: NRMP
Tips and Hints - CV

- Do not include things from high school
- Can include some college information if outstanding
- Only include things you have actually done!
- Describe the activity and your role in 1-2 sentences - Galens, MedBuddies
Letters of Recommendation

• ERAS permits 3-4 letters (does not include Dean’s)
  • Anesthesiology Chair
    • Michigan expects to see this or at least Medical Student Director
  • Other faculty who know you well
    • Can be difficult in Anesthesiology
    • Faculty who you did case write up with
    • CVICU Sub-I can be great to establish yourself with Anesthesiology faculty
  • Research mentor: MSTP, FAER, or other significant research
Tips and Hints
– Letters of Recommendation

• Ask if writer can write a "strong" letter
• Give CV, PS and even some bullet points
• Best if letter is more personal
• Letters – well rounded view
  – At least one that comments on clinical skills
  – At least two in Anesthesiology
Letters

• Advance warning (at least 1 month)
• Ask when you should expect their letter to be finished
• Ask your letter writers what materials they would like for you to provide (CV, PS)
• Would they like any reminders?
• Remind your letter writers
Chair Letter appointment

- Contact Jenny Mace to set this up
- Dr Tremper will use your evaluations to help in writing the letter
Chair Letter Appointment

• Will need:
  – CV
  – PS
  – Transcript
  – M4 schedule
  – step scores/dates to take
  – ERAS form
Selecting Programs

• Must meet YOUR Educational/Career/Personal needs! Consider….

• Location
  – Support system nearby?
  – Personal Needs/preferences
  – Cost of Living
  – Ease of Living – safety etc
Selecting Programs

• Type of Program
  – University Based
  – Community Based
  – Reputation
  – Research

• Size
  – Small – 3-7 residents per year
  – Medium 8-17
  – Large > 18
Transitional versus Categorical Year

• You apply for PGY1 (4 years) or PGY2 (3 years) positions
• ERAS allows you to rank both on same list
• You need a separate Internship application for PGY2 programs
  – Internships can be very competitive
• Internship *must* include ICU and ER
Selecting Programs

• Other
  – Faculty approachable, enjoy teaching?
  – Residents appear happy?
  – Balance of work load?
  – Do you fit in?
Selecting Programs

- Talk with faculty, recent grads, residents, fellows
- Apply to at least 20
  - More if couples matching, academic difficulties
- Have back-up plan
Some Of the Most Competitive Programs

- University of Michigan
- University of Alabama
- UCLA Medical Center
- UCSF
- Stanford University
- University of Colorado
- Yale-New Haven Medical Center
- University of Chicago
- McGaw Medical Center - Northwestern
- Johns Hopkins University
- Beth Israel Deaconess Medical Center
- Brigham and Women's
- Massachusetts General Hospital
- Washington University - St Louis
- New York Presbyterian - Columbia
- Duke University
- Cleveland Clinic
- Oregon Health & Science University
- University of Pennsylvania
- Vanderbilt
- University of Utah
- University of Washington – Seattle
- University of Wisconsin
- Medical College of Wisconsin
Some Competitive Programs

- University of Arizona
- University of California - Davis
- University of California – Irvine
- Loma Linda University
- Cedars-Sinai Medical Center
- University
- Advocate Illinois Masonic Medical Center of Illinois at Chicago
- Rush University Medical Center
- Henry Ford Hospital
- University of New Mexico
Examples of Good Back-up Programs

- DMC – Wayne State
- University of Toledo - College of Medicine
- Allegheny General Hospital - Western Pennsylvania Hospital
- William Beaumont Hospital
Survey of Residents and Interns - 2013 and M4s - 2014

- 62 respondents
- Average number of programs applied to
  - 19.5 M4s - 19
  - Includes outliers of 64 and 70?
  - Most in 10 – 20 range
- No. of interviews scheduled
  - 12.8 M4s - 11
- No. of interviews attended
  - 9.9 M4s - 9
- No. at which “Interview fatigue” set in
  - 7.2 M4s – 6
“Applicants are invited to interview based upon the review of the following factors”

- Medical School – LCME & AOA preferred
- Medical School Academic Performance
- USMLE Part 1 & 2 (if completed). We have established a minimum score of >200 on any attempt of these exams.
- Letters of references – three (3)
- Dean's Evaluation Letter - MSPE
- Personal Statement
- Previous Residency Experience, if applicable

U of M USMLE Scores
Students who Entered Anesthesiology 2009 - 2013

• Step 1
  – 25% - 220
  – Mean - 235
  – 75% - 245
  – Range 199 - 266

• Step 2
  – 25% - 234
  – Mean - 244
  – 75% - 256
  – Range 200 - 274
## STEP 1 SCORES FOR RESIDENCY MATCH IN 2009 - 2011

### U.S. Seniors

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<tr>
<td>Anesthesiology</td>
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<td>226</td>
<td>206</td>
<td>203</td>
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## Average USMLE Scores

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<th>Specialty</th>
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<td>Dermatology</td>
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<td>Radiation Oncology</td>
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<td>Orthopaedic Surgery</td>
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<td>Neurosurgery</td>
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<td>Internal Med/Peds</td>
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Chart 6
USMLE Step 1 Scores of Matched Applicants
by Preferred Specialty and Applicant Type

U.S. Seniors

Source: NRMP Data Warehouse
NMRP 2014

Chart AN-3

USMLE Step 1 Scores
Anesthesiology

U.S. Seniors

Number of Applicants

0  0  5  6  31  14  79  10  167  7  226  4  224  2  153  3  86  0  27  0  0  0

<= 190  Between 181 and 190  Between 191 and 200  Between 201 and 210  Between 211 and 220  Between 221 and 230  Between 231 and 240  Between 241 and 250  Between 251 and 260  > 260  Score Unknown

Matched  Not Matched
Program Directors Survey 2014

Average USMLE Step 1 and Step 2 CK Scores Programs Consider When Granting Interviews

Scores Below Which Programs Generally Do Not Grant Interviews

Scores Above Which Programs Almost Always Grant Interviews

The boxes in the boxplots above represent the interquartile range (or IQR, which is the range between the 25th and 75th percentiles) and the line in the box is the median. The x-shaped symbol is the mean.
USMLE Step 2

• Take it early if you have a poor step 1 result
• You don’t have to report it if it is less than you wish
• Some programs will not interview without a Step 2
Categorical program: 245 students interviewed, 202 ranked, 26 matched

Match: Categorical: 26 positions filled. Average USMLE Part 1 score: 239

Match: Physician: 6 positions filled. Average USMLE Part 1 score: 231
The Match 2015

- Anesthesiology programs offered 1600 positions PGY1 and PGY2
  - (1,1594 in 2014)
- 28 unfilled PGY1 positions
- 37 unfilled PGY2 positions
- 1.6% of US grads who only ranked anesthesiology programs did not match
## Match 2015

### Table 1: Match Summary, 2015

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<th>Specialty</th>
<th>No. of Programs</th>
<th>Positions Offered</th>
<th>Unfilled Programs</th>
<th>No. of Applicants*</th>
<th>No. of Matches*</th>
<th>% Filled</th>
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<td>315</td>
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### Table 2  Matches by Specialty and Applicant Type, 2015

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<th>5th Pathway</th>
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### Table 2  Matches by Specialty and Applicant Type, 2015 (Continued)

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## Last 5 Year’s Match

### Positions Offered in the Matching Program, 2011 - 2015

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### Positions Offered in the Matching Program, 2011 - 2015 (Continued)

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<td>No.</td>
<td>%</td>
<td>No.</td>
</tr>
<tr>
<td>PGY-2 Positions</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Anesthesiology</td>
<td>506</td>
<td>18.8</td>
<td>515</td>
<td>18.9</td>
<td>580</td>
</tr>
<tr>
<td></td>
<td>557</td>
<td>20.3</td>
<td></td>
<td></td>
<td>563</td>
</tr>
<tr>
<td>-----------------</td>
<td>------</td>
<td>------</td>
<td>------</td>
<td>------</td>
<td>------</td>
</tr>
<tr>
<td>Anesthesiology</td>
<td>799</td>
<td>754</td>
<td>748</td>
<td>725</td>
<td>671</td>
</tr>
</tbody>
</table>

Table 10: U.S. Seniors Matched to PGY-1 Positions by Specialty, 2011 - 2015
Table 14  Match Results for U.S. Seniors and Independent Applicants Who Ranked Each Specialty as Their Only Choice, 2015

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Matched U.S.</th>
<th>Matched IA</th>
<th>Unmatched U.S.</th>
<th>Unmatched IA</th>
<th>Total U.S.</th>
<th>Total IA</th>
<th>% of All Matched Applicants U.S.</th>
<th>% of All Matched Applicants IA</th>
<th>Percent Unmatched U.S.</th>
<th>Percent Unmatched IA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anesthesiology</td>
<td>822</td>
<td>296</td>
<td>13</td>
<td>115</td>
<td>835</td>
<td>411</td>
<td>5.9</td>
<td>4.6</td>
<td>1.6</td>
<td>28.0</td>
</tr>
</tbody>
</table>
All Specialties

U.S. Seniors

First Rank 51.6%
Second Rank 16.5%
Third Rank 10.3%
Fourth Rank 6.7%
>Fourth Rank 14.9%
Chart 4: Median Number of Contiguous Ranks by Preferred Specialty, Applicant Type, and Match Status

U.S. Seniors

- Matched
- Not Matched

Source: NRMP Data Warehouse
Chart AN-1

Number of Contiguous Ranks Within Preferred Specialty
Anesthesiology

U.S. Seniors

Number of Applicants

Contiguous Ranks

Matched
Not Matched

0 10 14 11 12 18 7 21 5 27 1 33 1 27 3 37 2 61 1 39 2 54 0 68 0 60 1 62 0 60 0

0 100 200 300 400 500

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 or More
Graph AN-1: Probability of Matching to Preferred Specialty by Number of Contiguous Ranks
Anesthesiology

Probability of Matching

Number of Contiguous Ranks

U.S. Seniors
Independent Applicants
Michigan Anesthesiology Residents

What was your rank of the program you matched to?

Answered: 35  Skipped: 1

![Bar chart showing the distribution of ranks. The majority of respondents ranked the program as 1 or 2 out of 6.](chart.png)
October- January Interviews

• May be most important part of process
• Program Director/Faculty are thinking…
  – Is this someone I think is going to work hard and be a team player?
• Residents are thinking…
  – Is this somewhere I can live, eat, sleep and breathe 80 hours/week
  – Still need to act professionally
  – Resident lunches are touted as time to “get the dirt” – but remember you are still being interviewed
  – At many programs, residents have a say in your ranking
Interviews

• Timing of interview doesn’t matter
• May want to have some “practice” interviews before go someplace high on your list
Interviewing – Do’s

• Read about the program, know what you like about it
• Have questions ready, don’t run out
• Professional Appearance
• Good Handshake
• Be attentive, polite, appreciative
• Sell yourself
• If you have specific reason for wanting that program (geography, couple, etc) make sure you let them know
• Send thank you notes/emails
Interviewing – Don’ts

• Be late
• Be rude – to ANYone
• Ask Program Director about “quality of life” issues, eg. Call, time off, etc (save for residents)
• Talk about other programs
Interviewing
– What You’ll Be Asked

• NOT clinical stuff
• Explain discrepancies
• Why this program/area
• How you’d handle difficult peer situation
• Personal strengths/weaknesses
• Hobbies/interests
• Career Goals
End of Season Wrap Up

- Some programs do NOT send out thank you or followup letters to applicants
- OK to send ANOTHER letter/email to programs very interested in, especially if interviewed early
- Some Program Directors will not respond to your emails
Other Questions

• Info on West Coast programs?
  – studentdoctor.net
  – Harder to get an interview in Cal. If not there

• Pick programs based on fellowship?
  – Pick academic programs
  – Look at their fellowship offerings
  – Own residents are favored for fellowships
Boot Camp

- One month at end of internship
- Intense teaching
- One on one supervision in the OR
- Not universal
- Big feature of the program at U of M
Can I Work Part Time?

- Great specialty to work less than full time
- Ramp down for family reasons
- Ramp down towards retirement
- Acceptable in Academic centers
- Private practice
  - You get paid for the work you do
  - Can take all the extra call or work less days
What is the Typical Work Week for an Attending?

- Academic vs private practice?
- ICU vs pain clinic vs ORs?
- Ambulatory center vs tertiary care hospital?
- Research vs teaching vs admin?
U of M Graduates 2012-2015
Private Practice

- Alpena, MI 1
- Ann Arbor 5
- Battle Creek 1
- Birmingham, AL 1
- Chicago, IL 1
- Cincinnati, OH 1
- Dallas, TX 1
- Des Moines, IA 2
- Elyria, OH 1
- Indianapolis, IN 2
- Ishpeming, MI 1
- Jonesboro, AR 1
- Louisville, KY 1
- Meadville, PA 1

- Muskegon, MI 1
- Mt. Pleasant, MI 1
- New Port Richey, FL 1
- Oregon 1
- Phoenix, AZ 2
- Salt Lake City, UT 1
- San Jose, CA 1
- San Ramon, CA 1
- Toledo, OH 1
- Tucson, AZ 1
- Williamsburg, VA 1
- Washington 1
U of M Graduates 2012-2015 Fellowship

- **Cardiac**
  - University of Michigan 14
  - Cleveland Clinic 1
  - Texas Heart - Houston 1

- **Critical Care**
  - University of Michigan 12
  - Columbia University 1

- **Liver/Vascular**
  - University of Michigan 1

- **Neuroanesthesia**
  - University of Michigan 1

- **Pain Medicine**
  - University of Michigan 18
  - Johns Hopkins 3
  - UCLA 1
  - Minnesota 1

- **Interventional Pain Medicine**
  - Houston, TX 1

- **Pediatric Anesthesia**
  - University of Michigan 15
  - Children’s H Philadelphia 1

- **Regional**
  - University of Michigan 2
  - University of Pittsburgh 1
  - Oregon Health Science U 1
  - Virginia Mason, Seattle, WA 1

- **Head and Neck**
  - University of Michigan 1

- **Academics**
  - Yale, New Haven, CT 1
  - Henry Ford Hospital, Detroit, MI 1