

SAMPLE QUARTER FOR LIFEGROUP LEADERS



LifeGroup Leader Resource

Forest Hill LifeGroups are designed to move people closer to Christ as they **Study, Serve, Share, Care and Pray together**. These five components are essential to the discipleship development of group members and should become a part of the regular rhythm of your LifeGroup. The schedule below is meant to serve as a general guide. Leaders set the group meeting schedule as they see fit.

STUDY

The major component of a LifeGroup. At least 50% of a typical meeting should be devoted to learning from the Bible or biblically based content.

SERVE

Events that occur at least once a quarter for the benefit of those outside of your LifeGroup. To find opportunities with organizations nearby [visit foresthill.org](http://foresthill.org) and click **SERVE**.

SHARE

Group Development, Prayer or Participation as Gospel carriers for the sake of those outside of faith. At least once a month devote a portion of meeting time to your development as gospel carriers, prayer for opportunities to share Christ, or sharing stories from recent gospel conversations.

CARE

Events or portions of a meeting devoted to cultivating relationships inside the group or providing support to group members in difficult circumstances. Devote some portion of every meeting to care. About once a quarter devote an event to care.

PRAYER

A portion of a meeting devoted to practicing the presence of God in our lives and asking for His provision to meet present needs. Devote some portion of every meeting to prayer.

Tip: When you choose to do a Serve or Care event, let it take the place of your regular meeting.

Weekly Schedule:

1. Study/Care/Prayer
2. Study/Care/Prayer
3. Study/Care/Prayer/Share
4. Care
5. Study/Care/Prayer
6. Study/Care/Prayer
7. Study/Care/Prayer/Share
8. Serve
9. Study/Care/Prayer
10. Study/Care/Prayer
11. Study/Care/Prayer/Share
12. Study/Care/Prayer

Bi-Weekly Schedule:

1. Study/Care/Prayer/Share
2. Study/Care/Prayer
3. Care
4. Study/Care/Prayer
5. Study/Care/Prayer/Share
6. Serve