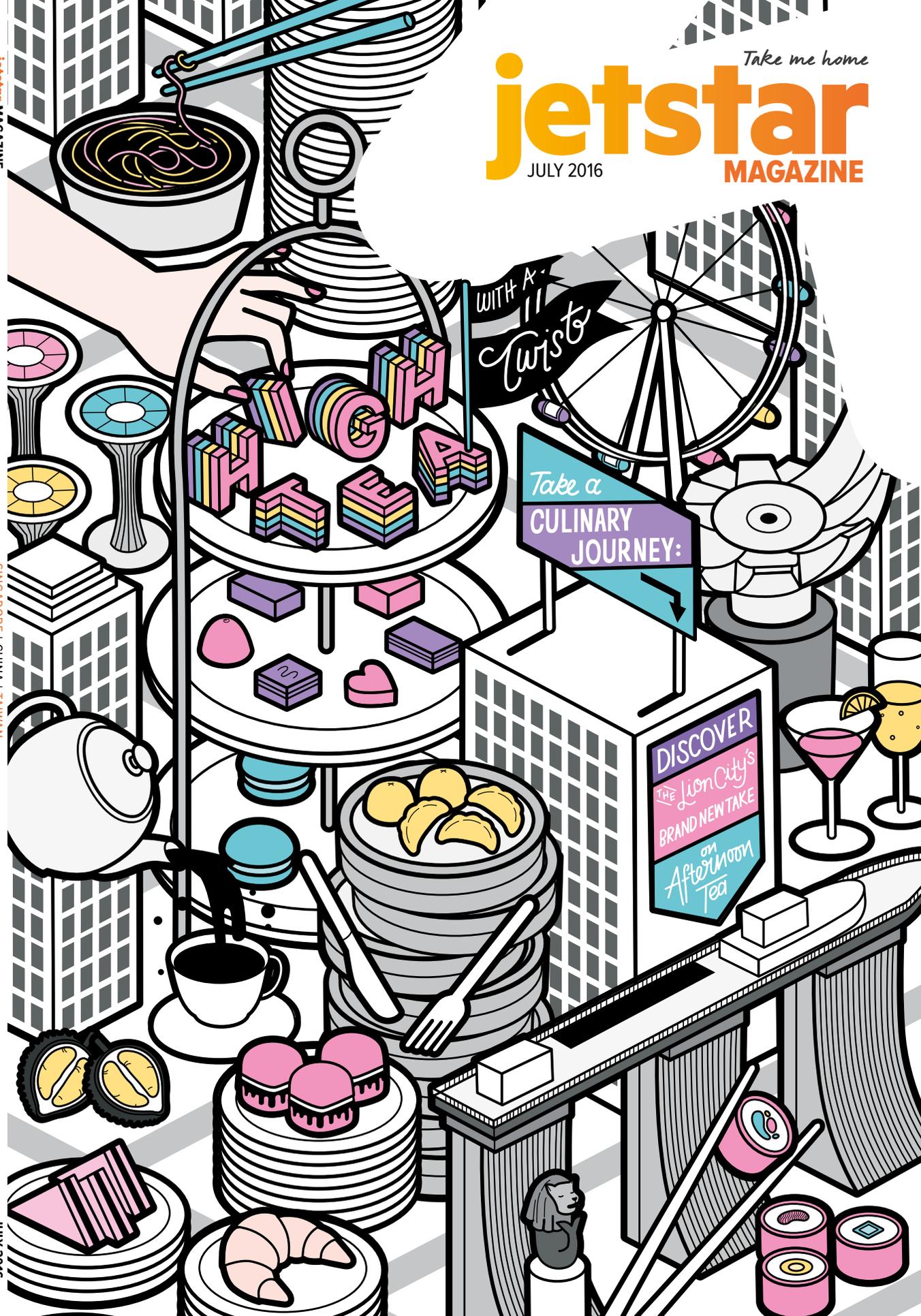


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JULY 2016

## MAGAZINE



WITH A  
*Twist*

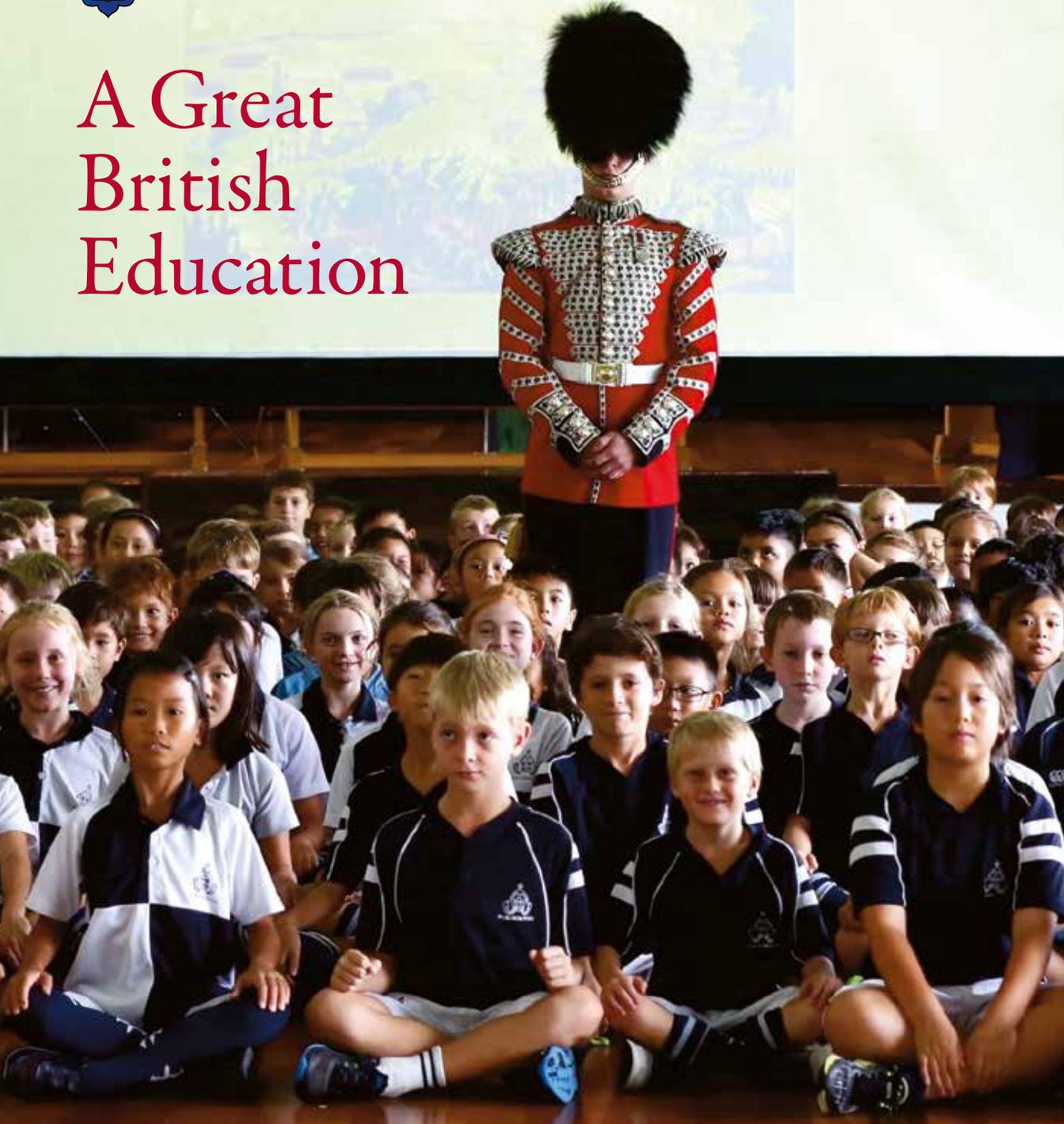
Take a  
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**BRAND NEW TAKE**  
on  
*Afternoon  
Tea*

Afternoon Tea



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24 HOURS IN

## PHUKET

Phuket has become such a tourist hub that it's easy to think you've 'been there, done that'. Come with us and discover the island the way locals know and love it...

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### 7AM BREAKFAST FIT FOR A KING

It may surprise you to learn Phuket has a large Chinese population; the descendants of labourers who made the arduous journey from (mainly) the Fujian province to work in the island's hundreds of tin mines (Phuket's main source of income until tourism arrived in the late 1980s). As a result, Chinese traditions abound, including the morning ritual of *dim sum*. Enjoy the island's finest at Ket-Ho Dimsum, a family-run restaurant in Kathu district, where tables are snapped up early and a steady stream of steamed delights emerge from the kitchen.

**Address:** 48/13 Wichitsongkram Rd  
**Contact:** +66 81 538 9377; [facebook.com/kethodimsum](https://www.facebook.com/kethodimsum)  
**Fun fact:** The lakes you see everywhere across Phuket are all former tin mines.

1

### 8.30AM TOURING PHUKET'S OLD TOWN

Head to Old Town to meet your Heritage Trails Walking Tour guide (you'll need to pre-book). We met with Chaya Na Takuathung, who was born and raised in Phuket (her father was one of the first chefs to serve Western food on the island). She has an infectious enthusiasm for her home, sharing stories of how she roamed the streets as a



Top to bottom: The pretty streets of Phuket's Old Town; Amulet Alley in Old Town; and (inset) *dim sum* at Ket-Ho



child; talking about what's changed (and what hasn't), and explaining the unique street food of the area. The walk takes in the 100-year-old shophouses found along Yaowarat, Thalang, Dibuk, Krabi and Phang Nga roads.

**Contact:** +66 85 158 9788; [phuketheritagetours.net](http://phuketheritagetours.net) >>

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### Did you know?

In the heart of Old Town is Amulet Alley, where locals buy medallions that supposedly have magical properties, including the ability to ward off bad luck and ensure safe travel.

WORDS SIMON N. OSTHEIMER PHOTOS ALAMY, JAMIE MONK / JAMIESPHUKET.COM



Clockwise from top left: Gallery Café by Pinky; The Beach Bar; gastronomic delights at The Cove; Golden Needle Tattoo Studio

1

**1.30PM LUNCH AT PINKY'S**

After a morning's sightseeing, it's time to chill out with a well-earned lunch at Gallery Café by Pinky, a charming bistro occupying a historic shophouse, where an excellent range of sandwiches, salads, smoothies and its famous Eggs Benedict are on offer. When it opened more than five years ago, owner Pinky Jatikavanich was at the forefront of the Old Town's transformation from a rundown area of derelict shops to a collection of cool cafés and art galleries.

**Address:** 19 Yaowarat Rd  
**Contact:** +66 89 103 7000; facebook.com/gallerycafebypinky

**Tip:** Rather keep moving than sit down for a meal? Pick up a quick coffee across the road at House (54/2 Yaowarat Road, +66 88 241 1116; facebook.com/house542), where you'll find the best flat white on the island.

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**3PM TATTOO TIME**

It may not be for everyone – but is there any longer-lasting souvenir than an amazing piece of ink? The best tattooist on the island is, without a doubt, Chart Khemthang. The award-winning owner of Golden Needle studio began life as a batik painter in rural Thailand, before a chance encounter with a tattooist inspired his new career. His sought-after skills mean he now receives regular invitations to be a guest artist in Europe.

**Address:** 62/14 Chaofa Rd  
**Contact:** +66 76 246 461; goldenneedle-tattoos.com



2

**5.30PM SUNSET DRINKS**

While the bars up and down the west coast are well known, a favourite among locals is The Beach Bar, and you'll find it halfway down quiet Cape Panwa. Facing the fleet of yachts moored in Chalong Bay, this simple shack by the water is loved for its friendly owners, cheap food and drinks, and – please don't take offence – lack of tourists. Families with kids can feel free to let them run on the sand while everyone else kicks back and waits for the beautiful sunset.

**Contact:** +66 87 893 5337; facebook.com/thebeachbarphuket

4

**7.30PM DINNER BY THE SEA**

You may be tempted to stay at The Beach Bar for dinner, but drag yourself out of your plastic chair to make the short walk down the road to The Cove, an amazing restaurant and bar that opened last year. It lends a touch of class to the southeast of Phuket and a decent wine list is accompanied by a menu of stunning seafood dishes, such as BBQ peppered tuna steak, and a range of woodfired pizzas. You can also stay in one of their boutique cottages. ✈

**Address:** 8/1 Moo.8 Tambon Wichit, Ao Yon Beach  
**Contact:** +66 62 242 3442; thecovephuket.com



**Travel info**

Jetstar flies thrice daily from Singapore to Phuket.

To book, visit **JETSTAR.COM**

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Supports overall masculinity and vitality



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Supports energy levels and good health

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Vitality**



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