



Pumpkin Hot Chocolate

Serves 1

Ingredients:

- 1/2 cup Smoothie Base bone broth (Borderland)
- 1/2 cup non-dairy milk
- 2 tbsp pumpkin puree
- 1.5 tbsp cacao powder
- 1 tbsp cacao butter
- 1/2 - 1 tsp honey (depending on how sweet you like it)
- 1/2 tsp pumpkin pie spice
- 1/2 tsp vanilla extract

Directions:

1. Add all ingredients to a small pot and heat over medium-low heat.
2. Once warm, transfer to a blender and blend until combined and frothy.

Notes:

- Bone broth can be replaced with a mild-tasting tea or additional non-dairy milk.