



Downs Farm Swim Club

DOWNNS FARM SWIM CLUB RULES

(Revised 2015)

The following rules are to help ensure the safety and enjoyment of all members and guests. Please review the following rules carefully and discuss them with your entire family including children. The following rules are intended to cover most situations, however, the Board and managers retain the right to add or modify rules to ensure everyone's safety.

General Rules

1. No running or rough play is permitted on any of the concrete areas near the pool.
2. The priority of our staff, especially on-duty lifeguards, is to ensure everyone's safety.
 - Do not distract guards on duty with conversation or distracting behaviors
 - Treat all employees respectfully and follow their directions
 - Argumentative behavior towards any DFSC employees is prohibited
 - Anyone engaging in dangerous/disruptive behavior will be asked to leave DFSC
 - Conduct issues may be handled by the managers
3. All injuries must be reported immediately to the pool manager on duty.
4. No child under the age of 11 will be permitted to enter the pool grounds unless accompanied by a parent or parental approved care giver (age 13 or older) who will remain on the grounds and be responsible for the child at all times, in an out of the pools. This privilege is a courtesy to our members and will be revoked on an individual basis if necessary.
5. This is a family swim club, please refrain from using profanity.
6. Guests are welcome, but must check in at kiosk, pay guest fees, and be accompanied by the sponsoring member for their entire visit. Members are responsible for the conduct of their guests and ensuring that they follow all rules. There is a limit of five visits per season for local area guests. We encourage all local families to become members!
7. Smoking is permitted only in designated areas.
8. Please be respectful of all areas of the club and take care not to damage any of the pool property; including furniture, equipment, and bathrooms. Please do not flush baby wipes, feminine products or paper towels. Use the provided wastebaskets. ONLY toilet paper is flushable.
9. Bathing suits are the only permissible attire in the pool. Please be sure to rinse sand from the playground areas before entering any of the pools.
10. Any concerns or issues should be brought to the manager on duty.
11. There are rules specific to parties; please see Christine Volm for details and to obtain a Party Packet.

Pool Specific Rules

Baby Pool

1. Children over the age of 6 are not permitted in the baby pool, except to accompany younger siblings.
2. Children in the baby pool must be accompanied by a parent or guardian who remains inside the baby pool area at all times. Small children are not to be left unattended.
3. Children who are not yet potty trained must wear "swim" diapers while in the baby pool. Accidents must be reported immediately to the manager on duty.

Junior Pool

1. Children who are not yet potty trained must wear "swim" diapers while in the Junior Pool. Accidents must be reported immediately to the manager on duty.
2. No fins, masks or snorkels are permitted in the Junior Pool. However, children who are non-swimmers may use arm "swimmies," life jackets, or swim rings when accompanied in the pool by a parent or caretaker.
3. Pool and diving toys may be used in the Junior Pool, with lifeguard and manager discretion.
4. Hanging or pulling on the slide well rope line is not permitted; it is easily damaged and expensive to replace.



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5. Adults are not permitted on the sliding board in the Junior Pool.
6. Children must be as tall as the marker on the sliding board to be permitted to use it. When waiting to use the slide, the next child in line must wait at the bottom of the ladder until the previous child is out of the restricted area.

Big Pool

1. Children under the age of 13 will be permitted in the big pool without an adult ONLY after they have passed the DFSC swimming test and earned a band. Bands must be worn at all times in the pool.
2. No flotation devices are permitted except on designated raft nights. Exceptions may be granted by the managers if it ensures the safety of a child.
3. Children must be fully potty trained to use the big pool. Swim diapers are NOT permitted in the big pool.
4. Diving is permitted in the well area only. The starting blocks are to be used by the swim team only, during practices and competitions.
5. Kick boards and fins are permitted in the swim lane of the big pool at the discretion of the staff on duty. Children are allowed to swim laps in the lap lane, but if an adult enters, the children need to exit. Adults have priority use of the lap lane.
6. Hanging or pulling on the lane dividers is not permitted: they are easily damaged and expensive to replace.

Diving Well

1. Children under the age of 13 will be permitted to use the diving boards when they have passed the DFSC swimming test and wear the band. Diving is ONLY permitted in the well. Advanced divers require a special band.
2. Only one bounce is permitted per dive/jump. Advanced dives by minors require an advanced band.
3. A diver is required to swim to the nearest ladder (on the same side of the pool) and exit the water as soon as his/her dive is complete. Do not swim under a diving board while another person is diving.
4. The next diver must remain at the rear of the board until the previous diver reaches the pool ladder.
5. Swimming is permitted in the diving well only when the lifeguard on duty has closed the diving boards and opened the well for swimming.

State Regulations

1. Any person showing evidence of any communicable skin disease, sore or inflamed eye nasal or ear discharges, or any other communicable disease shall be denied admission.
2. Any person with excessive sunburn, open blisters, cuts, or bandages shall be denied (consult pool management for determination).
3. Do not enter the water if you are experiencing or recovering from diarrhea or have had or symptoms of a gastrointestinal (stomach) disease in the past seven days.
4. All children in diapers must use swimming diapers only in designated pool(s).
5. Children should be encouraged to use the restroom before entering the water. Immediately report any "accidents" you observe in the bathing waters to a manager.
6. No animals, except for service animals, shall be allowed on the pool grounds.
7. Glass containers are prohibited on pool grounds.
8. All persons shall shower before entering the water.
9. Conduct which endangers the safety and comfort of others shall be prohibited.
10. Use of pools and shower shall be prohibited during an electrical storm.
11. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the water, and may be asked to leave the pool grounds altogether.



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These rules have been approved by the Board of Directors of the Downs Farm Swim Club, and may be amended at any time, by the Board.

Parents are responsible for the conduct of their children. Have a fun and safe summer!

Your signature below indicates that you have read, understand, and agree to abide by the rules of Downs Farm Swim Club and the state regulations.

Name: _____

_____/_____
Signature Date

Name: _____

_____/_____
Signature Date