

## Giant Wellington PNP Spring Series – Race 1 (Wainuiomata MTB Park)

### Short Loop description

Start at Waiu Hub down by the car park and head into Wetlands Loop the reverse direction

Turn sharp right at the bottom of Snail Trail

Ride Snail Trail all the way to the end (do not turn off onto Labyrinth Return part way up)

At the top of Snails, take a slight left on to Labyrinth (backwards) (Note: this is where the long and short courses separate)

Ride out on to ECNZ 4WD track, about 50 metres away

Turn left onto ECNZ and ride down through the barrier to cross Pukeatapu Bridge (Note: this is where the long and short courses reconnect)

Cross the bridge (taking care to stay left), then follow the arrow straight ahead and enter Super Plus

Ride the top section of Super Plus (enjoy this part, it's lots of fun!), and take first exit to the right (this will be clearly marked)

Turn right and ride back up the hill to the bridge, using the new walk/bike path

Cross back over the bridge (taking care to stay left), through the barrier and back to the base of the ECNZ track

When you get to the 4WD track you have two options for your descent

Option A: Turn sharp right and ride down Beeline and Beeline Extension

Option B: Ride up a few metres and turn right down Jungle Gym all the way to Jungle Scout Return (there will be a marshal at the 5 junctions, you must give way)

Turn right at the bottom of Beeline Extension/Jungle Scout Return and ride Redline

Circle the hub and start your next loop or go through the finish line

### Long Loop description

Start at Waiu Hub down by the car park and head into Wetlands Loop the reverse direction

Turn sharp right at the bottom of Snail Trail

Ride Snail Trail all the way to the end (do not turn off onto Labyrinth Return part way up)

At the top of Snails, take a sharp right on to Labyrinth (Note: this is where the long and short courses separate)

At the top of Labyrinth by the third pylon, turn left up link track to the ECNZ 4WD track

Turn right onto CNZ and head up to the start of Freewheel

Turn left onto Freewheel and ride it all the way to the end, including the extension section

When you come out of Freewheel, turn right onto ECNZ and ride down through the barrier to cross Pukeatapu Bridge (Note: this is where the long and short courses reconnect)

Cross the bridge (taking care to stay left), then follow the arrow straight ahead and enter Super Plus

Ride the top section of Super Plus (enjoy this part, it's lots of fun!), and take first exit to the right (this will be clearly marked)

Turn right and ride back up the hill to the bridge, using the new walk/bike path

Cross back over the bridge (taking care to stay left), through the barrier and back to the base of the ECNZ track

When get back on to ECNZ 4WD track you have two options for your descent

Option A: Turn sharp right and ride down Beeline and Beeline Extension

Option B: Ride up a few metres and turn right down Jungle Gym all the way to Jungle Scout Return (there will be a marshal at the 5 junctions, you must give way)

Turn right at the bottom of Beeline Extension/Jungle Scout Return and ride Redline

Circle the hub and start your next loop or go through the finish line

### **Age-groups and courses**

**Open Men** 2 long loops, 1 short loop (22km)

**Open Women** 2 long loops (16km)

**Masters Men 1 (30-39 years)** 2 long loops, 1 short loop (22km)

**Masters Men 2 (40-49)** 2 long loops, 1 short loop (22km)

**Masters Men 3 (50+)** 2 long loops (16km)

**Sport Men (Open age group)** 2 short loops (12km)

**Sport Women (Open age group)** 2 short loops (12km)

**U19 Men** 2 long loops, 1 short loop (22km)

**U19 Women** 1 long loop, 1 short loop (14km)

**U17 Men** 1 long loop, 2 short loops (20km)

**U17 Women** 1 long loop, 1 short loop (14km)

**U15 Boys** 1 long loop, 1 short loop (14km)

**U15 Girls** 2 short loops (12km)

**U13 Boys** 2 short loops (12km)

**U13 Girls** 1 short loop (6km)

**U11 Boys** 1 short loop (6km)

**U11 Girls** 1 short loop (6km)

**Open Children's Beginner** 2 loops of Jungle Scout and Jungle Scout Return (1km)