

Report from MIPS Ankara Pelvic Surgery Cadaver Course

Murat Seval

The "MIPS Ankara Pelvic Floor Surgery Cadaver Course" which was held at 1st and 2nd April 2017 at Ankara University has been completed successfully with 8 participants. Ten theoretical sessions including current urogynecological topics were implemented on the first day of the course. After individual demonstration on pelvic-perineal anatomic dissection, practical hands-on training on female pelvis anatomy and surgical treatment for female stress urinary incontinence and pelvic organ prolapse was held on completely fresh-frozen cadavers on the second day of the course. Hands-on fresh-frozen cadaver training has been implemented on 4 different considerations:

- Mid-urethral sling procedures (TOT, TVT, Mini-Sling) and BURCH
- Sacrospinous ligament fixation
- Sacrocolpo / hysteropexy
- Uterosacral ligament plication/suspension
- Anal sphincter repair

Participants have expressed that they had good impressions and that they were fully satisfied at the "participants' satisfaction survey", which was kindly requested to be completed after the course. Their overall evaluations and recommendations were taken into account for future courses, and were as follows:

- Hands on training on fresh frozen cadavers in order to enhance pelvic surgery skills of residents should be implemented to OBGYN residency curriculum.
- Laparoscopic training should be considered in the following hands-on cadaver courses
- Future courses should be done as soon as possible and periodically.
- The limitation of 4 participants per cadaver was very efficient/optimal and allowed each participant to spend as much time as he/she wants on the cadaver and to ask the instructors as many questions as he/she wants.
- It is very useful to share the presentations with the participants at the end of the course, at the web site:
 - https://cadaverankara.wordpress.com/mips-ankara-pelvic-floor-surgery-cadaver-course

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