



## Anonymous not Invisible

### Alcoholics Anonymous – A Service for Professionals

Alcoholics Anonymous (A.A.) are always seeking to strengthen and expand their communication with professionals. Those who support or work with problem drinkers share a common purpose with A.A: to help those people change their behaviours and attitudes towards alcohol, stop drinking and go on to lead healthy and productive lives.

A.A is a non profit, self-supporting, entirely independent fellowship. We are “**not allied with any sect, denomination, politics, organisation or institution.**” A.A as an organisation and fellowship, is in a position to serve as a resource to many organisations, through its policy of “**cooperation but not affiliation**” with the professional community.

#### We are holding an Introductory Event:

**Thursday 11th October, 2018 10.00am - 12.45pm**

**Hamilton Accies FC, New Douglas Park, Hamilton, ML3 0FT**

The aim of this event is provide some insight into **Alcoholics Anonymous** and how our 12 Step Programme and Meetings can help problem drinkers recover from alcoholism. You'll hear about the free services we can provide to those involved with problem drinkers including how we provide talks and literature for Schools, Colleges, Universities, other Agencies and Employers.

- **10.00am:** Join us for some refreshments and networking. There will be literature available to take away and A.A. members in attendance to answer any questions you may have.
- **10.30am:** There is a Presentation introducing A.A. in Scotland and outlining the free services that A.A. has to offer Professionals and how these services are already working successfully.
- **11.00am:** You will have a unique opportunity to observe an **A.A. Meeting**. This will be a demonstration meeting conducted as it would normally be run at the many A.A. Groups throughout Lanarkshire. The participants will all be A.A members who have agreed to this meeting being open for observers. There will be time made available for a Q & A session with the members participating.
- **11.45am:** Members and Service Liaison Officers will be available to talk with individuals about our key service areas: Health & Social Care, Criminal Justice Education and Young People.
- **12.45pm** close

## **Who should attend?**

Anyone interested in finding out more about A.A., how it works and how we can be of assistance to Professionals and the people they support.

Those who come into contact with problem drinkers.

Academics studying in a field linked to alcohol related issues.

Anyone managing an employee support function.

Those working in education or supporting young people in the community.

## **More about AA**

A.A in the UK has more than 70 years of experience involving thousands of problem drinkers and alcoholics, we have firsthand experience with all kinds of people, in all phases of active alcoholism and recovery. Our service to those seeking help is totally confidential, free and our membership remains anonymous.

## **The Venue**

New Douglas Park has ample parking and is close to road and public transport links.

**If you would like to attend this free event, please drop Caroline an email at:**

<mailto:pi.lanarkshirewest@aamail.org>

Public Information Liaison Officer  
West Lanarkshire Intergroup  
Alcoholics Anonymous

<https://www.alcoholics-anonymous.org.uk>