Spring 2019 Compassionate Ocean Zen Center Registration Form

Name: ____________________________________________________________

Address: _________________________________________________________
____________________________________________________

Email: __________________________________________________________________________

Telephone Numbers: Home (_____) ________________________ Cell (_____) ________________________

To register, please check the appropriate activities.

Unless otherwise indicated all events will take place at Compassionate Ocean Zen Center, 652 17th Avenue NE, Minneapolis, MN 55413.

Total Dynamic Living–Introductory Program in Mindfulness
($25 deposit; $295 + $35 materials fee)
☐ Minneapolis, Tuesday evenings, March 26—May 14, 6:30—9:00 P.M. (#199)
☐ St. Paul, Thursday evenings, March 28—May 16, 6:30—9:00 P.M. (#280)

Total Dynamic Living: One–Day Retreat
(by donation for program alumni)
☐ Saturday, May 11, 9:00 A.M.—3:00 P.M.

Buddhist Studies Class
$185 (members $165) (includes course texts)
☐ Branching Streams Flow in the Dark
  Wednesday evenings, March 27—May 15, 7:00 P.M.—9:00 P.M. (eight sessions) (#B88)

Introduction to Zen Practice Mini-Course
(There are no fees, but sign up in advance by emailing the Center at admin@OceanDharma.org)
☐ Mondays, April 8 and 15, 7:00 P.M.—9:00 P.M.

Sesshin/Days of Zen Practice
($50, members $45)
☐ Friday, April 12, 7:30 P.M. —Saturday, April 13, 9:00 P.M.
☐ Friday, June 14, 7:30 P.M. —Saturday, June 15, 9:00 P.M.
☐ Memorial Day Weekend Sesshin with Tenshin Reb Anderson, please visit cloudsinwater.org
For a Future to Be Possible
(There are no fees, but sign up in advance by emailing the Center at admin@OceanDharma.org)

☐ Friday, April 26, 6:00 P.M. Potluck, 7:00 P.M. Presentation and Discussion
☐ Friday, May 17, 6:00 P.M. Potluck, 7:00 P.M. Presentation and Discussion
☐ Friday, June 7, 6:00 P.M. Potluck, 7:00 P.M. Presentation and Discussion

Enrollment for these activities is limited, and early registration is encouraged.

To register, send this form along with the nonrefundable deposit listed (payable to Compassionate Ocean) to:
Compassionate Ocean Zen Center
652 17th Ave. NE
Minneapolis, MN 55413


Please call or email if you have questions; (612) 781-7640 or admin@OceanDharma.org.