Branching Streams Flow in the Dark

In Zen study, we are concerned with three things: the world of differences (form), the world of emptiness (oneness), and the relationship between the two (which is called harmony).

—Bernie Glassman

Sandokai, translated as The Harmony of Difference and Sameness, is the name of a poem written in the 700s in China. It is one of the most frequently studied and recited texts in Zen. Only one page long, it presents a deep insight into the nature of reality and of human experience. This course will explore the meaning of the poem, using two commentaries along with the instructors’ perspectives.

The course will include meditation, lecture, and discussion, with a special emphasis on bringing these teachings alive in our day-to-day lives. Our texts will be Living by Vow by Shohaku Okumura and Infinite Circle by Bernie Glassman.

Wednesdays, March 27—May 15 (eight sessions) (#B89) 7:00–9:00 P.M.

Compassionate Ocean Zen Center
652 17th Avenue NE, Minneapolis, MN 55413
$185 (members $165) (includes course texts)

Member rates apply to members of all local Dharma centers. Reduced fees are offered as needed; please contact the Center to request.

To register, go to www.OceanDharma.org or call (612) 781-7640.

Taught by Michael & Joen O’Neal

Michael and Joen are the Guiding Teachers of Compassionate Ocean Zen Center. They practiced and taught for many years at the Minnesota Zen Meditation Center and Hokyoji Zen Monastery under the guidance of Dainin Katagiri Roshi. They have also practiced with Thich Nhat Hanh in France and the United States.