



# 7<sup>th</sup>



## OMN

# Meeting of the International Mediterranean Society of Orthopaedic Surgery

In collaboration with

**Hellenic International  
Scientific Institute  
Amfiktionies**



**Pan Arab Orthopaedic  
Association**



Under the auspices

**EUROPEAN HIP SOCIETY**



**ORTHOPAEDIC  
AND TRAUMATOLOGY  
ASSOCIATION OF MACEDONIA  
AND THRACE**



# FINAL PROGRAM

# 22-24

## March

Makedonia Palace Hotel  
**Thessaloniki**

# 2018

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# Welcome Address

Dear colleagues,

Welcome to Thessaloniki for the **7th Meeting of the International Mediterranean Society of Orthopaedic Surgery** that will be held on the **22-24 of March 2018**. Thessaloniki was founded in 315 BC by Cassander of Macedon and is the second largest city of Greece with a long history and rich culture.

Together with the chairman of the International Mediterranean Society of Orthopaedic Surgery, Professor Jean - Noel Argenson, we are eager to present an exciting educational and scientific program combined with extraordinary social events. The academic program includes a wide range of orthopaedic topics that allow every attendant to enjoy the high standard didactic lectures from experienced orthopaedic surgeons that come from Europe, Mediterranean countries as well as different Arabic countries.

This meeting will give the opportunity to the attendees from different countries to meet, share, interchange ideas, and display their own surgical orthopaedic experiences.

Presentations, posters and research papers are encouraged to be presented by orthopaedic surgeons, residents and researches. Awards will be given to the top presentations or research investigators.

Please plan to attend and bring your families, as there will be a great social calendar that allows you to enjoy the sights and sounds of our beautiful city and to experience the worldwide known Greek Mediterranean hospitality.

I am confident that attendees will experience an exciting and interesting academic program and together with their families will appreciate the Greek amenities, the variety of social activities and the welcoming atmosphere.

I look forward seeing you in this 7th meeting of the International Mediterranean Society of Orthopaedic Surgery and I welcome you to Thessaloniki.

Kind Regards

The Chairman of the Meeting  
**Fares E. Sayegh MD., PhD.**  
Professor in Orthopaedic  
and Musculoskeletal Trauma  
Aristotle University  
of Thessaloniki, Greece

The President of the  
International Mediterranean  
Society of Orthopaedic Surgery  
Professor **Jean - Noel Argenson MD., PhD**  
Hospital Sainte-Marguerite  
Marseilles, France



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## Meeting of the International Mediterranean Society of Orthopaedic Surgery

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March  
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## Committees

Honorary Chairman: Kapetanos G.

### Organizing Committee

**President:** Sayegh F.

**Members:** Argenson J. N.  
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Darwish M.  
Karrakchou S.

### Scientific Committee

**Members:** Alemdaroglu K. B.  
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Bisbinas I.  
Digas G.  
Drosos G.  
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Ioannidis G.

Iosifidis M.  
Karanikolas A.  
Macheras G.  
Potoupnis M.  
Sarris I.  
Tilkeridis K.  
Tsiridis E.

### Local Organizing Committee

**Members:** Adam S.  
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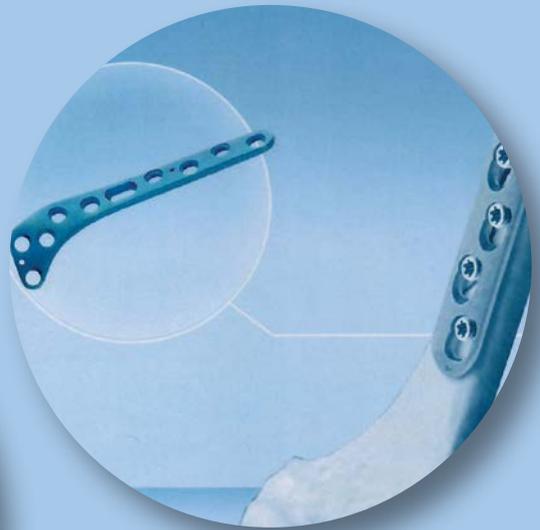
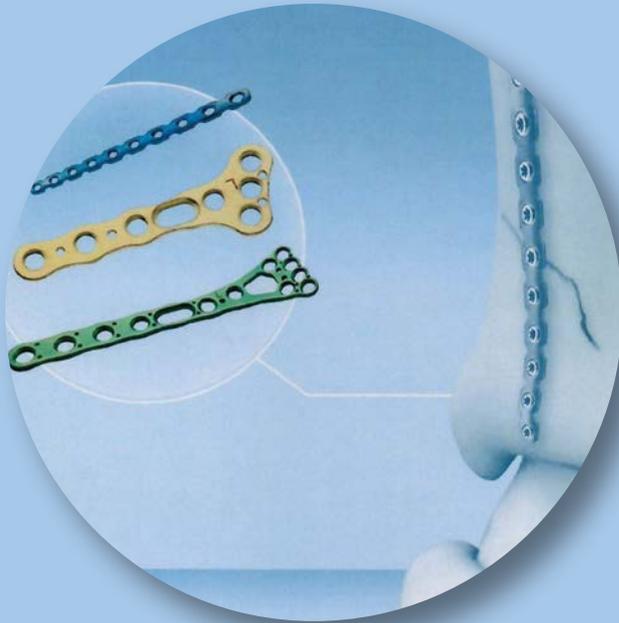
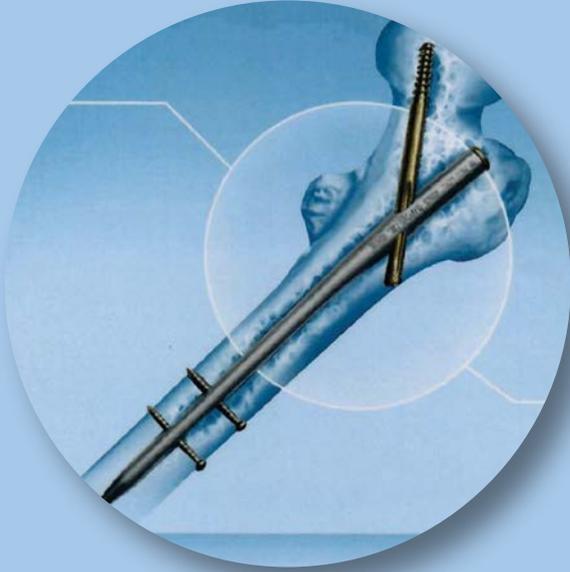
Michail Th.  
Michailidis G.  
Papadopoulos P.  
Papavasiliou K.  
Pellios St.  
Petsatodis G.  
Potoupnis M.  
Sarris I.  
Topalis Ch.  
Tsiridis E.  
Tzavellas A.

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**President:** Argenson J. N.

**Members:** Aramburo F.  
Aubaniac JM.  
BenGhachem M.  
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# Program

## 08.00-09.00 ORAL PRESENTATIONS

### HIP AND KNEE

Chairmen: **G. Ioannidis, I. Ntelis**

- 001 TEN YEARS RESULTS ON UKA**  
**Vlachos J.**  
Orthopaedic Department, MITERA Hospital, Athens, Greece
- 002 THREE DIFFERENT DOSAGE REGIMENS OF TRANEXAMIC ACID TO REDUCE BLOOD LOSS AFTER TOTAL KNEE ARTHROPLASTY WITHOUT TOURNIQUET: A RANDOMIZED CONTROLLED TRIAL**  
**Tzatzairis T.,** Ververidis A., Tilkeridis K., Drosos G., Kazakos K.  
Department of Orthopaedic Surgery, Democritus University of Thrace, Alexandroupolis, Greece
- 003 JOINT REPLACEMENT FOR PATELLO-FEMORAL JOINT ARTHRITIS (PFJA)**  
Kokkinakis E., **Arapoglou D.,** Vishwanathan S., Harshavardhana N., Akhtar Q. J.  
Inverclyde Royal Hospital, Greater Glasgow and Clyde, Scotland, United Kingdom
- 004 CLINICAL RESULTS IN PATIENTS WHO UNDERWENT MEDIAL PIVOT TOTAL KNEE ARTHROPLASTY**  
**Karavelis A.,** Pinto I., Ditsios K., Petsatodis D.  
1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki, Greece
- 005 SURVIVORSHIP ANALYSIS OF UNCEMENTED TOTAL HIP ARTHROPLASTY**  
**Karavelis A.,** Pinto I., Ditsios K., Petsatodis D.  
1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki, Greece
- 006 REHABILITATION OUTCOME IN PATIENTS WITH HIP SURGERY REPAIR, ACCORDING TO AQUATIC THERAPY AND LEVELS OF WEIGHT BEARING, EVALUATED WITH THE USE OF FUNCTIONAL INDEPENDENCE MEASURE (FIM™)**  
Pasvantis D., Kolikopoulos F., **Kostikidou A.,** Mitsi P., Georgiadis I., Bakas El.  
Euromedica Arogi Rehabilitation Center, Thessaloniki, Greece
- 007 THE IMPACT OF THE LEVELS OF WEIGHT BEARING IN FUNCTIONAL OUTCOME, AS MEASURED BY FUNCTIONAL INDEPENDENCE MEASURE (FIM™) IN PATIENTS WITH HIP SURGERY REPAIR**  
**Bikos G.,** Pasvantis D., Gerontaki G., Georgiadis I., Safaridou M., Bakas El.  
Euromedica Arogi Rehabilitation Center, Thessaloniki, Greece
- 009 ARTHROSCOPIC KNEE SURGERY USING REGIONAL ANESTHESIA**  
Savvidis M.<sup>1</sup>, Bisbinas I.<sup>1</sup>, **Kitridis D.**<sup>1</sup>, Georgiannos D.<sup>1</sup>, Kapoutsis D.<sup>1</sup>, Konstantinidis A.<sup>1</sup>, Chatzopoulos E.<sup>2</sup>, Gkouvas G.<sup>1</sup>  
<sup>1</sup>1<sup>st</sup> Orthopaedic Department, 424 General Military Hospital, Thessaloniki, Greece  
<sup>2</sup>Anaesthetic Department, 424 General Military Hospital, Thessaloniki, Greece



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## Program

**09.00-10.00**

### ROUND TABLE

#### WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW “DISTAL RADIUS FRACTURES”

Chairmen: **I. Sarris, I. Alafropatis**

Surgical anatomy and biomechanics: the three columns  
**D. Kitridis**

When to plate a distal radius fracture?

**E. Cosmas**

Why do surgeon fear the dorsal approach?

**D. Stamiris**

Soft tissue injury: Is it important?

**P. Athanasiadou**

**10.00-10.30**

### LECTURES

Chairmen: **F. Sayegh, I. Sarris**

10.00-10.15

Is the dorsal approach of the distal radial fractures still useful?

**P. Givissis**

10.15-10.30

The intra-focal pinning for dorsally displaced distal radial fractures

**A. H. Chamseddine**

**10.30-10.45**

### LECTURE

Chairmen: **A. Eleftheropoulos, A. Pettas**

Metatarsalgia. Investigation

**A. Konstantinidis**

**10.45-11.30**

### ROUND TABLE

#### CHALLENGES IN ORTHOPAEDIC ANESTHESIOLOGY

Chairmen: **E. Gkoutziomitrou, D. Metaxiotis, M. Varveri**

The role of Tranexamic acid in orthopaedic patients hip and knee arthroplasty.  
Transfusion, blood loss and the role of tranxaemic acid

**V. Chasapidis**

Orthopaedic patient positioning and anesthesia

**P. Ntouma**

Orthopaedic anesthesiology

**E. Copuroglu**

**11.30-12.00**

**Coffee Break**

Thursday, March 22<sup>nd</sup> 2018

# Program

## 12.00-12.50 ROUND TABLE

### PROBLEMS IN THE ELDERLY

Chairmen: **G. Kapetanios, M. Potoupnis**

Risk assessment instruments for screening bone mineral density in a Mediterranean population

**S. Christodoulou**

Sarcopenia and falls in the elderly

**Ch. Zidrou**

Biphosphanate fractures

**N.H. Aydogan**

## 12.50-13.35 ROUND TABLE

### SPORTS MEDICINE

Chairmen: **A. Deligiannis, G. Gkouvas**

Muscle adaptations to exercise in health and disease

**K. Dipla**

Health consequences of doping substances

**N. Koutlianos**

Preparticipation screening in athletes

**E. Kouidi**

## 13.35-14.35 ROUND TABLE

### COMMON KNEE PROBLEMS IN THE YOUNG AGE.

#### HOW TO MANAGE

Chairmen: **St. Papastergiou, N. Galanis**

Patellofemoral joint, ACL and malalignment

**M. Iosifidis**

Reconstruction of the PCL

**D. Alaseirlis**

Medial Patellofemoral Ligament (MPFL), reconstruction with Hamstring tendon

**I. Michos**

Anterior cruciate ligament functional failure. "Stiffness"

**P. Nikolaou**



# Program

**14.35-16.35**

## **ROUND TABLE**

### **AVOIDING AND TREATING COMPLICATIONS IN TOTAL HIP ARTHROPLASTY**

Chairmen: **F. Sayegh, J. N. Argenson**

Anatomical complications after primary total hip arthroplasty  
**N. Anastasopoulos**

Instability after THR. What should we know?

**V. Bitounis**

Revision total hip arthroplasty. Classification of bone deficits

**P. Dionellis**

The principles of acetabular reconstruction in THA

**J. N. Argenson**

The principles of femoral revision in THA

**P. Tsailas**

Augments, megaprosthesis and impaction grafting in revision THA

**E. Tsiridis**

The dysplastic hip for THA

**E. Tsiridis**

Hemiarthroplasty or THA in acute femoral fractures?

**A. Elmirini**

THA in acute femoral neck fractures of the elderly: which fixation?

**G. Ioannidis**

**16.35-17.35**

## **ROUND TABLE**

### **REHABILITATION AFTER HIP SURGERY**

Chairmen: **E. Bakas, S. Sgoutzakos**

Impact of comorbidity on final outcome of hip surgery

**A. Iliades**

Early rehabilitation after hip surgery - levels of weight bearing

**G. Bikos**

Biomechanics of hip joint

**P. Vorniotakis**

Functional rehabilitation and re-education after hip surgery – social integration

**K. Mihut**

# Program

17.35–19.10

## SYMPOSIUM TKA

### CURRENT CHALLENGES IN KNEE ARTHROPLASTY

Chairmen: **G. Drosos, D. Makris**

The current indications in UKA

**J. N. Argenson**

The surgical principles in UKA

**M. Martinez**

Balancing the valgus knee

**E. Tsiridis**

Stiffness in a knee arthroplasty

**B. Chalidis**

Portable digital navigation systems in knee joint arthroplasty

**N. Roidis**

ACL tear-Recon and knee arthritis

**K. N. Malizos**

19.10–20.10

## ROUND TABLE

### MANAGEMENT OF A DIFFICULT KNEE REVISION

Chairmen: **J. N. Argenson, K. N. Malizos**

Management of bone defects in total knee arthroplasty

**G. Petsatodis**

Knee revision reconstruction using megaprosthesis

**E. Tsiridis**

One or two-stage for revision of the infected TKA

**P. Tsailas**

20.10

## OPENING CEREMONY

### Welcome Addresses

Priceless treasures of Greece away from their homeland

**A. Filippopoulos**

21.15

### Cocktail Reception

Thursday, March 22<sup>nd</sup> 2018



# Program

## 08.00-09.00 ORAL PRESENTATIONS

### MISCELLANEOUS ORTHOPAEDIC PROBLEMS

Chairmen: **H. Bekir, A. Eleftheropoulos, V. Goulios**

- 011 A DIAGNOSTIC CHALLENGE: FUNCTIONAL SCLIOSIS; 4 DIFFERENT ETIOLOGIES**  
Aladag Ciftdemir N.<sup>1</sup>, Colbe A.S., **Ciftdemir M.**<sup>2</sup>  
<sup>1</sup>Department of Pediatrics, Trakya University, School of Medicine, Edirne, Turkey  
<sup>2</sup>Department of Orthopaedics and Traumatology, Trakya University, School Medicine, Edirne, Turkey
- 012 MAFFUCI SYNDROME WITH TIBIA FRACTURE: CASE REPORT**  
Erem M., **Selcuk E.**, Ciftdemir M.  
Department of Orthopaedics and Traumatology, Trakya University, School of Medicine, Edirne, Turkey
- 013 IDIOPATHIC CHONDROLYSIS OF THE HIP IN ADOLESCENT, CASE REPORT**  
Kabbani Kh., **Papadopoulos D.**, Papageorgiou Ch.  
University Hospital of Ioannina, Ioannina, Greece
- 014 THE MODIFIED HOFFMANN-DAIMLER FUNCTIONAL METHOD FOR THE TREATMENT OF LATE PRESENTING DEVELOPMENTAL DYSPLASIA OF THE HIP**  
Papadimitriou N. G.<sup>1</sup>, **Delniotis I.**<sup>4</sup>, Xinias I.<sup>2</sup>, Trachana M.<sup>3</sup>, Siopis C.<sup>4</sup>, Foufoulas E. I.<sup>4</sup>  
<sup>1</sup>2<sup>nd</sup> University Department of Orthopaedics, G. Genimatas University Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece  
<sup>2</sup>3<sup>rd</sup> University Department of Pediatrics, Hippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece  
<sup>3</sup>1<sup>st</sup> University Department of Pediatrics, Hippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece  
<sup>4</sup>Orthopaedic Department, Hippokration General Hospital, Thessaloniki, Greece
- 015 ANATOMICAL OBSTACLES THAT RENDER IMPOSSIBLE THE CONSERVATIVE TREATMENT OF DEVELOPMENTAL DYSPLASIA OF THE HIP**  
Chitas K.<sup>1</sup>, Syrikas I.<sup>1</sup>, Katsimentzas T.<sup>1</sup>, Tselios A.<sup>1</sup>, Beslikas T.<sup>1</sup>, Pazarlis K.<sup>2</sup>  
<sup>1</sup>2<sup>nd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, General Hospital of G. Gennimatas, Greece  
<sup>2</sup>Orthopaedic Surgeon, Thessaloniki, Greece
- 017 CHRONIC RECURRENT MULTIFOCAL OSTEOMYELITIS IN N. GREECE: A RARE BUT EXISTING PEDIATRIC AUTOINFLAMMATORY DISEASE**  
Trachana M.<sup>1</sup>, Pratsidou-Gertsis P.<sup>1</sup>, Anastasiou A.<sup>2</sup>, Papadimitriou E.<sup>1</sup>, Papadimitriou N. G.<sup>3</sup>, Karatza E.<sup>4</sup>, Roilides E.<sup>4</sup>  
<sup>1</sup>Pediatric Immunology and Rheumatology Referral Center, 1<sup>st</sup> Department of Pediatrics, Aristotle University of Thessaloniki, Thessaloniki, Greece  
<sup>2</sup>Department of Radiology, Hippokration General Hospital, Thessaloniki, Greece  
<sup>3</sup>Department of Orthopedics, Hippokration General Hospital, Thessaloniki, Greece  
<sup>4</sup>3<sup>rd</sup> Department of Pediatrics, Aristotle University of Thessaloniki, Hippokration General Hospital, Thessaloniki, Greece



# Program

- 018 NUTRITIONAL SUPPLEMENTATION HABITS AMONG ELITE AND AMATEUR ATHLETES. A CROSS-SECTIONAL STUDY PERFORMED IN 1518 ATHLETES**  
Michail T., Tzavellas An., Papavasiliou K., Tsiridis E., Potoupnis M., Sarris I., Sayegh F.  
3<sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece
- 019 ARTHROSCOPIC TIBIOTALOCALCANEAL FUSION: SURGICAL TECHNIQUE AND EARLY RESULTS IN 12 CASES**  
Gkoumousian K., Chitas K., Polyzos A., Giannaros I. Eleftheropoulos A.  
Naousa General Hospital, Naousa, Greece
- 020 ADULT RIGID CAVUS VARUS FOOT TREATMENT – A CASE OF MULTIPLE CONCOMITANT SURGICAL PROCEDURES**  
Paiva F., Carvalho A., Pinto L., Nelas J., Vaz MR., Pina G.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- 021 TARSAL COALITION: DO WE HAVE PREDICTABLE RESULTS IN SURGICAL TREATMENT**  
Simões N., Gonçalves Z., Paiva F., Martins C., Pinho S., Sousa M.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- 022 SUBTALAR ARTHROEREISIS: A SURGICAL ALTERNATIVE IN THE FLAT FOOT**  
Simões N., Gonçalves Z., Vaz M., Pinto L., Pereira D., Pinho S., Sousa M.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal

09.00-09.45

## ROUND TABLE

### WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW “CLAVICLE FRACTURES”

Chairmen: **Ch. Sinopidis, St. Adam**

Surgical anatomy and biomechanics of the clavicle

**Ch. Feroussis**

To plate or not to plate?

**F. Poutoglidou**

Shortening of the clavicle: The impact on shoulder function

**I. Giannaros**



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### 09.45-10.45 **ROUND TABLE**

#### **ELBOW ARTHROPLASTY**

Chairmen: **P. Givissis, I. Bisbinas**

Total elbow arthroplasty

**P. Giannakopoulos**

Hemiarthroplasty

**I. Sarris**

Radial head arthroplasty

**K. Ditsios**

Proximal humeral fractures: Operative versus non-operative treatment

**N. Hawi**

### 10.45-11.15 **Coffee Break**

### 11.15-12.25 **ROUND TABLE**

#### **FRACTURES OF THE UPPER HUMERUS. THE UNSOLVED PROBLEM**

Chairmen: **J.C. Feroussis, E. Antonogiannakis**

Classification. Indication for surgical treatment

**Ch. Chrysanthou**

Plate fixation-Surgical technique. Tips and tricks

**D. Varvitsiotis**

Intramedullary nailing-Surgical technique. Tips and tricks

**Ch. Sinopidis**

Arthroplasties. Hemi Vs Reverse

**P. Papadopoulos**

Cases presentation-Discussion

**J. C. Feroussis**

# Program

## 12.25-13.25 ROUND TABLE

### WHAT'S NEW IN PRIMARY TOTAL HIP ARTHROPLASTY

Chairmen: **V. Bitounis, E. Tsiridis**

New ALMIS anterolateral hip approach using a different table and legs position during femoral exposure; New surgical technique

**N. Christodoulou**

Direct anterior approach for total hip arthroplasty

**B. Dogan**

AMIS vs conventional total hip arthroplasty. Advantages-disadvantages

**D. Koulalis**

Osteointegration of the implants. Beneficial and deleterious factors

**G. Kapetanios**

## 13.25-14.10 ROUND TABLE

### EVALUATION AND MANAGEMENT OF THE PEDIATRIC FOOT WITH MORE OR FEW RAYS: OLIGODACTYLY OR POLYDACTYLY

Chairmen: **N. Laliotis, Ch. Topalis**

Prenatal diagnosis of foot disorders

**A. Athanasiadis**

Polydactyly

**D. Karanikas**

Oligodactyly

**N. Laliotis**

## 14.10-15.10 ROUND TABLE

### ALL ABOUT FOOT PROBLEMS

Chairmen: **D. Metaxiotis, M. Kyrkos**

Ankle fusion

**D. Hatzimmanouil**

Hallux valgus osteotomies, minimally invasive approaches

**S. Karrakchou**

Ankle arthroplasty. Indications and technique

**T. Atay**

Ankle arthroplasty from the greek view

**A. Eleftheropoulos**

Osteochondral lesions of the talus. Surgical treatment

**D. Georgiannos**



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### 15.10-16.25 **ROUND TABLE**

#### **CURRENT TRENDS IN TOTAL HIP REPLACEMENT**

Chairmen: **K. Kazakos, G. Drosos**

MIS versus standard procedures. The current evidence

**G. Drosos**

The femoral stem. Current trends

**K. Tilkeridis**

Bearings in THR's. Polyethylene the "golden standard" material?

**G. Digas**

Periprosthetic hip fractures

**N. Vareltzidis**

The natural course of THR for adult patients following paediatric hip diseases.

Do they have inferior results?

**E. Kenanidis**

Tribology of head: Size and material

**Th. Koukoupis**

### 16.25-17.55 **ROUND TABLE**

#### **PAEDIATRIC ORTHOPAEDIC SESSION**

Chairmen: **T. Beslikas, D. Metaxiotis**

Elbow fractures in children

**Ch. Topalis**

Sports injuries in children and adolescents

**I. Melas**

Management of congenital clubfoot

**V. Goulios**

Spondylolysis–spondylosynthesis in children and adolescents

**P. Christodoulou**

Osteomyelitis –Septic arthritis in children

**M. Petra**

Neglected developmental hip dysplasia. Conservative treatment

**T. Beslikas**

Slipped upper femoral epiphysis

**Th. Goultidis**

### 17.55-18.20 **Coffee Break**

# Program

## 18.20-20.00 ROUND TABLE

### ORTHOPLASTIC APPROACH TO COMPLEX UPPER AND LOWER LIMB RECONSTRUCTION CHALLENGES-THE BIRMINGHAM EXPERIENCE

Chairmen: **A. Nikolaidis, G. A. Spyropoulou**

Posterior malleolus and fragility ankle fracturesm

**T. E. El Gamal**

The complex periprosthetic knee reconstruction challenge

**M. Dunbar**

The complex periprosthetic hip trauma and infection –prevention of trouble is better than cure

**P. Makrides**

Difficult lower limb infection in joint replacements and trauma to the lower limb from a plastic surgeon's point of view

**M. Malahias**

Treatment of the mangled hand injury. From a plastic surgeon perspective

**G. A. Spyropoulou**

Atypical femoral fractures – A new epidemic on the horizon – Our management pathway

**A. Nikolaidis**

## 20.00-21.00 ROUND TABLE

### ROTATOR CUFF SURGERY, IS THERE ALWAYS A SOLUTION?

Chairmen: **I. Sarris, P. Papadopoulos**

RC tears, subscap tears in young patients management

**I. Bisbinas**

Massive RC tears, treatment algorithm role of inspace balloon

**E. Antonogiannakis**

Massive RC tears, the role of superior capsular reconstruction and tendon transfers

**Ch. Yiannakopoulos**

Massive RC tear and arthroplasty options

**Em. Fandridis**

Present and future in arthroscopic rotator cuff repair

**D. Karataglis**



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# Program

### 08.00-09.00 ORAL PRESENTATIONS

#### ORTHOPAEDIC TRAUMA

Chairmen: **A. Papavasiliou, N. Vareltzidis**

**023 TREATMENT OF PATHOLOGICAL FRACTURES OF THE PROXIMAL HUMERAL METAPHYSIS SECONDARY TO BENIGN BONE CYSTIC LESIONS**

**Pavlopoulos C.**, Anagnostou A., Vergi V., Nenopoulos A., Kallivokas A., Beslikas T.  
2<sup>nd</sup> Orthopaedic Department, Aristotle University of Thessaloniki,  
G. Gennimatas General Hospital of Thessaloniki, Greece

**024 THE PULSELESS SUPRACONDYLAR HUMERAL FRACTURE: CASE-SERIES AND EARLY RESULTS**

**Delniotis I.**<sup>1</sup>, Gavriilidou A.<sup>2</sup>, Potoupnis M.<sup>3</sup>, Tsiridis E.<sup>3</sup>, Saloupis P.<sup>1</sup>, Ktenidis K.<sup>2</sup>  
<sup>1</sup>Department of Orthopaedic Surgery, Hippokration General Hospital, Thessaloniki, Greece  
<sup>2</sup>Department of Vascular Surgery, AHEPA University Hospital, Aristotle University of Thessaloniki, Greece  
<sup>3</sup>3<sup>rd</sup> Department of Orthopaedic Surgery, Papageorgiou General Hospital, Aristotle University of Thessaloniki, Greece

**025 CONSERVATIVE TREATMENT OF DISTAL HUMERUS FRACTURES IN THE ELDERLY**  
**Lemsanni M., Najeb Y.**

Department of Orthopaedic Surgery and Traumatology, University Hospital Ibn Tofail, Marrakesh, Morocco

**026 SURGICAL TREATMENT OF RADIAL HEAD FRACTURES**

**Sarvanis I.**, Assadis V., Kyparlis D., Chliapas S.  
Orthopaedic Department, General Hospital of Kozani, Greece

**027 SURGICAL TREATMENT OF OLECRANON FRACTURES IN THE IMMATURE SKELETON. OUR EXPERIENCE OVER A 5-YEAR PERIOD**

Gekas C., **Arapoglou D.**, Tsantekidis D., Saloupis P., Papathanasiou A., Dionellis P., Foufoulas E. I.  
Department of Orthopaedics, Hippokration General Hospital of Thessaloniki, Greece

**028 PERITALAR DISLOCATION: MID-TERM CLINICAL, RADIOLOGICAL AND PEDOGRAFIC RESULTS**

Konstantinidis A.<sup>1</sup>, Savvidis M.<sup>1</sup>, **Markopoulos G.**<sup>2</sup>, Eleftheropoulos A.<sup>3</sup>, Gkouvas G.<sup>1</sup>  
<sup>1</sup>1<sup>st</sup> Orthopaedic Department, 424 General Military Hospital, Thessaloniki, Greece  
<sup>2</sup>2<sup>nd</sup> Orthopaedic Department, Papageorgiou General Hospital, Thessaloniki, Greece  
<sup>3</sup>Orthopaedic Department, Naoussa General Hospital, Greece

**029 ACETABULAR FRACTURES: A SERIES OF 14 CASES**

**Simões N.**, Gonçalves Z., Pina G., Borralho N., Pereira D., Agostinho F., Sousa M.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal

Saturday, March 24<sup>th</sup> 2018



# Program

- 032**    **“INTERNAL BRACE”. A HYBRID - ENDOSCOPIC TYPE OF TREATMENT FOR ACUTE ACHILLES TENDON RUPTURES**  
**Polyzos A.**, Chitas K., Gkoumousian K., Giannaros I., Eleftheropoulos A.  
 Naousa's General Hospital, Naousa, Greece
- 033**    **ARTHROSCOPIC REPAIR OF MASSIVE ROTATOR CUFF TEARS IN MID-TERM FOLLOW UP**  
**Avramidis G.**, Brilakis E., Antonogiannakis E.  
 3<sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
- 034**    **LONG-TERM OUTCOMES OF ARTHROSCOPIC REMPLISSAGE FOR THE MANAGEMENT OF RECURRENT ANTERIOR SHOULDER INSTABILITY**  
**Brilakis E.**, Avramidis G., Antonogiannakis E.  
 3<sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece
- 035**    **LATERAL ELBOW PAIN. DIFFERENTIAL DIAGNOSIS AND TREATMENT ALGORITHMS. THE ROLE OF ELBOW ARTHROSCOPY**  
**Koukos, Ch.**<sup>1</sup>, Neuhaeuser Ch.<sup>1</sup>, Christodoulou, E.<sup>2</sup>, Denkhaus U.<sup>1</sup>, Schuchard Ch.<sup>1</sup>, Roslawski L.<sup>1</sup>  
<sup>1</sup>Sportklinik Duisburg, Germany  
<sup>2</sup>Vinzenz Hospital Düsseldorf, Germany

**09.00-10.00**

## ROUND TABLE

### WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW “HIP FRACTURES IN THE ELDERLY“

Chairmen: **A. H. Chamseddine, D. Tsitouras, I. Petrakis**

Surgical anatomy and biomechanics of the hip

**S. Kanata**

Femoral neck fractures: Cannulated screws or DHS?

**N. Papoulidis**

Atypical fractures and anti-osteoporotic medication

**A. Krexi**

Intertrochanteric fractures: Why does surgery fail?

**I. Delniotis**

**10.00-10.15**

## LECTURE

Chairmen: **A. Nikolaidis, B. Chalidis**

The importance of integrity of the lateral wall in the stability of the inter-trochanteric hip fractures

**A. H. Chamseddine**



# 7<sup>th</sup>

## Meeting of the International Mediterranean Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

# Program

**10.15-11.15**

### ROUND TABLE

#### ACETABULAR FRACTURES

Chairmen: **Th. Tosounidis, H. Bekir**

Classification in acetabular fractures

**C. Yalin Kilingç**

Type C pelvic fracture/spinopelvic dissociation

**Th. Tosounidis**

Anterior intra pelvic approach for acetabular

**B. Alemdaroglu**

The new approaches in surgical correction of posttraumatic and congenital pelvic ring complex deformities

**A. Vadimovich Gubin**

**11.15-11.30**

### LECTURE

Chairmen: **V. Likomitros, E. Petsatodis**

Transabdominal imaging of the lumbar spine with portable ultrasound

**J. Inklebarger**

**11.30-12.00**

### Coffee Break

**12.00-13.10**

### ROUND TABLE

#### THE AGING SPINE

Chairmen: **G. Kapetanos, P. Christodoulou**

Biomechanics

**K. Anagnostidis**

Problems and challenges in the aging spine

**E. Christodoulou**

Percutaneous instrumentation for thoracolumbar fractures

**N. I. Valanos**

Degenerative spondylolisthesis. Surgical treatment

**S. Kapetanakis**

Laparoscopic fusion with large ALIF cage for high grade spondylosynthesis

**V. Likomitros**

Saturday, March 24<sup>th</sup> 2018

# Program

13.10-13.25

## LECTURE

Chairman: **K. Anagnostidis**

Chronic orthopaedic pain patients: Treatment with neuromodulation  
**G. Bara**

13.25-13.40

## LECTURE

Chairman: **N. Galanis**

Underdiagnosed/misdiagnosed discogenic LBP  
**J. Inklebarger**

13.40-14.25

## ROUND TABLE

**FERTILITY IN MEN FOLLOWING SPINAL CORD INJURY:  
ARE THEY CAPABLE OF BECOMING FATHERS?**

Chairmen: **A. Christodoulou, V. Likomitros**

Biomechanical viewpoint of spinal cord injury.

**V. Panoutsakopoulos**

Spinal cord injury from the orthopaedic view

**Th. Apostolou**

Fertility investigation in men with spinal cord injury

**St. Papaharitou**

The role of science in securing fatherhood to men with spinal cord injury

**K. Chatzimeletiou**

14.25-15.15

## LECTURES

Chairmen: **G. Kapetanos, F. Sayegh, K. Anagnostidis**

14.25-14.45

The biggest Russian experience of pediatric cervical spine surgery made in one orthopaedic center

**A. Vadimovich Gubin**

14.45-15.00

Idiopathic scoliosis. Surgical treatment

**A. Christodoulou**

15.00-15.15

Screw density in spine deformity correction

**E. Samoladas**

Saturday, March 24<sup>th</sup> 2018



# 7<sup>th</sup>

Meeting of the  
International Mediterranean  
Society of Orthopaedic Surgery

**22-24** 2018  
March  
Makedonia Palace Hotel  
Thessaloniki

## Program

### 15.15-16.40 ROUND TABLE

#### CURRENT CONCEPTS IN TREATMENT OF MUSCULOSKELETAL TUMORS

Chairmen: **G. Petsatodis, E. Demiri**

Local treatment of bone tumors: Current status and future perspectives

**E. Petsatodis**

Bone and soft tissue sarcomas: Treatment guidelines

**K. Papavasiliou**

Orthopaedic management of spinal metastases

**M. Ciftdemir**

Tumors of the hand. Treatment

**E. Demiri**

Orthopaedic oncology surgery: Is there an end in surgical treatment?

**K. Tsanidis**

### 16.40 -17.50 ROUND TABLE

#### LOWER LIMP FRACTURES AND TREATMENT

Chairmen: **M. Savvidis, S. Adam**

Subtrochanteric fractures. Types and surgical management

**St. Pellios**

Intramedullary nailing for femoral fractures

**C. Copuroglu**

Distal tibial and/or fibular fractures

**K. Kabbani**

Distal femoral fractures in the elderly. Treatment with internal fixation and arthroplasties

**Em. Liodakis**

Periprosthetic fractures of knee arthroplasty

**St. Paraschou**

Saturday, March 24<sup>th</sup> 2018

# Program

## 17.50-18.20 LECTURES

Chairmen: **F. Sayegh, K. Tilkeridis**

17.50-18.05 Different hexapod platforms-Different peculiarities of orthopaedic hexapods  
**L. N. Solomin**

18.05-18.20 Percutaneous fixation of pelvic and acetabular fractures  
**Th. Tosounidis**

## 18.20-19.10 ROUND TABLE

**WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW  
“TIBIAL PLATEAU FRACTURES”**

Chairmen: **G. Ioannidis, St. Pellios**

Surgical anatomy and biomechanics of the knee  
**A. N. Tzavellas**

Ilizarov or not: That's the question  
**I. Palavos**

Plateau fractures: More than o bone injury  
**N. Pepis**

TKA after a tibial plateau fracture  
**M. Chandrinos**

## 19.10-20.10 ROUND TABLE

**ALTERNATIVE TREATMENTS TO JOINT DISEASES**

Chairmen: **M. Iosifidis, A. Eleftheropoulos**

Platetet rich plasma: Trend or science?  
**A. Bitzidis**

State of the art in cartilage treatment  
**M. Iosifidis**

Plasma rich in platelets and osteoarthritis. Is it a myth?  
**Ch. Zidrou**

Osseointegration: The role of natural antioxidants  
**M. Savvidis**

## 20.10 Closing Remarks

Saturday, March 24<sup>th</sup> 2018



# 7<sup>th</sup>

Meeting of the  
International Mediterranean  
Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

## E-Posters

- P01 HIP DYSPLASIA APP, IN ONE APP ALL MEASUREMENTS AT ONCE AND COMPARED WITH NORMAL REFERENCE DATA IN YOUR SMARTPHONE. VALIDITY AND RELIABILITY OF**  
**Papadimitriou N. G.<sup>1</sup>**, Tiakas E.<sup>2</sup>, Siopis C.<sup>3</sup>, Papathanasiou A.<sup>3</sup>, Fofoulas E. I.<sup>3</sup>  
<sup>1</sup>2<sup>nd</sup> University Department of Orthopaedics, G. Genimatas University Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece  
<sup>2</sup>Department of Informatics, Aristotle University of Thessaloniki, Greece  
<sup>3</sup>Orthopaedic Department of Hippokration General Hospital, Thessaloniki, Greece
- P02 PERCUTANEOUS ULTRA MINIMALLY INVASIVE ULTRASOUND-GUIDED CARPAL TUNNEL RELEASE. THE TECHNIQUE AND THE USE OF NEUROSTIMULATOR INTRAOPERATIVELY**  
**Papadimitriou N. G.<sup>1</sup>**, Papathanasiou A.<sup>2</sup>, Fofoulas E. I.<sup>2</sup>  
<sup>1</sup>2<sup>nd</sup> University Orthopaedic Clinic, G. Genimatas Hospital Aristotle University, Thessaloniki, Greece  
<sup>2</sup>Department of Orthopaedics, Hippokration General Hospital, Thessaloniki, Greece
- P03 PLATELET MONITORING FOR HEPARIN INDUCED THROMBOCYTOPENIA IN LOWER LIMB INJURIES UPON HOSPITAL DISCHARGE**  
**Koo K.<sup>1</sup>**, Charalambous C. P.<sup>1,2</sup>  
<sup>1</sup>Blackpool Victoria Hospital, UK  
<sup>2</sup>School of Medicine, University of Central Lancashire
- P04 INTRAMEDULLARY NAILING OF TIBIAL FRACTURES WITH USE OF TITANIUM NAILS WITH REAMING**  
**Sarvanis I.**, Assadis V., Kyparlis D., Chliapas S.  
Orthopaedic Department, General Hospital of Kozani, Greece
- P05 AN UNUSUAL CASE OF TIBIOPERONEAL ARTERY ENTRAPMENT CAUSED BY A PROXIMAL FIBULAR EXOSTOSIS**  
**Tottas S.<sup>1</sup>**, Kougioumtzis I.<sup>1</sup>, Argyriou C.<sup>2</sup>, Tasopoulou K. M.<sup>2</sup>, Georgiadis G.<sup>2</sup>, Drosos G.<sup>1</sup>, Kazakos K.<sup>1</sup>  
<sup>1</sup>University General Hospital of Alexandroupolis, Orthopaedic Department, Greece  
<sup>2</sup>University General Hospital of Alexandroupolis, Vascular Department, Greece
- P06 A RARE CASE OF OSTEOID OSTEOMA OF CALCANEUS TREATED WITH CT-GUIDED PERCUTANEOUS RADIOFREQUENCY ABLATION**  
**Tottas S.<sup>1</sup>**, Kougioumtzis I.<sup>1</sup>, Souftas V.<sup>2</sup>, Ververidis A.<sup>1</sup>, Tilkeridis K.<sup>1</sup>, Drosos G.<sup>1</sup>, Kazakos K.<sup>1</sup>  
<sup>1</sup>University General Hospital of Alexandroupolis, Orthopaedic Department, Greece  
<sup>2</sup>University General Hospital of Alexandroupolis, Department of Radiology and Medical Imaging, Greece
- P07 OSTEOID OSTEOMA IN CHILDREN'S FEET: A 26-YEAR EXPERIENCE**  
**Michelarakis J.**, Begkas D., Mirtsios H., Psifis M.  
<sup>2</sup>nd Orthopaedic Department, General Children's Hospital "Panagioti & Aglaia Kyriakou", Athens, Greece
- P08 OLD BEFORE HER TIME - AN ORTHOPEDIC STORY OF AN HUTCHINSON-GILFORD SYNDROME PATIENT**  
**Simões N.**, Gonçalves Z., Paiva F., Pina G., Pinho S., Sousa M.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- P09 ISOLATED DISLOCATION OF CARPAL BONES**  
**Simões N.**, Pina G., Vaz M., Varzielas M., Machado-Rodrigues L., Sousa M.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal



## E-Posters

- P10 THE USE OF THE MEDARTIS ULNAR SHORTENING SYSTEM IN OUR DEPARTMENT, EARLY RESULTS, TIPS AND TRICKS**  
**Naqui Z.**, Kritiotis C., Muir L.  
Manchester Hand Centre, Salford Royal NHS Foundation Trust, Manchester, UK
- P11 THE CREATION OF A WIDE AWAKE HAND SURGERY SERVICE IN A UK NHS TRUST CHALLENGES, COST SAVINGS AND EFFECTIVENESS**  
**Naqui Z.**<sup>1</sup>, Kritiotis C.<sup>1,2</sup>, Mishra A.<sup>1</sup>, Radotra I.<sup>1</sup>  
<sup>1</sup>Manchester Hand Centre, Salford Royal NHS Foundation Trust, Manchester, UK  
<sup>2</sup>Iasis Private Hospital, Paphos, Cyprus
- P12 ILIOTIBIAL BAND SYNDROME: ANATOMY, PATHOLOGIC ANATOMY, CLINICAL SYMPTOMATOLOGY, THERAPY**  
**Basmatzoglou T.**<sup>1</sup>, Gigis I.<sup>2</sup>, Galanis N.<sup>1</sup>, Sayegh F.<sup>1</sup>  
<sup>1</sup>3<sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, G. Papageorgiou General Hospital, Greece  
<sup>2</sup>2<sup>nd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, G. Gennimatas General Hospital, Greece
- P13 CASE REPORT: SEPTIC ARTHRITIS OF THE SHOULDER JOINT**  
**Mavropoulos R.**, Galanis V.  
General Hospital of Didymoteicho, Didymoteicho, Greece
- P14 AVULSION FRACTURE OF THE TIBIAL TUBERCLE ASSOCIATED WITH PATELLAR LIGAMENT AVULSION: A RARE CASE REPORT**  
**Mavropoulos R.**, Galanis V.  
General Hospital of Didymoteicho, Didymoteicho, Greece
- P15 EVALUATION OF THW DIETARY SUPPLEMENTARY HABITS AMONG "ELITE" TAE KWON DO GREEK ATHLETES. A CROSS-SECTIONAL STUDY PERFORMED ON 76 ATHLETES**  
**Michail T.**, Tzavellas An., Papavasiliou K., Tsidis E., Potoupnis M., Sarris I., Sayegh F.  
3<sup>rd</sup> Academic Orthopaedic Unit, Papageorgiou General Hospital, Thessaloniki, Greece
- P16 SURGICAL TREATMENT OF HIGHLY COMMINUTED DISTAL POLE PATELLA FRACTURES BY PARTIAL PATELLECTOMY, TWO TUNNELS AND NO ABSORBABLE SUTURES**  
**Galanis N.**, Stamiris D., Kyriakou K., Parathiras G., Inklebarger J., Tsidis E., Sayegh F.  
Department of Orthopaedics, Papageorgiou General Hospital, Medical School, Aristotle University of Thessaloniki, Greece
- P17 FUNCTIONAL OUTCOME AFTER VOLAR LOCKING PLATE VERSUS EXTERNAL FIXATION FOR THE TREATMENT OF UNSTABLE INTRA-ARTICULAR DISTAL RADIUS FRACTURES**  
**Stamiris D.**, Asteriadis K., Makris V., Sarris J., Sayegh F.  
Papageorgiou General Hospital, Thessaloniki, Greece
- P18 DISTAL CLAVICLE OSTEOLYSIS. A CASE REPORT AND LITERATURE**  
**Stamiris D.**<sup>1,2</sup>, Stamiris S.<sup>2</sup>, Karampalis C.<sup>2</sup>, Pellios S.<sup>2</sup>, Vraggalas V.<sup>2</sup>  
<sup>1</sup>Papageorgiou General Hospital, Thessaloniki, Greece  
<sup>2</sup>424 Military Hospital, Thessaloniki, Greece
- P19 MANAGEMENT OF A POLYTRAUMA PATIENT WITH AN OPEN HIGH – ENERGY DISTAL FEMORAL FRACTURE AND TIBIAL BONE LOSS USING THE ILIZAROV TECHNIQUE**  
**Proftiliotis G.**, Gkouliopoulou E., Kessidis E., Galanis N., Sayegh F.  
3<sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital



# 7<sup>th</sup>

Meeting of the  
International Mediterranean  
Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

## E-Posters

- P20 SURVIVORSHIP OF CEMENTED VERSUS CEMENTLESS FIXATION IN TOTAL KNEE REPLACEMENT**  
**Stamiris S.<sup>1</sup>**, Stamiris D.<sup>1,2</sup>, Karampalis C.<sup>1</sup>, Pellios S.<sup>1</sup>, Karanassos M.<sup>1</sup>, Vraggalas V.<sup>1</sup>  
<sup>1</sup>424 Military Hospital, Thessaloniki, Greece  
<sup>2</sup>Papageorgiou General Hospital, Thessaloniki, Greece
- P21 SUBTALAR DISLOCATIONS – PRESENTATION O 3 CLINICAL CASES**  
**Paiva F.**, Simões N., Gonçalves Z., Varzielas M.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- P22 SCAPULA FRACTURES – IS THERE ANY SPACE AND CONSENSUS FOR SURGICAL TREATMENT?**  
**Paiva F.**, Carvalho A., Pinto L., Pina G., Nelas J., Simões. N  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- P23 DISCOGENIC PARAPARESIS DUE TO MASSIVE LUMBAR HERNIA**  
**Paiva F.**, Varzielas M., Guerra L., Mendes E., Moreno J.  
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- P24 ANNULAR LIGAMENT RECONSTRUCTION IN MONTEGGIA FRACTURE**  
**Kallivokas A.**, Antonoglou P., Vergi V., Anagnostou A., Katsimentzas T., Beslikas T.  
2<sup>nd</sup> University Department of Orthopaedics, G. Gennimatas Thessaloniki General Hospital, Greece
- P25 TREATMENT OF A FEMORAL SEPTIC NON-UNION WITH ASSOCIATED KNEE ARTHROFIBROSIS IN A YOUNG POLYTRAUMA PATIENT, USING THE ILIZAROV METHOD**  
Oikonomidis S., **Arapoglou D.**, Saloupis P., Oikonomidis A., Dionellis P., Fofoulas E.I.  
Department of Orthopaedics, Hippokraton General Hospital of Thessaloniki, Greece
- P26 SPECIAL CONSIDERATIONS REGARDING SURGICAL TREATMENT OF FRACTURES DURING PREGNANCY. OUR EXPERIENCE**  
Gekas C., Dionellis P., Siopis C., **Arapoglou D.**, Fofoulas E. I.  
Department of Orthopaedics, Hippokraton General Hospital of Thessaloniki, Greece
- P27 FUNCTIONAL IMPROVEMENT IN PATIENTS WITH HIP SURGERY REPAIR, DEPENDING ON LENGTH OF STAY AND AGE, USING THE FUNCTIONAL INDEPENDENCE MEASURE (FIM™)**  
**Vorniotakis P.**, Pasvantis D., Georgiadou E., Papoutsi E., Eleftheriadis M., Bakas El.  
Euromedica Arogi Rehabilitation Center, Thessaloniki, Greece
- P28 THE IMPORTANCE OF LOCOMOTION AND TRANSFERS PARAMETERS OVER THE TOTAL FUNCTIONAL INDEPENDENCE MEASURE (FIM™) IMPROVEMENT IN THE HIP SURGERY REPAIR PATIENTS**  
**Mihut K.**, Pasvantis D., Odabasoglou D., Georgiadis I., Bagou S., Bakas El.  
Euromedica Arogi Rehabilitation Center, Thessaloniki, Greece

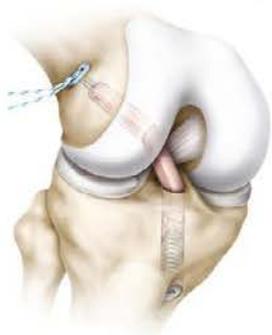


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# Index of Speakers

<b>Adam St.</b>	<b>13, 22</b>	<b>Athanasiadis A.</b>	<b>15</b>
Orthopaedic Surgeon, Thessaloniki, Greece		Professor in Obstetrics - Gynecology - Maternal Fetal Medicine, Chairman of the 3 <sup>rd</sup> Department Ob-Gyn, Aristotle University of Thessaloniki, Hippokraton Hospital of Thessaloniki, Thessaloniki, Greece	
<b>Alafropatis I.</b>	<b>8</b>	<b>Athanasiadou P.</b>	<b>8</b>
Orthopaedic Surgeon, Scientific Associate, 3 <sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece		Resident in Orthopaedic Surgery, Papanikolaou General Hospital, Thessaloniki, Greece	
<b>Alaseirlis D.</b>	<b>9</b>	<b>Aydogan N.H.</b>	<b>9</b>
Consultant Orthopaedic Surgeon, Thessaloniki, Greece		Professor in Sitki Kocman University, Turkey	
<b>Alemdaroglu B.</b>	<b>20</b>	<b>Bakas E.</b>	<b>10</b>
Professor in Orthopaedics and Traumatology, Saglik Bilimleri Universitesi, Ankara SAUM, Turkey		Physiatrist - Medical Rehabilitation Specialist, Scientific Director of Euromedica-Arogi Rehabilitation Center, Thessaloniki, Greece	
<b>Anagnostidis K.</b>	<b>20, 21</b>	<b>Bara G.</b>	<b>21</b>
Orthopaedic Surgeon, Thessaloniki, Greece		Neurosurgeon, Spine and Pain Unit St. Vinzenz Hospital, Düsseldorf, Germany	
<b>Anastasopoulos N.</b>	<b>10</b>	<b>Bekir H.</b>	<b>12, 20</b>
Orthopaedic Surgeon, Ass. Professor of Anatomy and Surgical Anatomy, Aristotle University of Thessaloniki, Greece		Orthopaedic Surgeon, Komotini, Greece	
<b>Antonogiannakis E.</b>	<b>14, 17</b>	<b>Beslikas Th.</b>	<b>16</b>
Orthopaedic Surgeon Head of 3 <sup>rd</sup> Orthopaedic Department, Hygeia Hospital, Athens, Greece		Assoc. Professor of Orthopaedics - Children's Orthopaedics, Aristotle University of Thessaloniki, Greece	
<b>Apostolou Th.</b>	<b>21</b>	<b>Bikos G.</b>	<b>10</b>
Orthopaedic Spine Surgeon, Assoc. Professor, Department of Physiotherapy, Alexander Technological Educational Institute of Thessaloniki, Greece		Physical Medicine and Rehabilitation Doctor, Euromedica Arogi Physical Rehabilitation Center, Thessaloniki, Greece	
<b>Argenson J.N.</b>	<b>10, 11</b>	<b>Bisbinas I.</b>	<b>14, 17</b>
Professor and Chairman of Orthopaedic Surgery, The Institute for Locomotion, Aix-Marseille University, Marseille, France		Colonel, Greek Med Corps, Consultant in Orthopaedic and Trauma Surgery, 1 <sup>st</sup> Orthopaedic and Trauma Department, 424 Military General Hospital, Thessaloniki, Greece	
<b>Atay T.</b>	<b>15</b>	<b>Bitounis V.</b>	<b>10, 15</b>
Professor in Orthopaedic Surgery, Suleyman Demirel University School of Medicine, Department of Orthopaedics and Traumatology, Isparta, Turkey		Consultant Orthopaedic Surgeon, Athens, Greece	
		<b>Bitzidis A.</b>	<b>23</b>
		Orthopaedic Surgeon, Mpodosakeio General Hospital, Ptolemaida, Greece	



# 7<sup>th</sup>

Meeting of the  
International Mediterranean  
Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

## Index of Speakers

- Chalidis B.** 11, 19  
Consultant Orthopaedic Surgeon,  
European Interbalkan Medical Center,  
Thessaloniki, Greece
- Chamseddine A. H.** 8, 19  
Professor of Orthopaedics, Department of  
Orthopaedic and Trauma Surgery, Faculty of  
Medical Sciences, Lebanese University, Beirut,  
Lebanon
- Chandrinos M.** 23  
Resident in Orthopaedic Surgery, Tzaneio  
General Hospital of Piraeus, Greece
- Chasapidis V.** 8  
Anaesthesiologist, Papageorgiou General  
Hospital, Thessaloniki, Greece
- Chatzimeletiou K.** 21  
Ass. Professor in Embryology- Genetics, Head of  
IVF Laboratory Papageorgiou General Hospital,  
1<sup>st</sup> Department of Obstetrics and Gynaecology,  
Aristotle University Medical School,  
Thessaloniki, Greece
- Christodoulou A.** 21  
Professor in Orthopaedics, Aristotle University of  
Thessaloniki, Greece
- Christodoulou E.** 20  
Senior Consultant, Spine and Pain Unit,  
St. Vinzenz Hospital Düsseldorf, Germany
- Christodoulou N.** 15  
Orthopedic Surgeon MD, Chairman of  
Orthopedic Department, Athens Medical Group,  
Iatriko Psychiko Clinic, Athens, Greece
- Christodoulou P.** 20  
Orthopaedic Surgeon, Director of the 2<sup>nd</sup>  
Orthopaedic Department, 424 General Military  
Hospital, Thessaloniki, Greece
- Christodoulou S.** 9  
Consultant Trauma and Orthopaedic Surgeon,  
General Hospital of Larissa, Greece
- Chrysanthou Ch.** 14  
Consultant Orthopaedic Surgeon, NHS, UK,  
Head of Upper Limb Clinic, European Interbalkan  
Medical Center, Thessaloniki, Greece
- Çiftdemir M.** 22  
Assoc. Professor in Orthopaedics, Department of  
Orthopaedics and Traumatology, Trakya University  
School Medicine, Edirne, Turkey
- Cosmas E.** 8  
Resident in Orthopaedic Surgery, General  
Hospital of Kilkis, Greece
- Copuroglu C.** 22  
Professor in Orthopaedics and Traumatology,  
Trakya University, Edirne, Turkey
- Copuroglu E.** 8  
Assist. Professor in Anesthesiology and  
Reanimation, Trakya University, Edirne, Turkey
- Deligiannis A.** 9  
Professor of Sports Medicine, Aristotle  
University of Thessaloniki, Cardiologist, Greece
- Delniotis I.** 19  
Resident in Orthopaedics and Trauma Surgery,  
Hippokraton General Hospital, Thessaloniki,  
Greece
- Demiri E.** 22  
Professor in Plastic Surgery,  
Aristotle University of Thessaloniki,  
Chief of the Department of Plastic Surgery,  
Papageorgiou General Hospital,  
Thessaloniki, Greece
- Digas G.** 16  
Orthopaedic Surgeon, Director of the  
Orthopaedic Department, General Hospital of  
Xanthi, Greece
- Dionellis P.** 10  
Orthopaedic Surgeon, Consultant in Orthopaedics  
and Trauma, Hippokraton General Hospital,  
Thessaloniki, Greece
- Dipla K.** 9  
Ass. Professor in Cellular Adaptations to Exercise,  
Aristotle University of Thessaloniki, Greece
- Ditsios K.** 14  
Ass. Professor in Orthopaedic Surgery,  
Aristotle University of Thessaloniki, Greece



# Index of Speakers

- Dogan B.** 15  
Professor in SBU Gulhane SAUM, Turkey
- Drosos G.** 11, 16  
Assoc. Professor of Orthopaedics, Democritus University of Thrace, Greece
- Dunbar M.** 17  
Consultant Knee Surgeon, Heart of England NHS Foundation Trust, London, UK
- Eleftheropoulos A.** 8, 12, 15, 23  
Foot and Ankle Orthopaedic Consultant, Head of Orthopaedic Department, Naousa's General Hospital, Greece, Special Secretary of HAOST
- El Gamal T. E.** 17  
Orthopaedic Consultant, Foot and Ankle Surgeon, Heart of England Trust, UK
- Elmirini A.** 10  
Professor in Orthopaedic Surgery, Uhc fez, Morocco
- Fandridis Em.** 17  
Consultant Orthopaedic Surgeon, Hand-Upper Limb and Microsurgery Department, KAT Hospital, Athens, Greece
- Feroussis Ch.** 13  
Resident in Orthopaedic Surgery, Asclepieion Voula's General Hospital, Athens, Greece
- Feroussis J. C.** 14  
Orthopaedic Surgeon, Senior Consultant, Head Orthopaedic Department-Shoulder Service, Asclepieion Voula's General Hospital, Athens, Greece
- Filippopoulos A.** 11  
Professor, Aristotle University of Thessaloniki, President of the Section of Fine Arts, Papageorgiou General Hospital, Thessaloniki, Greece
- Galanis N.** 9, 21  
Assoc. Professor, 3<sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece
- Georgiannos D.** 15  
Colonel MD- Consultant Orthopaedic Surgeon, 1<sup>st</sup> Orthopaedic Department, 424 Military General Hospital, Thessaloniki, Greece
- Giannakopoulos P.** 14  
Orthopaedic, Upper Extremity Surgeon, Athens Medical Center, Athens, Greece
- Giannaros I.** 13  
Resident in Orthopaedic Surgery, 1<sup>st</sup> Orthopaedic Department, G. Papanikolaou General Hospital, Thessaloniki, Greece
- Givissis P.** 8, 14  
Assoc. Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece
- Gkoutziomitrou E.** 8  
Assoc. Director of the Anesthesiology Department, Papageorgiou General Hospital, Thessaloniki, Greece
- Goulios V.** 12, 16  
Orthopaedic Surgeon, Orthopaedic Department, St Luke's Hospital, Thessaloniki, Greece
- Goultidis Ch.** 16  
Locum Consultant in Paediatric Trauma and Orthopaedics, Leeds General Infirmary, London, UK
- Gkouvas G.** 9  
Orthopaedic Surgeon, Chairman of Surgical Division, 424 Military Hospital, Thessaloniki, Greece
- Hatziemmanouil D.** 15  
Foot-Ankle-Knee Surgeon, European Interbalkan Medical Center Thessaloniki, Greece
- Hawi N.** 14  
Professor, Trauma Department, Hannover, Hannover Medical School (MHH), Germany
- Iliades A.** 10  
Director of Internal Medicine, Internist - Intensive Care Specialist, Euromedica Arogi Physical Rehabilitation Center, Thessaloniki, Greece



# 7<sup>th</sup>

## Meeting of the International Mediterranean Society of Orthopaedic Surgery

**22-24** 2018  
March  
Makedonia Palace Hotel  
Thessaloniki

# Index of Speakers

<b>Inklebarger J.</b> Sports and Musculoskeletal Physician Medical Lead, HealthShare NHS, St Charles Hospital, London, UK	<b>20, 21</b>	<b>Kenanidis E.</b> Orthopaedic Surgeon, Research Fellow, 3 <sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece	<b>16</b>
<b>Ioannidis G.</b> Consultant Orthopaedic Surgeon, Hip and Knee Reconstruction, Thessaloniki, Greece	<b>7, 10, 23</b>	<b>Kitridis D.</b> Resident in Orthopaedics and Trauma Surgery, Papanikolaou General Hospital, Thessaloniki, Greece	<b>8</b>
<b>Iosifidis M.</b> 2 <sup>nd</sup> Vice President Greek Arthroscopy Society, OrthoBiology Surgery Center, Thessaloniki, Greece	<b>9, 23</b>	<b>Konstantinidis A.</b> Foot and Ankle Orthopaedic Consultant, 1 <sup>st</sup> Orthopaedic Department, 424 General Military Hospital, Thessaloniki, Greece	<b>8</b>
<b>Kabbani K.</b> Orthopaedic Surgeon and Traumatologist, Orthopaedic Department, Ioannina University Hospital, Greece	<b>22</b>	<b>Kouidi E.</b> Cardiologist, Professor of Sports Medicine, Department of Physical Education and Sports Science, Aristotle University of Thessaloniki, Greece	<b>9</b>
<b>Kanata S.</b> Resident of Orthopaedics, 6 <sup>th</sup> Orthopaedic Department, General Hospital of Athens KAT, Greece	<b>19</b>	<b>Koukoupis Th.</b> Orthopaedic Surgeon, European Interbalkan Medical Center, Thessaloniki, Greece	<b>16</b>
<b>Kapetanakis S.</b> Orthopaedic Spine Surgeon, Director in Spine Department and Deformities, Athens Medical Group, Athens, Greece	<b>20</b>	<b>Koulalis D.</b> Assoc. Professor in Orthopaedic Surgery, Medical School University of Brussels, Orthopaedic Department ULB, University Hospital Erasme, Brussels, Belgium	<b>15</b>
<b>Kapetanios G.</b> Emeritus Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece	<b>9, 15, 20, 21</b>	<b>Koutlianos N.</b> Ass. Professor of Athletes' Physical Health Evaluation Sports Medicine Laboratory, School of Physical Education and Sports Science, Aristotle University of Thessaloniki, Greece	<b>9</b>
<b>Karrakchou S.</b> GRECMIP Member, Foot and Ankle Surgeon, Hospital Temara, Rabat, Morocco	<b>15</b>	<b>Krexi A.</b> Resident of Orthopaedics, Orthopaedic Department, General Hospital of Ptolemaida Mpodosakeio, Greece	<b>19</b>
<b>Karanikas D.</b> Orthopaedic Surgeon Registrar, 2 <sup>nd</sup> Orthopaedic Department, Konstantopouleio General Hospital, Athens, Greece	<b>15</b>	<b>Kyrkos M.</b> Consultant in Orthopaedics, Orthopaedic Department, General Hospital of Chalkidiki, Greece	<b>15</b>
<b>Karataglis D.</b> Orthopaedic Surgeon, St Luke's Hosptal, Thessaloniki, Greece	<b>17</b>	<b>Laliotis N.</b> Pediatric Orthopaedic Surgeon M.Ch.Orth, Former Assistant Professor in Pediatric Orthopaedics, European Interbalkan Medical Center, Thessaloniki, Greece	<b>15</b>
<b>Kazakos K.</b> Professor of Orthopaedic Surgery, Democritus University of Thrace, Director of the Orthopaedic Department, General Hospital of Alexandroupolis, Greece	<b>16</b>		



# Index of Speakers

- Likomitros V.** 20, 21  
Consultant Orthopaedic Spine Surgeon,  
Euromedica Geniki Kliniki, The Royal  
Orthopaedic Hospital, Birmingham, UK
- Liidakis Em.** 22  
Professor in Orthopaedic Surgery, Trauma  
Department, Hannover Medical School,  
Hannover, Germany
- Makrides P.** 17  
Ass. Clinical Director in Trauma and Orthopaedics,  
Heart of England NHS Foundation Trust, Honorary  
Clinical Lecturer University of Birmingham, UK
- Makris D.** 11  
Orthopaedic Surgeon, European Interbalkan  
Medical Center, Thessaloniki, Greece
- Malahias M.** 17  
Locum Consultant, Plastic and Reconstructive  
Surgeon, UK
- Malizos K. N.** 11  
Professor and Chairman, Faculty of Medicine,  
Department of Orthopaedic Surgery and  
Musculoskeletal Trauma, University of Thessaly,  
Larissa, Greece
- Martinez J.** 11  
Head of Department of Orthopedic Surgery,  
Traumatology and Rehabilitation, University  
Hospital Foundation Alcorcón, Madrid, Spain
- Melas I.** 16  
Orthopaedic Surgeon, OrthoBiology Surgery  
Centre, Thessaloniki, Greece
- Metaxiotis D.** 8, 15  
Consultant Orthopaedic Surgeon,  
2<sup>nd</sup> Orthopaedic Clinic, Papageorgiou General  
Hospital, Thessaloniki, Greece  
President of the Hellenic Society of Paediatric  
Orthopaedics
- Michos I.** 9  
Orthopaedic Surgeon, Director of the  
4<sup>th</sup> Orthopaedic Department, Asclepieion Voula's  
General Hospital, Athens, Greece
- Mihut K.** 10  
Physiatrist - Medical Rehabilitation Specialist,  
Euromedica Arogi Physical Rehabilitation  
Center, Thessaloniki, Greece
- Nikolaidis A.** 17, 19  
Honorary Senior Lecturer,  
University of Birmingham, Senior Orthopaedics  
and Trauma Specialist, Heart of England  
Foundation NHS Trust, Birmingham, UK
- Nikolaou P.** 9  
Orthopaedic Surgeon, Director of the  
Orthopaedic Clinic, Sports Medicine Division,  
Athens Medical Center, Athens, Greece
- Ntelis I.** 7  
Director of the Orthopaedic Department,  
General Hospital of Giannitsa, Greece
- Ntouma P.** 8  
Anaesthesiologist, Papageorgiou General  
Hospital, Thessaloniki, Greece
- Palavos I.** 23  
Resident of Orthopaedics, 1<sup>st</sup> Orthopaedic  
Department, KAT General Hospital, Athens,  
Greece
- Panoutsakopoulos V.** 21  
President, Hellenic Society of Biomechanics  
Biomechanics Laboratory, Department of  
Physical Education and Sports Sciences,  
Aristotle University of Thessaloniki, Greece
- Papadopoulos P.** 14, 17  
Assoc. Professor in Orthopaedics,  
Aristotle University of Thessaloniki,  
President of the Hellenic Shoulder and Elbow  
Committee of EEXOT, President of the Hellenic  
Arthroscopy Society, Greece
- Papaharitou St.** 21  
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Andrology Laboratory and Sperm Bank,  
Thessaloniki, Greece
- Papastergiou St.** 9  
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Thessaloniki, Greece



# 7<sup>th</sup>

## Meeting of the International Mediterranean Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

# Index of Speakers

<b>Papavasiliou A.</b>	<b>18</b>	<b>Poutoglidou F.</b>	<b>13</b>
Orthopaedic Surgeon, European Interbalkan Medical Center, Thessaloniki, Greece		Resident in Orthopaedic Surgery, 2 <sup>nd</sup> Orthopaedic Department, Papageorgiou General Hospital, Thessaloniki, Greece	
<b>Papavasiliou K.</b>	<b>22</b>	<b>Potoupnis M.</b>	<b>9</b>
Consultant Orthopaedic and Sarcoma Surgeon, 3 <sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece		Ass. Professor in Orthopaedic Surgery, Aristotle University of Thessaloniki, Greece	
<b>Papoulidis N.</b>	<b>19</b>	<b>Roidis N.</b>	<b>11</b>
Resident of Orthopaedics, 6 <sup>th</sup> Orthopaedic Department, KAT General Hospital of Athens, Greece		Orthopaedic Surgeon, Co-Director of the 3 <sup>rd</sup> Orthopaedic Department, Henry Dounant Medical Center, Athens, Greece	
<b>Paraschou St.</b>	<b>22</b>	<b>Samoladas E.</b>	<b>21</b>
Orthopaedic Surgeon, Thessaloniki, Greece		Orthopaedic Spine Surgeon, Lecturer in Orthopaedics, Aristotle University of Thessaloniki, Greece	
<b>Pellios St.</b>	<b>22, 23</b>	<b>Sarris I.</b>	<b>8, 14, 23</b>
Consultant Orthopaedic Surgeon, 2 <sup>nd</sup> Department of Orthopaedic Surgery, 424 Military Hospital of Thessaloniki, Greece		Ass. Professor in Orthopaedic Surgery, Aristotle University of Thessaloniki, Greece	
<b>Pepis N.</b>	<b>23</b>	<b>Savvidis M.</b>	<b>22, 23</b>
Resident in Orthopaedic Surgery, 1 <sup>st</sup> Orthopaedic Department, Papanikolaou General Hospital, Thessaloniki, Greece		Director of the 1 <sup>st</sup> Orthopaedic Department, 424 General Military Hospital, Thessaloniki, Greece	
<b>Petra M.</b>	<b>16</b>	<b>Sayegh F.</b>	<b>8, 10, 21, 23</b>
Consultant, Orthopaedics Department, Pendeli Children's Hospital, Athens, Greece		Professor in Orthopaedic and Musculoskeletal Trauma, Director of the 3 <sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece	
<b>Petrakis I.</b>	<b>19</b>	<b>Sinopidis Ch.</b>	<b>13, 14</b>
Fixed-Term Appointed Orthopaedic Consultant, General Hospital of Chalkidiki, Polygyros, Greece		Consultant Orthopaedic Surgeon, European Interbalkan Medical Center, Thessaloniki, Greece, Liverpool University Hospital, UK	
<b>Petsatodis E.</b>	<b>20, 22</b>	<b>Sgoutzakos S.</b>	<b>10</b>
Interventional Radiologist, G. Papanikolaou General Hospital, Thessaloniki, Greece		Doctor of Physical and Rehabilitation Medicine, Anagenissi Rehabilitation Center, Thessaloniki, Greece	
<b>Petsatodis G.</b>	<b>11, 22</b>	<b>Solomin L.N.</b>	<b>23</b>
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Orthopaedic Surgeon, 3 <sup>rd</sup> Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece			



# Index of Speakers

- Spyropoulou G. A.** 17  
Ass. Professor in Plastic Surgery,  
Aristotle University of Thessaloniki, Greece
- Stamiris D.** 8  
Resident in Orthopaedic Surgery, 3<sup>rd</sup> Orthopaedic  
Department, Aristotle University of Thessaloniki,  
Papageorgiou General Hospital, Thessaloniki,  
Greece
- Tilkeridis K.** 16, 23  
Ass. Professor in Orthopaedic Surgery,  
Democritus University of Thrace, Greece
- Topalis Ch.** 12, 15  
Pediatric Orthopaedic Surgeon  
Research Fellow, 3<sup>rd</sup> Orthopaedic Department,  
Aristotle University of Thessaloniki,  
Papageorgiou General Hospital, Greece,  
PhD Student/ Researcher, Karolinska Institute,  
Stockholm
- Tosounidis Th.** 20, 23  
Ass. Professor of Orthopaedic Surgery,  
University of Crete, Greece
- Tsailas P.** 10, 11  
Consultant in Orthopaedics, 4<sup>th</sup> Department of  
Orthopaedics, KAT Hospital, Athens, Greece
- Tsanidis K.** 22  
Senior Consultant Orthopaedic Surgeon - Tumor  
Surgeon, Tsanidis Orthopaedic Center,  
Thessaloniki, Greece
- Tsiridis E.** 10, 11, 15  
Professor in Orthopaedic Surgery,  
Aristotle University of Thessaloniki, Greece
- Tsitouras D.** 19  
Consultant in Orthopaedic Surgery, AHEPA  
General Hospital, Thessaloniki, Greece
- Tzavellas A. N.** 23  
Resident in Orthopaedic Surgery, Papageorgiou  
General Hospital, Thessaloniki, Greece
- Vadimovich Gubic A.** 20, 21  
Director of Russian Ilizarov Scientific Center  
“Restorative Traumatology and Orthopaedics”,  
Kurgan, Russia
- Valanos N. I.** 20  
Consultant in Orthopaedic Surgery,  
2<sup>nd</sup> Orthopaedic Department, Papageorgiou  
General Hospital, Thessaloniki, Greece
- Vareltzidis N.** 16, 18  
Consultant in Orthopaedic Surgery, Orthopaedic  
Department, General Hospital of Kavala, Greece
- Varveri M.** 8  
Consultant in Anesthesiology, Anesthesiology  
Department, Papageorgiou General Hospital,  
Thessaloniki, Greece
- Varvitsiotis D.** 14  
Consultant of Orthopaedics, Orthopaedic  
Department, Shoulder Service,  
General Hospital Asklepieio Voula's, Athens,  
Greece
- Vorniotakis P.** 10  
Physiatrist - Medical Rehabilitation Specialist,  
Euromedica Arogi Physical Rehabilitation  
Center, Thessaloniki, Greece
- Yalin Kilinc C.** 20  
Mugla Sitki Kocman University, Department of  
Orthopaedics, Turkey
- Yiannakopoulos Ch.** 17  
Ass. Professor, School of Physical Education and  
Sport Science, National and Kapodistrian  
University of Athens,  
Director of the Orthopaedic Department, IASO  
General Hospital, Athens, Greece
- Zidrou Ch.** 9, 23  
Orthopaedic Surgeon, 2<sup>nd</sup> Orthopaedic  
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# 7<sup>th</sup>

# Meeting of the International Mediterranean Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

## Index of Authors

### A

Agostinho F.	029
Akhtar Q. J.	003
Aladag Ciftdemir N.	011
Anagnostou A.	023, P24
Anastasiou A.	017
Antonogiannakis E.	033, 034
Antonogloudis P.	P24
Arapoglou D.	027, P25, P26, 003
Argyriou C.	P05
Assadis V.	026, P04
Asteriadis K.	P17
Avramidis G.	033, 034

### B

Bagou S.	P28
Bakas El.	006, 007, P27, P28
Basmatzoglou T.	P12
Begkas D.	P07
Beslikas T.	015, 023, P24
Bikos G.	007
Bisbinas I.	009
Borralho N.	029
Brilakis E.	033, 034

### C

Carvalho A.	020, P22
Charalambous C. P.	P03
Chatzopoulos E.	009
Chitas K.	015, 019, 032
Chliapas S.	026, P04
Christodoulou E.	035
Ciftdemir M.	011, 012
Colbe A.S.	011

### D

Delniotis I.	014, 024
Denkhaus U.	035
Dionellis P.	027, P25, P26,

Ditsios K.	004, 005
Drosos G.	002, P05

### E

Eleftheriadis M.	P27
Eleftheropoulos A.	019, 032, 028
Erem M.	012

### F

Foufoulas E. I.	027, 014, P01, P02, P25, P26
-----------------	------------------------------

### G

Galanis N.	P12, P16, P19
Galanis V.	P13, P14
Gavriilidou A.	024
Gekas C.	027, P26
Georgiadis G.	P05
Georgiadis I.	006, 007, P28
Georgiadou E.	P27
Georgiannos D.	009
Gerontaki G.	007
Giannaros I.	019, 032
Gigis I.	P12
Gkoulipoulou E.	P19
Gkoumousian K.	019, 032
Gkouvas G.	009, 028
Gonçalves Z.	021, 022, 029, P08, P21
Guerra L.	P23

### H

Harshavardhana N.	003
-------------------	-----

### I

Inklebarger J.	P16
----------------	-----



# Index of Authors

## K

Kabbani Kh.	013
Kallivokas A.	023, P24
Kapoutsis D.	009
Karampalis C.	P18, P20
Karanassos M.	P20
Karatzas E.	017
Karavelis A.	004, 005
Katsimentzas T.	015, P24
Kazakos K.	002, P05, P06
Kessidis E.	P19
Kitridis D.	009
Kokkinakis E.	003
Kolikopoulos F.	006
Konstantinidis A.	009, 028
Koo K.	P03
Kostikidou A.	006
Kougioumtzis I.	P05, P06
Koukos Ch.	035
Kritiotis C.	P10, P11
Ktenidis K.	024
Kyparlis D.	026, P04
Kyriakou K.	P16

## L

Lemsanni M.	025
-------------	-----

## M

Machado-Rodrigues L.	P09
Makris V.	P17
Markopoulos G.	028
Martins C.	021
Mavropoulos R.	P13, P14
Mendes E.	P23
Michail T.	018, P15
Michelarakis J.	P07
Mihut K.	P28
Mirtsios H.	P07
Mishra A.	P11
Mitsi P.	006

Moreno J.	P23
Muir L.	P10

## N

Najeb Y.	025
Naqui Z.	P10, P11
Nelas J.	020, P22
Nenopoulos A.	023
Neuhaeuser Ch.	035

## O

Odabasoglou D.	P28
Oikonomidis A.	P25
Oikonomidis S.	P25

## P

Paiva F.	020, 021, P08, P21, P22, P23
Papadimitriou E.	017
Papadimitriou N. G.	014, 017, P01, P02
Papadopoulos D.	013
Papageorgiou Ch.	013
Papathanasiou A.	027, P01, P02
Papavasiliou K.	018, P15
Papoutsis E.	P27
Parathiras G.	P16
Pasvantis D.	006, 007, P27, P28
Pavlopoulos C.	023
Pazarlis K.	015
Pellios S.	P18, P20
Pereira D.	022, 029
Petsatodis D.	004, 005
Pina G.	020, 029, P08, P09, P22
Pinho S.	004, 021, 022, P08
Pinto I.	005
Pinto L.	020, 022, P22
Polyzos A.	019, 032
Potoupnis M.	018, 024, P15
Pratsidou-Gertsis P.	017



# 7<sup>th</sup>

## Meeting of the International Mediterranean Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

# Index of Authors

Profitiliotis G. P19  
Psifis M. P07

## R

Radotra I. P11  
Roilides E. 017  
Roslawski L. 035

## S

Safaridou M. 007  
Saloupis P. 024, 027, P25  
Sarris I. 018, P15, P17  
Sarvanis I. 026, P04  
Savvidis M. 009, 028  
Sayegh F. 018, P12, P15, P16, P17, P19  
Schuchard Ch. 035  
Selcuk E. 012  
Simões N. 021, 022, 029, P08, P09, P21, P22  
Siopis C. 014, P01, P26  
Souftas V. 021, 022, 029, P06, P08, P09  
Stamiris D. P16, P17, P18, P20  
Stamiris S. P18, P20  
Syrikas I. 015

## T

Tasopoulou K. M. P05  
Tiakas E. P01  
Tilkeridis K. 002, P06  
Tottas S. P06, P05  
Trachana M. 014, 017  
Tsantekidis D. 027  
Tselios A. 015  
Tsiridis E. 018, 024, P15, P16  
Tzatzairis T. 002  
Tzavellas An. 018, P15

## V

Varzielas M. P09, P21, P23  
Vaz M. 020, 022, P09  
Vergi V. 023, P24  
Ververidis A. 002, P06  
Vishwanathan S. 003  
Vlachos J. 001  
Vorniotakis P. P27  
Vraggalas V. P18

## X

Xinias I. 014



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Κάθε δόση 80 microliters περιέχει 20 micrograms τεριπαρατιδής.

Μία προγεμισμένη συσκευή τύπου πέννας των 2.4 mL περιέχει 600 micrograms τεριπαρατιδής που αντιστοιχούν σε 250 micrograms ανά mL.

Για περισσότερες πληροφορίες ανατρέξτε στην Περίληψη Χαρακτηριστικών του Προϊόντος. Περαιτέρω πληροφορίες διατίθενται από τον κάτοχο της άδειας κυκλοφορίας κατόπιν αίτησης.



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# 7<sup>th</sup>

Meeting of the  
International Mediterranean  
Society of Orthopaedic Surgery

**22-24** 2018  
March  
Macedonia Palace Hotel  
Thessaloniki

## General Information

### Dates and Congress Venue

**March 22<sup>th</sup>-24<sup>th</sup> 2018**

**Macedonia Palace Hotel**

*(2 M. Alexandrou Av., 54640, Thessaloniki, Greece, [www.macedoniapalace.com](http://www.macedoniapalace.com))*

### Official Language

English is the official language of the meeting and simultaneous translation is not available.

### CME Accreditation

The meeting is accredited with **24** CME credits mutually awarded by the Panhellenic Medical Association.

### Certificate of Attendance

According to the National Drug Organization, certificates will be provided after the completion of attendance of 60% of the Scientific Program. Thus, a bar code system will be implemented during the Meeting. Certificates will be provided on **March 24<sup>th</sup> 2018**.

### Congress Badge

Delegates are obliged to show their congress badge at the entrance of Congress Halls for their attendance time to be registered.

### Exhibition

Within the meeting area there is an exhibition of medical equipment and pharmaceutical products.

### Presentations

Available visual equipment for all presentations will be through power point presentation. For power point use, your presence to the “technical reception desk” is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant *files*. *Use of personal computers will not be feasible.*

# General Information

## Insurance

We cannot accept responsibility for any personal loss, accidents or damages to participants and/ or accompanying persons. Participants are strongly advised to obtain personal insurance to cover any eventuality that may occur during the Congress.

## Registration fees

Type of registration	Cost
Specialists	120,00€
Residents	80,00€
Nurses, Undergraduate Students	Free

24% VAT is not included in the above fees

### The registration fees for Specialists and Residents include:

- Admission to the congress
- Congress material
- Certificate of attendance
- Admission to the exhibition

### The registration fees for Undergraduate Students and Nurses include:

- Admission to the congress
- Certificate of attendance
- Admission to the exhibition

## Meeting Secretariat



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### Thessaloniki

50A Stadiou Str., 55534 Pylea, Thessaloniki, Greece  
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**www.globalevents.gr**



# 7<sup>th</sup>

# Meeting of the International Mediterranean Society of Orthopaedic Surgery

**22-24** 2018  
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Macedonia Palace Hotel  
Thessaloniki

## Aknowledgements

The Organizing Committee would like to acknowledge the success of the meeting to the following companies.









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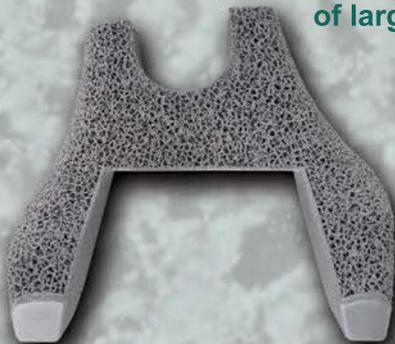


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