

08:00-08:30 Registration

08:30-09:00 Welcome

09:00-10:30 **Session 1: Pre-operative considerations**

Moderators: S. Papastergiou & D. Metaxiotis

1.1 **ACL Biomechanics** V. Vrangalas

What is the function of ACL

1.2 **Indications & timing for surgery** R. Seil

Who & when to operate on

1.3 **Graft selection** M. Hantes

What to use

1.4 **Associated injuries** A. Andonovski

How to treat comorbidities

1.5 **Discussion**

10:30-11:00 Coffee

11:00-12:30 **Session 2: Operative technique** *How to do it*

Moderators: K. Samaras & D. Alvanos

2.1 **Graft harvesting** P. Papadopoulos

2.2 **Tunnel preparation** M. Karahan

2.3 **Graft fixation** A. Ververidis

2.4 **Tips & pitfalls** M. Iosifidis

2.5 **Discussion**

12:30-13:30 **Live cadaveric surgical demonstration**

ACL reconstruction using hamstring autograft

Moderators: R. Seil & E. Pantazis

Instructors: M. Hantes & M. Iosifidis

13:30-14:30 Lunch

14:30-16:00 **Session 3: Post-operative management**

Moderators: E. Tsiridis & N. Valanos

3.1 **Rehabilitation** D. Aftosmidis

How to facilitate recovery

3.2 **Complications** I. Gliatis

What can go wrong & how to manage it

3.3 **Evaluation** I. Terzidis

How to measure outcome

3.4 **Revision** M. Karahan

Who/when/how to re-operate

3.5 **Discussion**

16:00-16:30 Adjourn