

Secondary 18-19

2018-19	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
30/04/18					
28/05/18					
25/06/18	Creamy Chicken Pie - 15.2	Chinese Chicken Curry - 7.9	Cottage Pie - 22.9	Sausages - 14.0	Chicken Lasagne - 33.7
20/08/18	Fish Fingers - 14.4	Homemade Salmon Fishcake - 13.6	Chicken Chow Mein - 78.4	Moroccan Chicken - 6.2	Breaded Fish - 20.5
17/09/18	Tomato Pasta (V) - 46.6	Vegetable Calzone (V) - 24.6	Macaroni Cheese (V) - 48.0	Vegetable Curry (V) - 11.1	Chinese Style Rice with Mushrooms (V) - 39.1
15/10/18					
12/11/18	Diced Potatoes - 24.8	Boiled Potatoes - 26.3	New Potatoes - 23.7	Mashed Potatoes - 25.3	Chips - 26.2
10/12/18	Rice - 41.4	41.4 - Rice/Naan Bread - 14.6	Garlic & Herb Bread - 12.9	Rice - 41.4	Rice - 41.4
07/01/19	Carrots - 5.4	Peas - 8.5	Broccoli - 0.9	Mixed Vegetables - 4.6	Sweetcorn - 16.0
04/02/19				Baked Beans - 9.6	
04/03/19					
Week 2					
07/05/18					
04/06/18					
27/08/18	Pork Steak with Onion Gravy - 6.9	Chicken Tikka Masala - 8.5	Steak Casserole - 9.2	Roast Beef, Gravy & Yorkshire Pudding - 13.7	Sweet Chilli Chicken - 12.4
24/09/18	Savoury Rice with Chicken - 47.2	Pork Meatballs in Tomato Sauce - 16.7	Scampi - 22.5	Chicken Burrito - 30.4	Breaded Fish - 20.5
22/10/18	Quorn Cottage Pie (V) - 27.6	Chickpea Potato Cake (V) - 52.7	Mexicorn Omelette (V) - 9.9	Macaroni Cheese (V) - 48.0	Vegetable Chow Mein (V) - 59.9
19/11/18					
17/12/18	Diced Potatoes - 24.8	41.4 - Rice/Pasta - 42.8	Mashed Potatoes - 25.3	Roast Potatoes - 26.3	Chips - 26.2
14/01/19		Naan Bread - 14.6			Rice - 41.4
11/02/19	Peas - 8.5	Sweetcorn - 16.0	Carrots - 5.4	Broccoli - 0.9	Mixed Vegetables - 4.6
11/03/19					
Week 3					
16/04/18					
14/05/18					
11/06/18	Chicken Chorizo Pasta - 28.9	Ham Frittata - 8.8	Sausages in Gravy - 16.67	Hunters Chicken - 2.8	Spaghetti Carbonara - 34.5
03/09/18	Fish Fingers - 14.4	Chicken Curry - 8.8	Beef Chilli - 10.9	Minced Beef - 9.2	Breaded Fish - 20.5
01/10/18	Quorn Tortilla Lasagne (V) - 27.6	Vegetable Calzone (V) - 24.6	Broccoli Pasta Bake (V) - 41.4	Homemade Bean Burger Roll (V) - 63.5	Quorn Sausages in Gravy (V) - 17.6
29/10/18					
26/11/18	New Potatoes - 23.7	Diced Potatoes - 24.8	Boiled Potatoes - 26.3	Mashed Potatoes - 25.3	Chips - 26.2
21/01/19	Rice - 41.4	41.4 - Rice/Naan Bread - 14.6	Rice - 41.4	Pasta - 42.8	Garlic & Herb Bread - 12.9
18/02/19	Green Beans - 2.4	Sweetcorn - 16.0	Mixed Vegetables - 4.6	Broccoli - 0.9	Peas - 8.5
18/03/19					Baked Beans - 9.6
Week 4					
23/04/18					
21/05/18					
18/06/18	Sweet & Sour Chicken - 19.4	Chicken, Gravy & Yorkshire Pudding - 12.84	Steak Pie - 17.5	Bolognese Mince - 7.2	Gammon Steak & Pineapple - 16.6
13/08/18	Fish Fingers - 14.4	Pork Meatballs in Moroccan Sauce - 14.5	Chicken Biryani - 51.6	Breaded Fish - 20.5	Piri Piri Chicken Stir Fry - 58.4
10/09/18	Veggie Sweet Chilli Noodles (V) - 63.1	Macaroni Cheese (V) - 48.0	Roasted Pepper Calzone (V) - 23.4	Vegetable Omelette (V) - 8.7	Chilli Quorn Burrito (V) - 40.5
05/11/18					
03/12/18	Boiled Potatoes - 26.3	Mashed Potatoes - 25.3	New Potatoes - 23.7	Chips - 26.2	Diced Potatoes - 24.8
28/01/19	Rice - 41.4	Cous Cous - 47.9		42.8 - Pasta/Rice - 41.4	
25/02/19	Carrots - 5.4	Broccoli - 0.9	Mixed Vegetables - 4.6	Peas 4.7	Sweetcorn - 16.0
25/03/19					