

JOYCE LYKE

'PARENTING TO AWAKENING'

ON- LINE PARENTING INQUIRY GROUPS

Purpose of Groups: These groups are for those interested in working on personal issues that arise while caring for children. In this group you will learn the skills of Open-Ended Inquiry and the Practice of Presence through meditation and sensing. In time, group trust and mutual support are established providing additional support for your personal work.

By participating in an Online Parenting Inquiry group, you are likely to:

- Find a safe space in which to be present to the truth of your own experience
- See patterns and triggers more clearly
- Feel more present with your children and less judgmental of yourself
- Feel held and supported by other parents working along-side you in the group
- Have an opportunity to experience support from an ordained Diamond Approach teacher for your particular questions and challenges. (Please see Joyce's home page for more information on the Diamond Approach.
- Find that parenting can support spiritual growth and awakening

These groups are a support for the 'Practices of Presence' the on-line parenting webinars with Joyce Lyke, see her website: www.parentingtoawakening.org,

Who can Attend: Open to parents, step parents, grandparents, mothers, fathers, expecting parents, anyone who cares for children.

Cost: \$40. Each group / \$240. total for the 6 months series. (This fee is paid even when you cannot attend.)

How Often: Groups meet once a month for two hours with a D.A. teacher.

The groups are limited to 8 participants: We keep the groups small and this gives more opportunity for students to work in group.

Scheduling: We will arrange convenient times to meet, once enough people have expressed interest to form a group. Detailed information about the administration and logistics of the online group meetings will be provided once they are scheduled.

If interested,
contact Joyce at
joylyke@me.com
with your name
and email address,
and we will get
back to you soon.