



# REFRIGERATOR SPRING CLEANING

## Checklist

1. Take everything out

2. Throw out expired food and condiments

3. Add expired items to your grocery list

4. Wipe everything clean

5. Adjust shelves to fit your needs

6. Designate Zones:

-Leftovers

-Sauces & Syrups

-Veggies

-Drinks

-Salsas/Pickles/Dips

-Fruits

-Snacks

-Butter

-Dressings

-Condiments

7. Measure your refrigerator

8. Purchase Containers (maximize space and depth)

9. Layout containers in fridge

10. Take things out of packaging and fill containers

11. Label everything!

-Sharpie Paint Pen

-Chalkboard Pen

-Label Maker