

# KINDNESS ADVENT ACTIVITIES

## GIVING ACTIVITIES

Donate money to a charity or organization that your kids select

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Take hot chocolate or coffee and treats to your teacher (or morning carpool staff)

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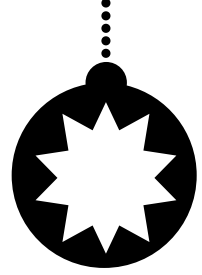
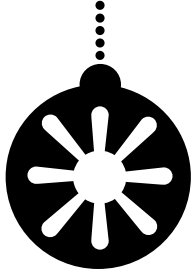
Ding dong ditch a plate of cookies for your neighbors

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Choose at least one toy or book to donate to a local charity

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Choose at least one article of clothing to donate to a local charity



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Buy a gift for a community toy drive

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Donate food or shop for a bag of groceries to donate to a local shelter or food bank

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Leave holiday notes with candy canes on your neighbor's car

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Make & deliver lunches to a homeless shelter

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Pick up trash around your neighborhood

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Donate a book to your library

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Donate food, blankets, towels, stuffed animals, or pillows to an animal shelter

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Take cookies to a fire station

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Donate a blanket to the homeless

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Leave flowers on someone's doorstep

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Make holiday cards and drop them off at a nursing home

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Pay for someone else's coffee

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Give every deliver person a candy cane

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## **ACTS OF KINDNESS**

Call one of your grandparents or extended family members on the phone

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Practice a random act of kindness for someone (open a door, share a book or toy—anything you can think of!)

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Make someone else's bed

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Do one of your sibling's chores

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Make a Christmas card and mail it to your grandparents or family member

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Leave a surprise note or picture on a family member's picture

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Play with someone at school that is alone at recess

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Write a note to your siblings telling them what you love most about them

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Help make dinner

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Help do the dishes after dinner

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Write your letter carrier a note of thanks and leave it in your mailbox

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Write a thank you note to any helpers in your life (cleaning people, babysitters, etc.)

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Write a letter to a member of the military thanking him or her for serving our country  
(<https://www.operationgratitude.com/>)

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Do yard work for your neighbor

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Leave chalk messages around your neighborhood or local park

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Bring a candy cane for everyone in your class

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Make a card for the school receptionist

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Give someone a compliment

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Hold the door for someone

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## **FAMILY ACTIVITIES**

Have a holiday movie night

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Bake Christmas cookies

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Write a note to Santa

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Look at family Christmas photos

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Drive to look at Christmas lights wearing your PJs

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Go shopping and pick out a present for each person in the family

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Read a Christmas book to a sibling/parent

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Read the story about the birth of Jesus

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Watch "A Charlie Brown Christmas" movie

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Read or watch "The Grinch Who Stole Christmas"

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Listen to holiday music and drink hot chocolate

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Decorate a small tree for your room

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Make a bird feeder

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