



SYSTEMS BY SUSIE

# Kindness Advent Activities

## GIVING ACTIVITIES

Donate money to a charity or organization that your kids select

Take hot chocolate or coffee and treats to your teacher (or morning carpool staff)

Ding Dong Ditch a plate of cookies for your neighbors

Choose at least one toy or book to donate to a local charity

Choose at least one article of clothing to donate to a local charity

Buy a gift for a community toy drive

Donate food or shop for a bag of groceries to donate to a local shelter or food bank

Leave holiday notes with candy canes on your neighbor's cars

Make & deliver lunches to a homeless shelter

Pick up trash around your neighborhood

Donate a book to your library

Donate food, blankets, towels, stuffed animals, or pillows to an animal shelter

Take cookies to a fire station

Donate a blanket to the homeless

Leave flowers on someone's doorstep

Make holiday cards and drop them off at a nursing home

Pay for someone else's coffee.

Give every delivery person a candy cane

## ACTS OF KINDNESS

Call one of your grandparents or extended family members on the phone

Practice a random act of kindness for someone (open a door, share a book or toy—anything you can think of!)

Make someone else's bed

Do one of your sibling's chores

Make a Christmas card and mail it to your grandparents or family member

Leave a surprise note or picture on a family member's picture

Play with someone at school that is alone at recess

Write a note to your siblings telling them what you love most about them

Help make dinner

Help do the dishes after dinner

Write your letter carrier a note of thanks and leave it in your mail box

Write a thank you note to any helpers in your life (cleaning people, babysitters, etc.)

Write a letter to a member of the military thanking him or her for serving our country

<http://www.operationgratitude.com/get-involved/write-letters/>

Do yard work for a neighbor

Leave chalk messages around your neighborhood or local park

Bring a candy cane for everyone in your class

Make a card for the school receptionist

Invite a new friend over to play

Give someone a compliment

Hold the door for someone

## FAMILY ACTIVITIES

Have a holiday movie night!

Bake Christmas cookies!

Go shopping and pick out a present for each person in the family

Look at family Christmas photos

Drive to look at Christmas lights wearing your pj's

Write a note to Santa

Read a Christmas book to a younger sibling or parent

Read the story about the  
birth of Jesus

Watch  
“A Charlie Brown Christmas” movie

Read or watch  
“The Grinch Who Stole Christmas.”

Listen to holiday music and  
drink hot chocolate

Decorate the door to your room

Decorate a small tree for your room

Make a bird feeder

