

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

Academic Appointments

Fall 2019 **Assistant Professor, Department of Psychological Sciences**
Texas Tech University, Lubbock, TX

Education and Training

2017 – Present **Postdoctoral Scholar, University of Pittsburgh Psychiatry Department**
Clinical Research Training for Psychologists T32 (MH018269)
Primary Advisor: Lori N. Scott, PhD
Additional Advisors: Stephanie D. Stepp, PhD & Tina R. Goldstein, PhD

2016 – 2017 **Predoctoral Internship, Western Psychiatric Institute and Clinic**
University of Pittsburgh Medical Center, Pittsburgh, PA
Training Directors: Michele D. Levine, PhD & Tina R. Goldstein, PhD

2012 – 2017 **PhD, Clinical Psychology, University of British Columbia - Vancouver**
Dissertation: *Experiences, Cognitions, and Affects: Investigating*
Non-Suicidal Self-Injury through the Modal Model of Emotion
Advisor: E. David Klonsky, PhD

2010 – 2012 **MA, Psychology, University of British Columbia - Vancouver**
Advisor: E. David Klonsky, PhD

2004 – 2008 **BA, Psychology, Stanford University**
Research Advisor: Ian H. Gotlib, PhD

Awards and Honors

2018 **\$300 USD**
National Psychologist Trainee Register Credentialing Scholarship,
National Register of Health Service Psychologists.

2014 – 2015 **\$2,000 USD**
Military Suicide Research Consortium Dissertation Award, United
States Department of Defense.

2013 – 2016 **\$150,000 CAD** (\$50,000/year over 3 years)
Vanier Canada Graduate Scholarship, Canadian Institutes of Health
Research.

2012 – 2016 **\$72,000 CAD** (\$18,000 per year over 4 years, deferred)
Four-Year Fellowship, University of British Columbia.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

2012 – 2014	\$60,000 CAD (\$30,000 per year over 2 years) Killam Doctoral Fellowship , Killam Trusts.
2011 – 2012	\$17,500 CAD Faculty of Arts Graduate Award , University of British Columbia.
2010 – 2011	\$16,000 CAD Faculty of Arts Graduate Award , University of British Columbia.

Peer-Reviewed Publications

* indicates mentored trainee author.

Victor, S.E., Hipwell, A.E., Stepp, S.D., & Scott, L.N. (2019). Parent and peer relationships as longitudinal predictors of adolescent non-suicidal self-injury onset. *Child and Adolescent Psychiatry and Mental Health*, 13(1), 1-13.

May, A.M., & **Victor, S.E.** (2018). From ideation to action: Recent advances in understanding suicide capability. *Current Opinion in Psychology*, 22, 1-6.

Victor, S.E., & Klonsky, E. D. (2018). Understanding the social context of adolescent non-suicidal self-injury. *Journal of Clinical Psychology*, 74, 2107-16.

Victor, S.E., Muehlenkamp, J. J., Hayes, N. A., Lengel, G. J., Styer, D. M., & Washburn, J. J. (2018). Characterizing gender differences in nonsuicidal self-injury: Evidence from a large clinical sample of adolescents and adults. *Comprehensive Psychiatry*, 82, 53-60.

Victor, S.E., Scott, L.N., Stepp, S.D., & Goldstein, T.R. (2018). I want you to want me: Interpersonal stress and affective experiences as within-person predictors of self-injurious thoughts and urges in daily life. *Suicide & Life-Threatening Behavior*.

Victor, S.E., Davis, T., & Klonsky, E. D. (2017). Descriptive characteristics and initial psychometric properties of the Non-Suicidal Self-Injury Disorder Scale. *Archives of Suicide Research*, 21(2), 265-78.

*Chu, C., **Victor, S.E.**, & Klonsky, E. D. (2016). Characterizing positive and negative emotional experiences in young adults with Borderline Personality Disorder symptoms. *Journal of Clinical Psychology*, 72(9), 956-965.

Victor, S.E., & Klonsky, E. D. (2016). Validation of a brief version of the Difficulties in Emotion Regulation Scale (DERS-18) in five samples. *Journal of Psychopathology and Behavioral Assessment*, 38, 582.

Victor, S.E., Styer, D., & Washburn, J. J. (2016). Functions of nonsuicidal self-injury (NSSI): Cross-sectional associations with NSSI duration and longitudinal changes over time and following treatment. *Psychiatry Research*, 241, 83-90.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

- Victor, S.E.**, Styer, D., & Washburn, J.J. (2015). Characteristics of non-suicidal self-injury associated with suicidal ideation: Evidence from a clinical sample of youth. *Child and Adolescent Psychiatry and Mental Health*, 9, 20.
- Klonsky, E.D., **Victor, S.E.**, & Saffer, B.Y. (2014). Nonsuicidal self-injury: What we know, and what we need to know. *The Canadian Journal of Psychiatry*, 59, 565-568.
- Victor, S.E.**, & Klonsky, E.D. (2014). Correlates of suicide attempts among self-injurers: A meta-analysis. *Clinical Psychology Review*, 34, 282-297.
- Victor, S.E.**, & Klonsky, E. D. (2014). Daily emotion in non-suicidal self-injury. *Journal of Clinical Psychology*, 70, 364-375.
- Victor, S.E.**, Glenn, C.R., & Klonsky, E.D. (2012). Is non-suicidal self-injury an “addiction”? A comparison of craving in substance use and non-suicidal self-injury. *Psychiatry Research*, 197, 73-77.
- Victor, S.E.**, Johnson, S.L., & Gotlib, I.H. (2011). Quality of life and impulsivity in bipolar disorder. *Bipolar Disorders*, 13, 303-309.

Invited Contributions

- Victor, S.E.**, & Yiu, A. (2019). Nonsuicidal self-injury: Beyond the basics. In Washburn, J. J. (Ed.), *Nonsuicidal Self-Injury: Advances in Research and Practice*. New York: Taylor & Francis.
- Victor, S.E.** (2017). You can't know if you don't ask: How to assess nonsuicidal self-injury. *Visions: BC's Mental Health and Addictions Journal*, 13(2).
- Victor, S.E.**, & Klonsky, E.D. (2015). Self-injury. In R.L. Cautin & S.O. Lilienfeld (Eds.), *The Encyclopedia of Clinical Psychology*. Hoboken, NJ: Wiley-Blackwell.

Oral Presentations and Chaired Symposia

- Ammerman, B., Brausch, A., Muehlenkamp, J.J., & **Victor, S.E.** (2019). Clarifying the NSSI-suicide connection. Panel presentation at the 52nd annual meeting of the American Association of Suicidology (AAS), Denver, CO.
- Baer, M., Lear, M., Rabasco, A., Spitzen, T., **Victor, S.E.** (moderator) (2019). Repeated measures designs in risk for self-injurious thoughts and behaviors. Panel presentation at the 52nd annual meeting of AAS, Denver, CO.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

- Victor, S.E., & Scott, L.N.** (2019, *accepted*). More than just the means: Daily life emotional variability and stability in relation to past, concurrent, and future NSSI urges and behaviors. Paper presentation at the 14th annual meeting of the International Society for the Study of Self-Injury (ISSS), Orlando, FL.
- Victor, S.E., & Scott, L.N.** (2019). Personality disorder symptoms and within-person dynamics of self-injury and suicide. Paper presentation (symposium chair) at the 7th annual meeting of the North American Society for the Study of Personality Disorders (NASSPD), Pittsburgh, PA.
- Victor, S.E.** (moderator), Goldstein, T.R., May, A.M., Muehlenkamp, J.J., Turner, B.J. (2018). Bridging the gap: Lessons learned in connecting suicide research and clinical practice. Panel presentation at the 51st annual meeting of AAS, Washington, D.C.
- Victor, S.E., & Scott, L.N.** (2018). Smoke, drink, self-injure? A within- person analysis of NSSI, cannabis, and alcohol use in daily life. Paper presentation at the 13th annual meeting of ISSS, Brussels, Belgium.
- Victor, S.E., & Scott, L.N.** (2018). What's so special about self-harm? Identifying shared and unique within-person predictors of suicidal ideation, NSSI urges, and substance use. Paper presentation (symposium chair) at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.
- Victor, S.E., & Stepp, S.D.** (2018). Intergenerational Transmission of Risk: Understanding Borderline Personality Disorder Symptoms and Suicidality in Parents and Children. Paper presentation at the 51st annual meeting of AAS, Washington, D.C.
- Victor, S.E.** (moderator), Bentley, K. (moderator), panelists: Nock, M.K., Prinstein, M., Rosenthal, M.Z., Lavender, J., & Baucom, B.R. (2017). If I knew then what I know now: Best practices in ambulatory assessment of high-risk populations. Panel presentation at the 50th annual meeting of ABCT, San Diego, CA.
- Victor, S.E., Scott, L.N., & Stepp, S.D.** (2017). Socioeconomic status and SITB: Exploring an understudied relationship. Paper presentation at the 12th annual meeting of ISSS, Philadelphia, PA.
- Victor, S.E., & Klonsky, E.D.** (2015). Situation, Attention, Appraisal, Response: A laboratory investigation of emotional processing in non-suicidal self-injury using the modal model of emotion. Paper presentation (symposium chair) at the 48th annual meeting of ABCT, Chicago, IL.
- Victor, S.E., & Klonsky, E.D.** (2015). Experience, cognition, and affect: Investigating self-injurious behaviors through the modal model of emotion. Invited paper presentation at the Military Suicide Research Consortium Pre-Conference Training Day at the 48th annual meeting of AAS, Atlanta, GA.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

- Victor, S. E.**, Glenn, C. R., Feske, U., & Klonsky, E. D. (2014). Characteristics of non-suicidal self-injury and suicide attempts: Findings from six samples. Paper presentation at the 47th annual meeting of AAS, Los Angeles, CA.
- Victor, S.E.**, & Klonsky, E.D. (2013). Risk factors for suicide attempts among self-injurers. Paper presentation at the 8th annual meeting of ISSS, Vancouver, BC.
- Victor, S.E.**, & Klonsky, E.D. (2012). Who chooses self-injury: Beyond high negative emotionality. Paper presentation at the 46th annual meeting of ABCT, National Harbor, MD.
- Victor, S.E.**, Glenn, C.R., & Klonsky, E.D. (2011). Men who self-injure: An understudied population. Paper presentation at the 45th annual meeting of ABCT, Toronto, ON.
- Victor, S.E.**, & Klonsky, E.D. (2011). Predictors of suicidality among adolescents with non-suicidal self-injury. Paper presentation at the 44th annual conference of AAS, Portland, OR.

Research Conference Poster Presentations

* indicates mentored trainee author.

-
- *Cenkner, D., **Victor, S.E.**, Beeney, J., Byrd, A., Scott, L.N., Vine, V., & Stepp, S.D. (*submitted for presentation*). Adolescents' willingness to disclose suicidality: Effects of internalizing, externalizing, and borderline personality disorders. Poster presentation at the 19th Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.
- *Lloyd, J., *Luskin, A., *Cenkner, D., **Victor, S.E.**, & Stepp, S.D. (2018). The relationship between parent and child communication styles and disclosure of child's suicidal thoughts and behaviors to parent. Poster presentation at the 18th annual Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.
- *Mohr, H., **Victor, S.E.**, & Stepp, S.D. (2018). Emotion recognition in preschoolers of mothers with borderline personality disorder. Poster presentation at the 18th annual Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.
- Victor, S.E.**, & Klonsky, E.D. (2017). Understanding the social context of non-suicidal self-injury in high school students. Poster presentation at the 12th annual meeting of ISSS, Philadelphia, PA.
- Victor, S.E.**, Stepp, S.D., & Scott, L.N. (2017). Predicting self-injurious thoughts and behaviors over time: The roles of shame, guilt, and interpersonal stress. Poster presentation at the 5th annual meeting of NASSPD, New York, NY.
- Victor, S.E.**, & Klonsky, E.D. (2016). Non-suicidal self-injury is uniquely associated with attributional style for negative, not positive, events. Poster presentation at the 28th annual meeting of the Association for Psychological Science, Chicago, IL.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

- Victor, S.E.,** Muehlenkamp, J. J., Styer, D. M., & Washburn, J. J. (2016). Characterizing self-injury in men: Evidence from a large clinical sample of adolescents and adults. Poster presentation at the 49th annual meeting of ABCT, New York, NY.
- *Schluter, M., **Victor, S.E.,** & Klonsky, E.D. (2015). Methods of non-suicidal self-injury: Their functions and relationship to suicide. Poster presentation at the annual meeting of the International Academy of Suicide Research (IASR), New York City, NY.
- Victor, S.E.,** Davis, T., & Klonsky, E.D. (2015). Development and validation of the Non-Suicidal Self-Injury Disorder Scale (NSSIDS). Poster presentation at the 48th annual meeting of ABCT, Chicago, IL.
- Victor, S.E.,** & Klonsky, E.D. (2014). Attentional bias toward negative emotional information among self-injurers. Poster presentation at the 48th annual meeting of ABCT, Philadelphia, PA.
- Victor, S.E.,** & Klonsky, E.D. (2014). How do you get there from here? Exploring possible mechanisms of negative affectivity among self-injurers. Poster presentation at the 9th annual meeting of ISSS, Chicago, IL.
- Victor, S.E.,** & Klonsky, E.D. (2013). Risk factors for suicide attempts among self-injurers: A meta-analysis. Poster presentation at the 47th annual meeting of ABCT, Nashville, TN.
- Victor, S.E.,** Washburn, J.J., Styer, D., Juzwin, K.R., Aldridge, D., & Klonsky, E.D. (2013). Functions of non-suicidal self-injury over time. Poster presentation at the 8th annual meeting of ISSS, Vancouver, BC.
- *Chu, C., **Victor, S.E.,** & Klonsky, E.D. (2012). Borderline personality disorder: Disorder of general emotion intensity or negative emotion specifically? Poster presentation at the 7th annual meeting of ISSS, Chapel Hill, NC.
- Victor, S.E.,** & Klonsky, E.D. (2012). Daily affect in non-suicidal self-injury. Poster presentation at the 7th annual meeting of ISSS, Chapel Hill, NC.
- Victor, S.E.,** & Klonsky, E.D. (2012). Prospective predictors of non-suicidal self-injury. Poster presentation at the 46th annual meeting of ABCT, National Harbor, MD.
- Victor, S.E.,** Feske, U., & Klonsky, E.D. (2011). Which types of aggression are elevated among those who engage in NSSI? Poster presentation at the 6th annual meeting of ISSS, New York, NY.
- Victor, S.,** Joormann, J., & Gotlib, I.H. (2010). Predictors of onset of self-injury in adolescent girls: The importance of coping style. Poster presentation at the 44th annual meeting of ABCT, San Francisco, CA.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

Victor, S., Glauser, J., Gotlib, I.H., & Joormann, J. (2009). Associative learning in generalized social phobia. Poster presentation at 23rd annual meeting of the Society for Research in Psychopathology, Minneapolis, MN.

Victor, S., Gotlib, I.H., & Johnson, S.L. (2009). The role of impulsivity in quality of life in bipolar disorder. Poster presentation at 43rd annual meeting of ABCT, New York, NY.

Teaching Experience

University of British Columbia

2014 Research Methods (Teaching Fellow)

2012 Psychology of Gender (Teaching Assistant)

2011 Developmental, Social, Personality & Clinical Psychology (Teaching Assistant)

2011 Biological & Cognitive Psychology (Teaching Assistant)

Stanford University

2010 Independent Study Research (Research Instructor)

2009 Independent Study Research (Research Instructor)

2006 Peer Counseling Skills (Teaching Assistant)

Guest Lecturer

2019 NSSI: Beyond the Basics, Advanced Research Methods, Wesleyan University

2015 Treating Schizophrenia, Abnormal Psychology, University of British Columbia

Clinical Supervision Experience

*(supervisor of supervision in parenthetical)

2016 – Present **Diagnostic Assessment**, University of Pittsburgh (S. Stepp, PhD).
Providing training and supervision to new assessors with diagnostic interviewing, crisis response plans, and child abuse reporting procedures.

2014 – 2015 **Crisis Response Training**, UBC-Vancouver (D. Klonsky, PhD).
Trained undergraduate students in risk assessment for research protocols with suicidal or self-injuring participants.

2012 – 2013 **Compulsive Hoarding Diagnosis**, UBC-Vancouver (S. Woody, PhD).
Provided supervision to graduate students conducting structured diagnostic assessments of clients with compulsive hoarding.

2008 – 2010 **Diagnostic Interviewing**, Stanford University (I. Gotlib, PhD).
Provided supervision to research assistants, as well as graduate students and staff, on diagnostic interviewing (SCID-I).

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

Supervised Clinical Experience

*(supervisor in parenthetical)

Postdoctoral Training (University of Pittsburgh)

09/2017 – 04/2019 Dialectical Behavioral Therapy for Mothers (S. Stepp, PhD)

Predoctoral Internship Training (University of Pittsburgh Medical Center)

06/2017 – 08/2017 High-Complexity Adolescent Autism Assessment (B. Handen, PhD)

06/2017 – 08/2017 Intensive Treatment for Depressed, Suicidal Youth (K. Poling, LCSW)

03/2017 – 05/2017 Pre- and Post-Surgical Neuropsychological Assessment (L. Henry, PhD)

12/2016 – 05/2017 Adult Outpatient Treatment for Severe Mental Illness (T. Painter, LCSW)

09/2016 – 05/2017 Adult Cognitive-Behavioral Outpatient Treatment (J. Fournier, PhD)

09/2016 – 02/2017 Diagnostic Personality Assessment of Youth (S. Stepp, PhD)

09/2016 – 11/2016 Psychiatric Emergency Room Assessments (C. Parada, MA)

Predoctoral Training Prior to Internship

09/2014 – 04/2015 Outpatient Adult Anxiety Disorder Treatment (M. Haring, PhD)

09/2013 – 09/2014 Inpatient Adult Psychiatric Treatment Rotation (M. Menon, PhD)

05/2013 – 08/2013 Self-Injury Partial Hospitalization Treatment (V. Luxon, PsyD)

09/2012 – 04/2013 Group & In-Home Adult Hoarding Disorder Treatment (S. Woody, PhD)

05/2012 – 11/2012 Pre-Surgical Solid Organ Transplant Assessment (RL Franche, PhD)

09/2011 – 04/2012 Child and Family Behavioral Treatment (C. Johnston, PhD)

04/2011 – 09/2011 Adult Clinical and Personality Diagnostic Assessment (D. Klonsky, PhD)

Leadership and Service Experience

2017 – Present **Representative at Large** (elected), International Society for the Study of Self-Injury. Assist the Executive Board in expanding the organization's efforts and leadership in clinical, research, and advocacy domains.

2015 – 2017 **Student Representative** (elected), International Society for the Study of Self-Injury. Represented student interests to the Executive Board and led programs of interest to students, including designing and implementing a mentoring program for ISSS members.

2014 – 2017 **Campus Representative**, Society for a Science of Clinical Psychology. Acted as liaison between SSCP and clinical psychology graduate students at the University of British Columbia. Developed and coordinated a hotel room sharing system for psychology internship applicants for two years.

2011 – 2015 **Mentor**, Aboriginal eMentoring BC. Received training on mentoring and issues facing Aboriginal Canadians. Provided online mentoring to Aboriginal youth in British Columbia interested in health-related careers.

2010 – 2016 **Positive Space Resource Person**, University of British Columbia Equity Office. Received training in LGBTQTTI issues and relevant on- and off-campus resources to share with members of the Psychology Department.

Sarah Elizabeth Victor, PhD
Curriculum Vitae April 2019

- 2007 – 2010 **Advocate & Counselor**, YWCA Rape Crisis Center of Silicon Valley.
- 2007 – 2008 **Resident Assistant**, Stanford University.
- 2006 – 2007 **Peer Counselor, Financial Officer, University Liaison**, Bridge Peer Counseling Center, Stanford University.

Student Mentorship and Supervision

- 2019 **Honors Thesis Supervisor**, Jonah Buczewski*, University of Pittsburgh.

Professional Affiliations

American Association of Suicidology
Association for Behavioral & Cognitive Therapies
Association for Psychological Science
Canadian Association for Suicide Prevention
International Academy of Suicide Research
International Society for the Study of Self-Injury
North American Society for the Study of Personality Disorders
Society for a Science of Clinical Psychology
Society for Ambulatory Assessment

Ad Hoc Peer Review Service

Manuscript Reviews for Academic Journals

American Journal of Preventive Medicine; Anxiety, Stress & Coping; Archives of Suicide Research; Assessment; BMC Psychiatry; Canadian Journal of Psychiatry; Child and Adolescent Psychiatry and Mental Health; Clinical Psychologist; Journal of Abnormal Child Psychology; Journal of Adolescence; Journal of Affective Disorders; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Clinical Psychology; Journal of Nervous and Mental Disease; New Zealand Journal of Psychology; Personality and Mental Health; Personality Disorders: Theory, Research, and Treatment; PLOS One; Psychiatria Danubina; Psychiatry Investigation; Psychiatry Research; Scandinavian Journal of Public Health; School Psychology Quarterly; Suicide & Life-Threatening Behavior

Presentation Reviews for Academic Conferences

International Society for the Study of Self-Injury

Science Communication Activities

Skype a Scientist Volunteer (Spring 2019)