

29th Annual Isabella Lake Fishing Derby Guide

March 24, 25, & 26th



ISABELLA LAKE FISHING DERBY
Date April 10, 2017
Pay to the Order of Braeden Ege \$ 250.00
two hundred fifty dollars Dollars
For 5th Place End Rule 00

ISABELLA LAKE FISHING DERBY
Date April 10, 2017
Pay to the Order of Eva Brennan \$ 1500.00
One thousand five hundred dollars Dollars
For 2nd Place End Rule 00

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Elaine Roach



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Marsha Smith



Mark Chambers



Kristie Barnes



Fred Clark



Dan Anglin



Rudy Zontini



Jim Wyly

THE TEAM WHO BRINGS IT TOGETHER

By Marsha Smith

The excitement is building within the Derby committee as they prepare for a gangbuster amount of anglers. Please note the **new location of Derby Headquarters** this year: The **Lake Isabella Senior Center**, 6409 Lake Isabella Blvd., Lake Isabella, in the Veterans Hall. Please use parking lot in the rear of the building.

This year marks the 29th annual event and this year **Mr. Ten Grand** is back. Yes, you read that correctly, the first place (longest) fish in the derby takes home \$10,000 if wearing the official 2018 derby T-shirt when the fish is caught. If not wearing the T-shirt the angler will still land \$5,000. The remaining four longest trout will take home \$1,500, \$1,000, \$500, \$250, a guaranteed payout. Since restructuring the derby from tagged trout to length of the trout along with the Blind Bogey, Trout Lotto and the Bobber Bowl the Derby has paid out more money yearly than many consecutive years previously. The **Early Bird** Registration prize of \$500 is another opportunity to cash in if you signed up by March 1.

The **Bobber Bowl** trout, Elaine Roach's brain-child, sponsored by local businesses are also untagged and prize money awarded by length. Several of those have been earmarked to bump between \$200 and \$300 from the guaranteed \$100, so drawing from the Bobber Bowl could give an angler a nice surprise. To qualify for the Bobber Bowl a fish must measure within 1" of the fifth place entry on the leaderboard at the time the fish is brought in. Headquarters should prove to be a very interesting and busy place this year as anglers bring in their catch vying for a place in the top five.

The **Blind Bogey** provides yet another chance to take home some cash. Ten prizes at \$100 each will be given away each day. All an angler need do to be entered is bring in a trout (limit one per day) of any size and be entered into the drawing. Drawing will be held at 5:00 p.m. Saturday and Sunday and 3:00 p.m. on Monday.

Last November the committee received 10,000 trout from the Department of Fish and Wildlife, (approximately 2,000 pounds)

and the committee's fish feeders have diligently fed them three times daily up until a few days prior to the Derby so that they are good and hungry when released. There will also be 5,000 pounds of **Nebraska Tail Walker Trout** (trophy trout) purchased from **Chaulk Mound Trout Ranch** added to the mix for your angling pleasure. Since there are no tags to worry about, any, and all, trout caught by registered anglers, during the Derby hours, in the footprint of Isabella Lake, qualify to be measured in hopes for a place on the leaderboard.

The dedicated local committee of volunteers has worked hard to bring you this event once again, so if you see one of these faces smiling back at you from this page out and about or at headquarters, give them a thumbs up.

This year the grand prize raffle has two prizes; a **2018 Crestliner 1450 Discovery Boat**, 14' 9" length, 30HP engine, seats four, and trailer, a \$16,884 value, and second a **Honda EU2000i Generator** valued at \$1,149. The drawing will be on Monday (the final day of the Derby), winner need not be present to win. Loads of fishing and camping gear raffle prizes and giveaways will also be at headquarters. The five longest trout prizes are sponsored by local merchants, so remember their names as you frequent local businesses. They are the folks who make this great event possible. Drawing prizes valued at approximately \$4,000 will be held Saturday evening at 5:00 p.m. for fishing and camping equipment. Although you don't have to be present to win, those that do attend have a great time.

Building a small Derby that began with registration taking place under a sunshade in front of a local bank, to the magnitude it is today, was no easy accomplishment. The combined effort of locals, starting with the Derby committee, and of course the participants themselves, make the Derby so successful!

Local merchants and individuals are terrific in their support of the Derby, knowing that the goal is not only to bring anglers into the valley for Derby weekend, but to support the Trophy Trout program that brings those avid anglers here, week after week, rain or shine

Fred Roach serves as the Derby Committee chair, along with



Rita D'Angelo



Sue Wiruth



Matt Freeman



Colleen Bulgarelli



Josh Conway



Wes Williams



Debbie Hess



Dan Smith



Mike Sullivan



Kira Mouldenour

his wife, Elaine, who covers both his right and left hands, and maybe his feet too. This year Fred Clark has stepped up as co-chair to the Roach's lead and is the future chairman in training. The Roach team works all year long on the Derby, planning for the next year, even before the current year's event is over. The rest of us take on our specific tasks with diligence and the knowledge we best not let down "Fish Daddy" Roach. Wrath of Roach is not pretty. In reality, we all have a great time putting on the event and we have a wonderful team, but it is a tremendous amount of work for Fred and Elaine Roach and now Fred Clark as well. Watching these folks in action, it is possible to imagine that a 28-hour day has been invented.

Berkley and Budweiser are the major sponsors of the event, and once again, they have supplied some nice high-end prizes for our drawings.

We would like to put a name behind all those faces you see, each and every year, at Derby Headquarters: **Fred Roach** is the event chairman, the go to guy, the anchor for the event along with his better half and co-chair, **Elaine Roach**, the lady behind the Bobber Bowl. **Fred Clark** is "Fish Daddy" in training. **Dan Anglin**, **Wes Williams**, **Jim Wylly**,

Mark Chambers, **Rudy Zontini** and **Dan Smith** are always on hand to help with the fish planting. **Rita D'Angelo** makes sure registration runs as smooth as possible, and office coordinator **Kristie Barnes** is continually changing hats as she completes her various tasks.

Debbie Hess heads up the pre-registration volunteers and **Colleen Bulgarelli** is manning the boat and generator drawing ticket sales. **Marsha Smith** works with Elaine Roach at the cash/registration table and handles the drawing prize table and Saturday evening drawing, and thanks to **Tom McKinney**, those prizes get bigger and better each year. **Sue Wiruth** is the creative mind behind the T-shirts that are printed locally by the committee's "Crazy Engraver" **Kira Mouldenour**. **Mike Sullivan** oversees the trout pens and feeds the trout at Red's Marina when the feeders

are not around. **Josh Conway** is the Facebook and web guy and **Matt Freeman** is the guy behind the promotional articles.

So as you can see it takes this whole committee to make this event a success as I am sure it will be again this year and many years to come.



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FISHING DERBY RULES

ISABELLA LAKE MARCH 24, 25, 26, 2018

Each participant must be officially registered prior to 7:00 am on Saturday March 24, with the Isabella Lake Fishing Derby Committee to be eligible for any of the prize fish. You must pick up your official registration card at Derby Headquarters prior to fishing, and have it in your possession to claim your prize.

All Derby participants 16 years of age or older must have a valid California Sport Fishing License in their possession. Children under the age of 16 are not required to have a California License.

Any winner of the \$10,000 or below trout during the Derby must agree to take (regardless of issues) and pass in a conclusive manner, a polygraph examination administered by the Kern River Valley Chamber of Commerce. The taking (including signing of the waiver of polygraph liability) and the passing of the polygraph examination must occur within 30 days of the end of the Derby.

If a registered participant catches the \$5,000 trout while wearing the official 2018 Isabella Lake Fishing Derby T-Shirt, the prize becomes \$10,000.

Registration fees are \$30 for individuals and \$65 per family. Family registrations are limited to husband & wife and a maximum of three (3) children 15 years of age and younger. Up to three (3) additional children may be added at \$5 each.

A copy of your 2018 registration will not be returned to you. You will need to verify your registration at Derby Headquarters on Derby Days. All participants must register with Fishing Derby Headquarters prior to fishing. Registration will close at 7:00am Saturday, March 24, 2017. There will be no exceptions.

All fish must be caught under the guidelines of current California Sport Fishing Regulations. Only amateurs may participate. The Derby officially begins at 7:00am on Saturday, March 24, 2018, and officially ends at 5:00pm on Monday, March 26, 2018. All fish must be turned in to Derby Headquarters for measurement by 5:00 pm on Monday, March 26, 2017. Nighttime trout fishing is not allowed at Isabella Lake at any time.

No fish will be received prior to 8:00 am Saturday March 24, 2018. Any fish caught before 7:00 am on Saturday March 24, 2018 will not be eligible for prizes.

Any fish presented for the Longest Trout, Bobber Bowl, or Blind Bogey Contest must be fresh caught within the footprint of Isabella Lake, during the Derby Hours, and brought to Derby Headquarters on Derby Days for verification and awarding of prizes. Fish must show no signs of alteration, and must be presented prior to 5:00 pm on Monday, March 26, 2018. To qualify for prizes participant must be registered and show proper identification. Each winner is responsible for paying any and all taxes on any prize(s) won and must authorize the deduction of such taxes, if any, from the prize(s) to the extent required by law.

Upon verification, the person catching the \$5,000, \$1,500, \$1,000, \$500, and \$250 trout on March 24, 25, and 26, 2018 will be paid by check, within 30 days. All other prizes will be paid the same day.

Derby Committee Members will be on the lake during the event and at night. Anyone violating any of the above rules will be ineligible for any prize money. The Fishing Derby will take place as scheduled regardless of weather conditions.

To help prevent the introduction of invasive species, fishermen are reminded to inspect and clean all equipment (boats, trailers, paddles, etc.) to remove all soil, seed & plant materials before entering Isabella Lake.

The Lake Isabella Fishing Derby is under special use permit with the Sequoia National Forest and operates on a nondiscriminatory basis. To file

a complaint alleging discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call, toll free, (866) 632-9992.

BLIND BOGEY 2018

The Blind Bogey is designed to allow more participants the opportunity to win money/prizes. Each angler can bring in one trout of any size per day (Saturday, Sunday, & Monday) to qualify for the Blind Bogey. A total of 10 prizes for \$100 each will be drawn each day. A total of \$1,000 per day will be given away.

- When an angler brings in a trout they are given a ticket with the stub being placed in the drawing tumbler.
- Saturday, 5:00 p.m. Ten lucky tickets will be drawn for \$100 each
- Sunday, 5:00 p.m. Ten lucky tickets will be drawn for \$100 each
- Monday, 3:00 p.m. Ten lucky tickets will be drawn for \$100 each
- Angler must be present to win.

BOBBER BOWL 2018

If your trout is between last place on the Leaderboard and 17 inches you will draw for \$100 from the Bobber Bowl.

- There will be a maximum of ten draws on Saturday.
- There will be a maximum of ten draws on Sunday.
- There will be a maximum of ten draws on Monday.

Fins will be clipped to eliminate the same trout from returning with a different angler. Leaderboard trout will not be eligible.

50/50 LAKE TROUT LOTTO 2018

To enter the 50/50 Lake Trout Lotto you must put \$5 in the pot and guess the length of the longest trout that will qualify for the Leaderboard during the three day derby.

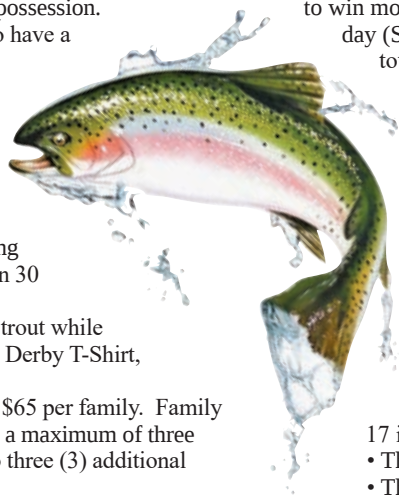
The person on or closest without going over will win half the money collected in the pot.

You can enter on: Friday, March 23, from 8:00 a.m. to 8:00 p.m.

Saturday, March 24, from 5:00 a.m. to 7:00 a.m.

Anyone can enter. You do not have to be registered in the Derby to win.

For updates check out our Facebook page @lakeisabellafishingderby
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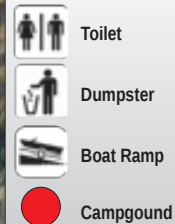

Isabella Lake MAP



**DERBY
HEADQUARTERS**

**Lake Isabella
Senior Center**
6405 Lake Isabella Blvd
Lake Isabella, CA 93240

**Campgrounds
Dumpsters &
Portable Toilets**



CAMPING AROUND THE LAKE

AUXILIARY DAM RECREATION AREA

Located on the southern end of Lake Isabella off Highway 178. Dirt road; Open camping; No limit on trailer length; Restrooms - 3 flush type, and chemical toilets (the 3rd contains hot showers); RV dump station with a \$10 fee. Open year round. Supplies at the town of Lake Isabella. \$10 fee per vehicle per day or annual pass for \$50. These Southern Sierra Passes can be purchased at local Forest Service offices.

BOULDER GULCH CAMPGROUND

Located off Highway 155 on west side of Lake Isabella. Paved road; 78 family units; Trailers up to 45'; Restrooms - 3 flush type with metered showers; Water; Fire rings, tables and grills; Playground; Fish cleaning station. Open Apr. to Sept. Supplies at Lake Isabella or Wofford Heights. \$24 per night, \$7 for each additional vehicle.

CAMP 9 CAMPGROUND

Located on the east side of Lake Isabella off of Sierra Way. Paved road; 109 family units; Restrooms - 1 flush type, no showers; Chemical toilets; RV dump station, \$8; Fish cleaning station. Group area pads #1 & 2 at \$160 per night, have shelters, tables, grills and water; #2 is an accessible site. Group sites starting at \$90 per night. No limit on trailer length. Open year round. Supplies at Kernville. Individual

sites are \$17 per night, \$5 for each additional vehicle, for overnight camping. This campground is operated by the U.S. Forest Service and is first come first serve.

FRENCH GULCH GROUP AREA

Located off Highway 155 on west side of Lake Isabella. Paved road; A group use area for 100 people maximum. Suitable for RV's; Portable restrooms; NO Water; Large fire ring, tables and grills; Sheltered area. Open year round. Supplies at the town of Lake Isabella. \$350 per night.

HUNGRY GULCH CAMPGROUND

Located off Highway 155 on west side of Lake Isabella. Paved road; 78 family units; Trailers up to 30'; Restrooms - 3 flush type with metered showers; Water; Fire rings, tables and grills; Playground. Open Apr. to Sept. Supplies at Lake Isabella or Wofford Heights. \$24 per night, \$7 for each additional vehicle.

LIVE OAK NORTH CAMPGROUND

Located on the west side of highway 155, south of Wofford Heights. Paved road; 60 family units; Trailers up to 30'; Restrooms - 1 flush type with metered showers; Water; Fire rings, tables and grills. Supplies at Wofford Heights. \$20 per night, \$5 for each additional vehicle.

LIVE OAK SOUTH CAMPGROUND

Located on the west side of Highway 155, south of Wofford Heights. Paved road; 90 family units; Trailers up to 30'; Restrooms - 3 flush type with metered showers; Water; Fire rings, tables and grills. Open for over 50 holiday weekends. Supplies at Wofford Heights. \$20 per night, \$5 for each additional vehicle. LIVE OAK GROUP AREA - 100 people maximum; Trailers up to 30'; Restroom - 1 flush type with showers; Water; Fire rings, tables and grills. Open May to Sept. Supplies at Wofford Heights. \$300 per night.

PARADISE COVE CAMPGROUND

Located on the south shore of Lake Isabella off Highway 178. Paved road; 58 family units and 80 RV sites; Restrooms - 2 flush type, 1 with metered showers, and chemical toilets; Water; Fire rings, tables and grills at family sites; RV dump station, \$8; Fish cleaning station. No limit on trailer length. Open year round. Supplies at Mtn. Mesa. Sites 1 - 58 \$24 per night, \$7 each additional vehicle. Sites 59 - 138 \$20 per night, \$7 each additional vehicle.

PIONEER POINT CAMPGROUND

Located off Highway 155 on west side of Lake Isabella. Paved road; 78 family units; Trailers up to 30'; Restrooms - 4 flush type with me-

tered showers; NO Water; Fire rings, tables and grills; Marina access; Playground; Fish cleaning station. Open from May to October. Supplies at the town of Lake Isabella. \$24 per night, \$7 for each additional vehicle.

STINE COVE RECREATION AREA

Located on the east side of Lake Isabella off of Sierra Way; Open camping; Free use area; Chemical toilets. No limit on trailer length. Open year round. Supplies at Kernville.

TILLIE CREEK CAMPGROUND AND GROUP AREAS

Located off Highway 155, south of Wofford Heights. Paved road; 159 family units, 4 for individuals with disabilities; Trailers up to 45'; Restrooms - 7 flush type with metered showers, and chemical toilets; Water; Fire rings, tables and grills; Playground; Fish cleaning station; RV dumping station, \$8; and Amphitheater. Open year round. Supplies at Wofford Heights. \$24 per night, \$7 for each additional vehicle. There are 4 group use areas, #1 is an accessible site: #1 - 60 people maximum; \$210 per night; Open Apr.

to Sept. #2 - 150 people maximum; \$525 per night; Open year round. #3 - 80 people maximum; \$280 per night; Open Apr. to Sept. #4 - 60 people maximum; \$210 per night; Open Apr. to Sept. Water, tables, grills and shelters in areas. No limit on trailer length and no showers.

HEADQUARTERS

Located in Kernville

Please contact us for more info:

Kern River - Ranger District
760-376-3781
www.recreation.gov

BOAT PERMITS

Every boat, watercraft, & sailboard must display a boat permit. These may be obtained at any marina on the lake or at:

Crossroads Shell

6209 Lake Isabella Bl
Lake Isabella
(760) 379-8170

Mt Mesa Shell

12400 Highway 178
Mt. Mesa
(760) 379-3747

Sierra Gateway Sporting Goods

14606 Highway 178
South Lake
(760) 378-1315

Sierra Gateway Market

13432 Sierra Way
Kernville
(760) 376-2424

Isabella Supermarket

6120 Lake Isabella Bl
Lake Isabella
(760) 379-8222

French Gulch Marina

Hwy 155 - Pioneer Point
Lake Isabella
(760) 379-8774



Lake Isabella Developed Campgrounds Sequoia National Forest • Kern River - Ranger District

All developed campgrounds and group camping areas operate under a concessionaire program with California Land Management (CLM).

PORTABLE TOILET AND DUMPSTER LOCATIONS

• Auxiliary Dam:

(spread out) dumpsters & portable toilets

• Boulder Gulch:

(Approximately 1/8 mile past campground) dumpsters portable toilets

• Engineer Point:

(at the halfway point on flat ground) dumpsters & portable toilets

• Engineer Point:

(at end of point) dump-

ster & portable toilets

• French Gulch:

(end of lower paved parking area) dumpsters & portable toilet

• French Gulch

Marina: (parking area) dumpster & portable toilets

• Kissack Cove:

(east and west sides) CXT restroom open

• Old Isabella:

(east and at the west sides) one 20-yard roll-off dumpster, dumpsters, & portable toilets

• Paradise Cove:

(northwest of campground) dumpsters & portable toilets

• Rich Gulch:

(between Edison gates off Hwy 155) dumpsters & portable toilets

• South Fork

Recreation Area: (east and west sides) dumpsters and portable toilets

• Vista Point:

dumpsters & portable toilets

• Camp 9:

dumpsters & one portable toilets

CAUTION: Water depths may be shallow and change frequently. Man-made and underwater hazards exist. Water depths are not posted.

Kids Fishing Derby

Takes place every June. Check KVSun.com for details closer to the event.



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WOFFORD HEIGHTS • **\$285,000**
MLS #2215958 | 3 bd. | 1.75 ba. | 1723 sf



BODFISH • **\$149,900**
MLS #2215972 | 2 bd. | 1 ba. | 1640 sf



BODFISH • **\$185,000**
MLS #2216008 | 3 bd. | 2 ba. | 1728 sf



WELDON • **\$269,000**
MLS #2215681 | 4 bd. | 3 ba. | 2412 sf



LAKE ISABELLA • **\$259,000**
MLS #2216062 | 2 bd. | 1 ba. | 1650 sf

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TOP 10 HEALTH BENEFITS OF FISHING

Editorial Team
HEALTH FITNESS REVOLUTION

Give a man a fish and feed him for a day. But teach a man how to fish and he'll be healthy for life! Learn why this classic hobby is also great way to improve mental and physical well-being.

Full Body Strength

The protagonist in Hemingway's *The Old Man and the Sea* battles a great marlin for 3 days. That's one strong dude. Your average hobbyist won't be called on to strain day and night to reel in an adversary. But battling even a small fish engages the shoulders, back, arms, core and legs in an excruciating workout. Fishing encourages sportsmen and women to train their body so that they have the strength when the time comes for the big catch.

Family Bonding

Fishing is a skill passed on through the generations, with grandfathers taking the younger kids out to a familiar pond and instructing them how to hook a worm. Spending time with your family promotes feelings of security and well-being, making fishing a worthwhile activity to learn.

Boosts Immune System

Vitamin D helps your body regulate the absorption of calcium and phosphorus, two minerals that improve immune system function and help defend against disease. The best source of vitamin D is a day outdoors under the sun.

Promotes Relaxation

A beautiful day spent in a mountain stream followed by a dinner of grilled fish. Sounds idyllic doesn't it? Spending long hours in nature

with a focused task is akin to meditation, an activity linked to lowered blood pressure and decreased anxiety.

Improves Cardiovascular Health

Fishing burns an average of 200 calories an hour, depending on the kind of fishing you like to do. Maybe it isn't true if you are sitting around with a cooler of beer and a king-size bag of jerky. But if you are walking around to test out different spots, recasting your line, and (fingers crossed) reeling in a fish, you'll have put your heart and lungs to work.

Teaches Self-Reliance

In our service-oriented economy we rely on others to perform all kinds of functions in our daily lives. Fishing puts you out in the wilderness and calls on you to master a variety of different skills. The more involved you get in the sport the more you'll learn: from driving a boat to hunting down tackle.

This impromptu trouble shooting will spill over into your normal life. If you can fix your rod with just your ingenuity, what else can you do on your own?

Bestows Patience

In our world of over-stimulation and instant gratification, fishing puts your patience to practice. Unless you are extraordinarily lucky, you don't just drop your line in and hook a fish. Some days (and even some trips) you go home empty-handed. But persisting makes you a more patient person, accepting of defeat but unwilling to quit.

M.J. Ryan, the author of "The Power of Patience," explains that learning patience benefits health. Impatience causes stress, weakening your immune system and raising your blood pressure. Patience, meanwhile, makes you calmer and more content.

Encourages Travel

Travel expands the mind and makes life more fulfilling. Fishers are among the most accomplished travelers on the planet. Whether headed to the Great Lakes for Walleye or Florida for Marlin season, you'll get to see more of the planet with this hobby.

Enjoy The Great Outdoors

Fishing inspires a closer connection with nature and all the creatures in it. Fisher are tuned in to the harmonious ecosystems in coastal environments. They know all about the different fish that live in the water, the insects they eat, and their predators. The exposure to fresh air, sun, and being on the water has numerous health benefits.

Improves Balance

As anyone who has ever reeled a catfish in to a canoe can tell you, fishing requires some acrobatic maneuvers. Balance requires core strength and benefits flexibility, both of which help offset back pain.



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2018 Coloring Contest



NAME: _____ AGE: _____ PHONE: _____

Color this page and bring to the Harry Thal Insurance 11006 Kernville Rd. Suite 1 Kernville
Winner will receive a gift basket.

Winners will be chosen in two categories: Ages 3-5 and 6-10. Contest ends March 28th, 2018

Winners will be contacted directly and announced in the Kern Valley Sun.

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ISABELLA BOATING & LAKE REGULATIONS

Also refer to the "ABC's of the California Boating Law," a booklet published by the State of California and available from the Kern County Parks Department.

Speed Limit:

5 mph (no wake) within 200 feet of shore, within 100 feet of swimmers (other than waterskiers), near docks, marinas or within South Fork Wildlife Area.

Alcohol or Drug Use:

Alcohol or drug use is illegal while operating a boat and is a felony if such use causes death or serious injury. Conviction of intoxication while operating a boat may bring a \$1,000 fine and six months in jail. Avoiding accidents requires 100% alertness.

Age and Safety Gear Requirements:

Boat operators must be at least 16 years old. Each person aboard must have US Coast Guard approved Personal Flotation Device (PFD); water skiers and personal watercraft riders must wear PFDs at all times.

Towing Rules for Waterskiers, Inflatables, Etc:

A tow boat must qualify to hold at least 3 people, including an observer at least 12 years old, capable of rescuing an injured waterskier. The observer must raise a red flag whenever a line is out or a skier is preparing to ski or a skier is down.

Right-of-Way Rules:

These rules apply to everyone on the water, including windsurfers. As with driving a car, passing is on the right, yielding at a crossing gives the go-ahead to the vessel on the right and overtaking another vessel requires a wide berth. Anchored and sailing vessels usually have the right-of-way. The law says that avoiding a collision takes precedence over insisting on a right-of-way.

Avoidance Measures:

Waterskiers, personal watercraft riders and windsurfers often seek the calmer waters near the Auxiliary Dam. These people may reach speeds from 35-70 mph, posing a hazard to each other as well as to boaters. Attempting to judge the speed of an oncoming person is difficult, particularly in a glare or mist; better to simply avoid congestion.

Warnings:

Speed on the water should always be appropriate to weather conditions, the presence of water hazards and the presence of other users of the area. Speeding around trees is hazardous; buzzing people at 40 mph, and wetting them down is cause for citation.

Emergency Numbers:

To Report Accidents - 911
Kern Valley Hospital 760-379-2681
Citizens Band Channel 9

29th Annual Isabella Lake Fishing Derby



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GARLIC BUTTER RAINBOW TROUT IN FOIL

Olivia Ribas
PRIMAVERAKITCHEN

Ultra-easy Garlic Butter Rainbow Trout in Foil that requires only 4 ingredients and it is ready in less than 25 minutes. It's also low-carb and gluten-free!



I decided to bake the trout in a foil, making the cleanup a breeze!

This meal is one of my favorites because it's the easiest fish foil recipe you can make! And even though it requires only 4 ingredients, this Garlic Butter Rainbow Trout in Foil is very flavorful. On top of all that, this recipe will be ready from start to finish in less than 30 mins. This is definitely the best meal when life is extremely busy. Enjoy!

Ingredients:

- 1 lb steelhead trout fillet
- Salt and fresh ground black pepper to taste
- 2 tablespoons butter, melted
- 2 cloves garlic, minced
- 1 teaspoon dill, minced (optional)

Directions:

- Preheat oven to 375° F.
- Cut two sheets of foil. It has to be big enough to wrap the trout.
- Cover the baking sheet with the aluminum foil and place the trout fillet in the center.
- Fold up all 4 sides of the foil.
- Then, season the trout with salt and pepper.
- Drizzle the melted butter over the trout until evenly coated.
- Top with minced garlic and fresh minced dill.
- Fold the sides of the foil over the trout. You need to cover it completely.
- Bake for about 20 minutes.



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SEQUOIA NATIONAL FOREST CAMPING RULES, REGULATIONS, & REQUIREMENTS

Fees:

When staying in the developed campgrounds on Lake Isabella and the upper Kern River, a California Land Management (CLM) employee will come around to your site and collect fees. At Horse Meadow campground, thirty minutes after selecting your campsite, fill out a fee envelope located at the fee station, enclose payment and detach and display ticket stub on numbered site post. Dispersed camping areas and the east side plateau campgrounds are no fee areas.

Camping Etiquette and Rules:

- Please observe quiet hours from 10:00 pm to 6 am. Your noise may disturb others.
- When staying in the developed campgrounds around the lake and upper river, deposit all trash in dumpsters that are located within the campground. Trash receptacles are also located in various dispersed camping areas. Horse Meadow campers use dumpsters in the upper Kern Canyon. In areas that do not provide these services, such as the plateau campgrounds, we ask that you **PACK OUT WHAT YOU PACK IN**. Leaving trash in fire pits or on the beach spoils the natural beauty of the area for the next forest visitor.
- Pets are welcome as long as they are under control. When in developed campgrounds, dogs must be on a leash no longer than 6 feet at all times. No dogs on designated beaches.
- Campfires may not be left unattended. They must be "dead out" before leaving your campsite. To extinguish your fire, use a bucket of water to drown out the fire and stir until cool to the touch. Do not bury the campfire with dirt. Smoke only in cleared areas and use the ashtray in your car. Campfire permits are required in dispersed camping areas.
- When staying in developed campgrounds on the lake and upper river, park your vehicle within the designated spur (paved area) adjacent to your camping site. Each campsite is allocated one spur for parking. Visitor parking is available in overflow areas outside most campgrounds.
- Camping in the National Forest is limited to a total of 14 days in a 30 day period, also, in non-fee areas limited to 28 days per calendar year. A six (6) persons or members of immediate family limit applies in developed campground sites.

• Discharging a firearm, or any implement capable of taking human life or causing injury, in a campground, across a road, a body of water or 150 yards from any recreation area or occupied area, is prohibited.

• Any type of fireworks are illegal in the National Forest.

• Please, no cleaning of fish or washing of dishes, clothes or hair at water fountains or in the river, lake or streams. Besides attracting insects, clogged drains may result. Detergents can also contaminate bodies of water that can kill fish and other wildlife.

• The vegetation and trees need all the help they can get. Don't chop or pound nails into the only source of shade available.

• Bottles, cans and other trash belong in the garbage cans provided, not in the chemical toilets. Chemical toilets are provided in most dispersed camping areas for your convenience. We ask that you please use them.

In areas that do not provide these services, **PACK IN/PACK OUT**.

• Campground Hosts and Forest Officers are available for further information or assistance.

Source: <http://www.kernvalley.com/news/camping.htm>



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FISH JOKES

Q: What kind of fish swims at night?

A: A Starfish

Q: What did the trout detective say?

A: There's something fishy going on here.

Q: How did the mollusk get into college?

A: On a scalloppship.

Q: What kind of guitar do fish play?

A: Bass

Q: Did you hear about the crab that went to the gym?

A: He pulled a muscle

Q: What do you get if you cross a pastor with a guppier?

A: Monkfish!

Q: What do you call a crayfish with a messy room?

A: A slobster

Q: What do fish use for money?

A: Sand dollars!

Q: What kind of horse can swim underwater without coming up for air?

A: A seahorse

Q: What do you get when you cross a banker with a hammerhead?

A: A Loan shark!

Q: What do British sea monsters eat?

A: Fish & ships.

Q: Why don't fish do well on school tests?

A: Because they work below C-Level.

Q: Why are fish so well educated?

A: They swim in schools!

Q: Where does a fish keep his money?

A: In the River Bank!

Q: How do fish know their weight?

A: They have scales.

Q: Where do you weigh whales?

A: At the whale-weigh station!

Q: What is the difference between a piano and a fish?

A: You can tune a piano but you can't tuna fish.

Q: Why do oysters go to the gym?

A: It's good for the mussel.

Q: Who held the baby octopus for ransom?

A: Squidnappers!

Q: What do you call a fish that has two knees?

A: A tunee fish.

Q: Where do teachers send fish who misbehave?

A: To the Offish

Q: What do fish need to stay healthy?

A: Vitamin Sea.

Q: What is the best way to get in touch with a fish?

A: Drop it a line

Q: What is the most valuable type of fish?

A: A goldfish

Q: Why did the fish go to Hollywood?

A: He wanted to be a starfish!



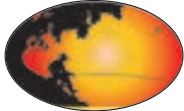
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14 BEST TROUT FISHING BAITS OF ALL TIME

David A. Brown
HEALTH FITNESS REVOLUTION

Anyone can cast a small spinner into an opening Day pool of freshly-stocked trout and catch a few fish. But if you want to catch trout more consistently -- and not to mention some trophy fish—then it's time you got serious with your bait selection.

1. Rebel Wee-Craw

Designed to imitate a crawfish scooting across the bottom, this 2-inch-long crankbait reaches 5-7 feet. Formed with a tucked-under tail by the bill and bulging claws facing the aft treble, the Wee Craw (and its Teeny version) give the appearance of a fleeing crustacean.

2. Berkley Gulp! Trout Worm

When the fish need a finesse presentation, Berkley's buoyant worm does the trick. Packed with the all-natural Gulp! scent attractant, the Trout Worm suspends off the bottom when fitted with a light wire hook. A good choice for float rigs, three-way rigs, or scaled-down dropshots.

3. Lindy Fuzz-E Grub

Trout like this grub's soft-plastic body with its slick, life-like appearance and tantalizing marabou tail enhances the display. This, along with a two-color painted eye on the jig head prompts aggressive strikes and entices the fish to eat the whole bait, then hold on longer for greater hook sets.

4. Smithwick Rattlin' Rogue

A good choice for larger trout, the Rogue offers lots of flash and erratic action, along with the ability to sit motionless—a common strike-triggering tactic. The bait's nearly neutral buoyancy enables it to hold its position when paused and then dart away with the next twitch. Equipped with internal noisemakers, this Rogue is a good choice for cold or clear water.

5. Rebel Tracdown Minnow

The sinking version of the original Rebel Minnow, the Tracdown enables you to reach trout holding lower in the water column. Made for moving water, the bait's straight tracking facilitates targeted presentations.

6. Strike King Bitsy Minnow

At 1 ¼ inches and 1/8 ounce, this little crank offers a bite-size morsel for feeding trout. Fished on light line, the enticing action and reflective eye makes this little crankbait appealing to fish, while ease of use makes it a good choice for kids and beginners.

7. Luhr-Jensen Hus Lure

With a narrow profile and compact design, the Hus Lure casts like a

bullet and cuts through surface current to reach big-fish depths. An erratic minnow-like action produces strikes with minimal angler-imparted action. Swift currents will “work” the Hus Lure for you, but in lighter flows, slight rod twitches snap the bait forward so it can flutter back into the current.

8. Rapala Count Down

A consistent sink rate of one foot per second allows for precise targeting of specific depths whether the fish are suspended, at the weed tops or holding on bottom structure. Trolled or cast, this weighted balsa lure swims with a slow-rolling Rapala action. Sized well for stream trout, the inch-long, 1/16-ounce CD01 runs 1-3 feet and sports a single No. 12 treble.

9. Blue Fox Vibrax

With a 60° shallow depth blade, this detailed spinner runs from the surface to two feet, so it's a good choice for shallow scenarios. The die cast and chrome plated body has a laser holographic painted finish and emits sonic vibration when the interior section strikes the outer bell. The treble hook is dressed with calf tail and tinsel for visual appeal and enhanced profile.

11. Mepps Comet Mino (Size #1)

The soft plastic minnow's erratic swimming motion and hand-painted finish imitate an injured baitfish, while the flash and vibration of a Mepps spinner call attention to the presentation.

12. Mepps Little Wolf (Size 1/4)

Genuine silver plating and a reverse curve design yields intense flashing from this sturdy little spoon. Balanced for consistent side-to-side wobbling over a range of retrieval speeds, the spoon maintains its action when paused for an active fall. Ideal for 2- to 4-pound line and ultralight spinning tackle, the Little Wolf casts easily so it's a great way to introduce kids and novices to the sport.

13. Mr. Twister Micro Crawfish

Sized and shaped to resemble a juvenile crawfish, the Mr. Twister Micro presents an irresistible meal for trout foraging over stream rocks. Rig this soft bait on a 1/64-ounce jighead and slowly scoot it over the bottom like a real crustacean.

14. Mr. Twister Twister Mite

Crafted to resemble a hellgrammite, this soft plastic bait performs well on a light Mister Twister jig head, a drop shot or a Carolina rig. Work the Twister Mite in an around structure to tempt hungry trout.



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- In April 1955, the lake was at its lowest at 6,005 acre feet
- December 1961 - 17,524 acre feet
- January 1962 - 17,650 acre feet
- March 1962 - 35,621 acre feet
- November 1966 - 82,788 acre feet
- January 1973 - 67,431 acre feet
- December 1976 - 67,701
- November 1977 - 35,008
- December 1990 - 46,063
- January 1991 - 45,871 acre feet
- February 1991 - 45,347 acre feet
- December 1992 - 82,263 acre feet
- March 2013 - 83,763
- March 2016, the lake held an average of 47,543 acre feet

Source: www.lakeisabella.net/storage

DERBY TROUT CATCH HISTORY 2006-2017

Year	Saturday	Sunday FISH CAUGHT BY DAY	Monday	Total	\$10K	30-Day Payout	Lake Level	Total Entries
2017	86	102	71	258	-	\$25,922	242,301	1825
2016	49	30	24	103	-	\$18,900	55,698	1,447
2015	61	7	25	93	\$10K	\$23,500	46,641	1,734
2014	13	13	4	30	-	\$2,750	59,949	2,596
2013	10	14	23	47	-	\$13,750	90,200	4,311
2012	38	74	43	155	\$10K x 3	\$10,000	170,958	6,294
2011	117	44	30	191	-	\$16,590	245,129	6,735
2010	93	98	64	255	\$10K x 6	\$75,510	169,226	6,547
2009	69	61	43	173	\$10K x 2	\$1,000	143,517	8,820
2008	31	40	45	116	-	\$6,510	152,042	5,082
2007	96	76	81	253	-	\$13,230	225,806	4,608
2006	173	81	57	311	\$10K x 2	\$25,140	287,980	3,906

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LONGEST TROUT CATCH HISTORY 2009-2017

Year	1 st MEASUREMENT IN INCHES	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
2017	30 3/8	27 1/4	25 7/8	25 1/8	24 3/8	na	na	na	na	na
2016	27 3/4	27 1/4	24 15/16	23 3/4	23 1/2	na	na	na	na	na
2015	23 1/2	21 7/8	21 1/4	20 5/8	20	19 3/4	19 3/8	19	19	19
2014	18 1/8	18	17 3/4	17 1/4	na	na	na	na	na	na
2013	18 5/8	18 1/2	18 1/2	18	na	na	na	na	na	na
2012	22 1/2	22 3/8	21 1/2	21 1/2	na	na	na	na	na	na
2011	20 7/8	20	20	na	na	na	na	na	na	na
2010	21 3/4	21 1/8	20 3/4	na	na	na	na	na	na	na
2009	23 1/2	na	na	na	na	na	na	na	na	na

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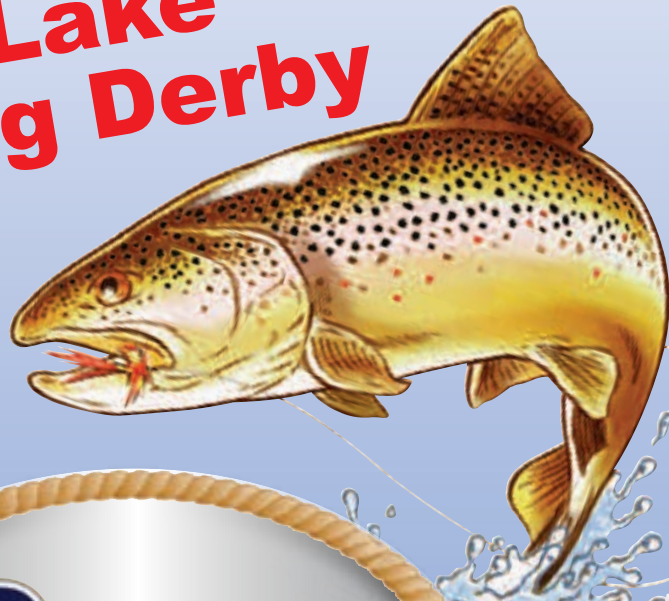
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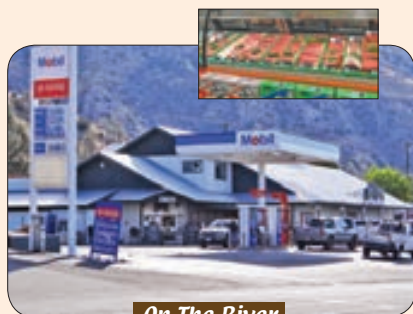


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