

MY Health & Mental Wellbeing!

make the commitment

Change WILL Happen

quickly



Do The Inner
Work **REQUIRED!**

Weight Loss Mantra
Goodbye Depression
Addiction Formula
Emotional Intelligence
Mental Wellness

LOVENOW

360

JULY, 2019

A Powerful Monthly Newsletter

10 *Top* **WEIGHT LOSS**

You **Tube** *Videos* w/millions
of views, What Can WE Learn?

BE
Consistent
Summer
Daily
Renewal
Webinar
Series

3 POWERFUL
AFFIRMATIONS
THAT WILL
INCREASE YOUR
PRODUCTIVITY!

Marvin Mack
LIFE COACH

The Center For Mind & Esteem Development
Thank you for Being YOU!

The Center For Mind & Esteem Development

LOVENOW

360

A Powerful Monthly Newsletter
August, 2019

10 *Top Building Self-Esteem*

YouTube Videos w/millions of views,
What Can WE Learn?



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Consistent
3 Things You
Can do to
Empower Your
Relationships

The Bigger Question !
The Bigger Picture!
Where Do We Go From Here?

Change From The
Inside Out
Marvin Mack
LIFE COACH

Thank you for Being YOU!

The Center For Mind & Esteem Development

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A Powerful Monthly Newsletter
September, 2019

10 Top Relationships Building

YouTube Videos w/millions of views,
What Can WE Learn?

The Bigger Question!

The Bigger Picture!

Were Do We Find
True HAPPINESS?



**MASTER YOUR
INNER VOICE
w/ Marvin Mack
LIFE COACH**

BE

Consistent

3 Things

You Can Do To

Let Go Of

UN-FORGIVENESS

1 Powerful Way to
Increase Your
Self-Worth & Value
With the Power of
Self-Love!

Thanks For Being YOU!

The Center For Mind & Esteem Development

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A Powerful Monthly Newsletter

October, 2019

10 Top TRAINING

YouTube Videos

Power

Intelligence

Courage

BELIEVE

LOVE

The Bigger Question!
The Bigger Picture!

What Area Of Your LifeForce
Requires More Training?

Master Your Energy
& Ability to Focus
w/ Marvin Mack
LIFE COACH

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Consistent

3 Things
You Can Do To
Prepare Yourself
TO WINN
AUTHENTICALLY

Thanks For
Being **YOU!**

Empower Your Health
Through WELLNESS
LoveNow360.net Let's Go!



AFFIRM

Re-Affirm Your Power To
the Life You Truly Desire
to Create For Yourself &
Your World. Mon.,
Wen., Fri. Webinar
LoveNow360.net

VISUALIZE

Daily Renewal is one of
the Greatest Ways
to Heal & Transform Your
Life In Present Time.
Make a Comment To
Yourself. **START TODAY.**

CREATE

LoveNow360
For Community
Empowerment
& Engagement:
lovenow360.net

The Center For Mind & Esteem Development, Marvin Mack, Founder Director



LN360 THE BREATHE NOW HOTE



Meeting Agenda
BE STILL & KNOW



Self-Empowerment

LoveNow360
Daily Renewal

12:00 p.m.

Mondays
Wednsdays

Fridays

www.lovenow360.net



Wellnes