

Routines and Schedules Are Important Because:

- They influence a child's emotional, cognitive, and social development.
- They help children feel secure.
- They help children understand expectations.
- They help reduce behavior problems.
- They can result in higher rates of child engagement.

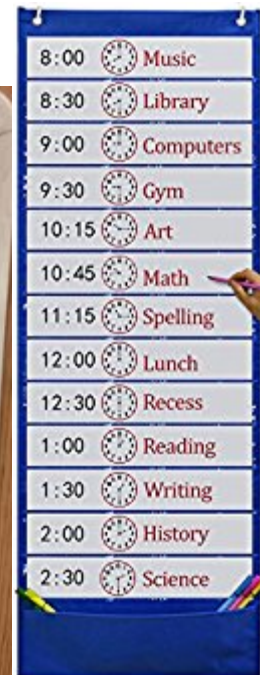


Center on the Social and Emotional
Foundations for Early Learning

<http://csefel.vanderbilt.edu/kits/wwbtk3.pdf>

Setting up your **Daily Learning Schedule** is simple! Write out what the day will look like. *Visually* and *verbally* present the information to the student at the start of the day. For those students who are struggling with transitions give alert them about switching to a new activity and remind them of the schedule you outlined at the start of the day.

Examples below show: how you design your daily schedule is up to what suits your needs and the needs of your student. You may like to use some pictures for younger students or incorporate time for older students. You may find that some students require more specifics to be less anxious. Can create your schedule in advance and incorporate it in your daily academic routine.



Some students will require their own schedules or a more interactive schedule. You can provide pictures and Velcro, or a small whiteboard where a student can check off tasks as they are completed.

