



## MARCH 2019: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
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<b>Daily Lunch Specials</b> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Assorted Deli Sandwiches (Not available on Monday)</li> <li>• Hummus Grab &amp; Go</li> <li>• Grab and Go Salads</li> </ul>			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<b>Classic Cheese Pizza</b> Sausage, Onion & Pepper Pizza Honey Butternut Squash <b>Crispy Chicken Wrap</b> <i>Salad Bar</i> Pizza Toppings
4	5	Ash Wednesday 6	New York Thursday 7	8
<b>Homemade Grilled Cheese</b> Onion Rings Garlicky Green Beans Baked! Tostitos® Scoops® Salsa Cup Personal Pizza Rounds <i>Salad Bar</i> Garden Greens	<b>New York Beef Hamburgers &amp; Cheeseburgers</b> Turkey Burgers Sweet Potato Waffle Fries Cobb Salad <i>Salad Bar</i> Burger Fixin's	<b>Fish &amp; Cheese Sandwich</b> <b>Chicken &amp; Waffles</b> Home Fries Creamed Spinach <i>Salad Bar</i> Traditional	<b>Baked Beef Ravioli</b> Roasted Zucchini Garlic Knot <b>Mozzarella Sticks</b> Marinara Sauce New York Apple Slices New York Cookie Treat <i>Salad Bar</i> Garden Greens	<b>Classic Cheese Pizza</b> BBQ Chicken Pizza Marinated Bean Salad <b>Tuna Fish Sandwich</b> <i>Salad Bar</i> Pizza Toppings
11	12	13	New York Thursday 14	15
<b>Baked Mozzarella Sticks</b> served with Marinara Sauce Brown Sugar Carrots Frito-Lay® SunChips® Personal Pizza Rounds <i>Salad Bar</i> Garden Greens	<b>BBQ Bacon Burgers</b> Turkey Burgers French Fries Asian Sesame Crispy Chicken Salad <i>Salad Bar</i> Burger Fixin's	<b>Chicken Parmigiana</b> Pasta Marinara Crispy Broccoli <b>Sausage, Onion &amp; Peppers Hero</b> <i>Salad Bar</i> Traditional	<b>Chicken Dumplings</b> Served with Vegetable Fried Rice Teriyaki Green Beans <b>Beef and Broccoli</b> New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> Local New York	<b>Classic Cheese Pizza</b> Bacon & Sausage Pizza Roasted Chickpeas with Spinach Cilantro Pesto <b>Fish &amp; Cheese Sandwich</b> <i>Salad Bar</i> Pizza Toppings
18	19	20	New York Thursday 21	22
<b>Penne Pasta Baked in Cheese Sauce</b> Broccoli with Garlic & Oil Toasted Garlic Bread Personal Pizza Rounds <i>Salad Bar</i> Garden Greens	<b>New York Beef Hamburgers &amp; Cheeseburgers</b> Turkey Burger with Salsa & Monterey Jack Cheese <b>New York French Fries</b> Chef Salad <i>Salad Bar</i> Burger Fixin's	<b>Popcorn Chicken</b> Mashed Potatoes with Gravy Corn, Peas & Carrots <b>Cheese Steak</b> on a <b>New York Hero</b> <i>Salad Bar</i> Traditional	<b>NEW GOLDEN KRUST® Jamaican Beef Patty</b> BBQ Beans <b>Mozzarella Sticks</b> Served with Marinara Sauce New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> Local New York	<b>Classic Cheese Pizza</b> Sausage, Onion & Pepper Pizza Sweet Potato Waffle Fries <b>Tuna Fish Sandwich</b> <i>Salad Bar</i> Pizza Toppings
25	26	27	New York Thursday 28	29
<b>Homemade Grilled Cheese</b> Onion Rings Garlicky Green Beans Baked! Tostitos® Scoops® Salsa Cup Personal Pizza Rounds <i>Salad Bar</i> Garden Greens	<b>100% Beef Hamburgers &amp; Cheeseburgers</b> Turkey Burgers Sweet Potato Waffle Fries Cobb Salad <i>Salad Bar</i> Burger Fixin's	<b>Chicken &amp; Waffles</b> Home Fries Creamed Spinach <b>Gyro</b> on a <b>Pita</b> with Tzatziki Sauce <i>Salad Bar</i> Traditional	<b>PROMOTIONAL MEAL</b> <b>Mashed Potato Bowl</b> Garlic Knot <b>Mozzarella Sticks</b> Marinara Sauce New York Apple Slices New York Cookie Treat <i>Salad Bar</i> Garden Greens	<b>Classic Cheese Pizza</b> BBQ Chicken Pizza Marinated Bean Salad <b>Fish &amp; Cheese Sandwich</b> <i>Salad Bar</i> Pizza Toppings

### OFFERED DAILY

**Milk**  
 1% Low-fat  
 Fat Free  
 Fat Free Chocolate

**Dipping Sauce Cups**  
 BBQ, Ranch,  
 Honey Mustard

#### Fresh Fruit

No Artificial flavors, colors,  
 or sweeteners in all  
 SchoolFood Products

**Dressings**  
 Chipotle Ranch  
 Balsamic Vinaigrette  
 Ranch  
 Asian Sesame  
 Honey Mustard  
 Caesar  
 French  
 Italian Vinaigrette

#### Flavor Station

Granulated Garlic  
 Red Pepper Flakes  
 Parmesan Cheese

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