

We believe in healthy food, plenty of laughter, and heaps of good service.

We believe that our “gather around the truck” mentality of bringing together people and food can change a neighborhood. We believe in organic, whole food that’s as locally-grown as possible. And we believe in real — no pretenses, nothing artificial — in food and in life. We believe in simple and clean, where it’s easiest to understand and appreciate. And when those things combine, we believe it’s a mighty thing. Be Real. Be Simple. Be Mighty.

WHAT’S IN YOUR FOOD?



CILANTRO

calories: 1 protein: 0g total fat: 0g sat fat: 0g sodium: 0mg



OLIVES

calories: 15 protein: 0g total fat: 1.5g sat fat: 0g sodium: 93mg



AVOCADO

calories: 80 protein: 1g total fat: 7.5g sat fat: 1g sodium: 4mg



SALSA

calories: 8 protein: 1g total fat: 0g sat fat: 0g sodium: 165mg



SOUR CREAM

calories: 45 protein: 1g total fat: 4g sat fat: 2.5g sodium: 34mg



CHEDDAR CHEESE

calories: 134 protein: 8.5g total fat: 11g sat fat: 7.5g sodium: 218mg



BLACK BEANS

calories: 114 protein: 8g total fat: 1.5g sat fat: 0g sodium: 203mg



HOUSE MADE SAUCE *(varies depending on the sauce)*

small bowl calories: 90-113 protein: 0.5-3g total fat: 7.5-9g sat fat: 0.5-1g sodium: 287-366mg
large bowl calories: 123-156 protein: 1-4.5g total fat: 10.5-12g sat fat: 1-2g sodium: 395-503mg



BROWN RICE

small bowl calories: 109 protein: 2g total fat: 1g sat fat: 0g sodium: 1mg
large bowl calories: 218 protein: 4.5g total fat: 1.5g sat fat: 0g sodium: 2mg



ROMAINE LETTUCE

salad calories: 16 protein: 2g total fat: 0g sat fat: 0g sodium: 8mg



FLOUR TORTILLA

wrap calories: 264 protein: 8g total fat: 4g sat fat: 0g sodium: 693mg



TORTILLA CHIPS

calories: 280 protein: 4g total fat: 14g sat fat: 1g sodium: 240mg



Neighborhood
Restaurant

Want to lighten up?

- 1) Go light on sauce & cheese and skip the sour cream!
- 2) Or...order without cheese or sour cream!

What is the Healthy Neighborhood Restaurant Program?

Clark County Public Health is working with local restaurants to make it easy to order healthful menu options when dining out. Menu items with the *Healthy Here Now* are rich in nutrients and lower in calories and fat.