



Race Results

RACE #3 – MAY 21, 2019

BirdsHillDuathlon.com / WinnipegTriathlon.com

Weather: 20°C, Clear, 19km/h E Wind Gusting to 25km/h, Participants: 138

Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Male 20-29 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Lucas Roy	36:34	6:45	22:54	29:39	6:56	50
2	Jordie Moryl	38:13	7:03	24:02	31:04	7:10	40
3	Shawn Wickens	45:03	8:29	27:56	36:24	8:39	31
4	Jason Schram	45:23	8:51	28:01	36:52	8:31	23

Male 30-39 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Tom Mitchell	37:51	6:59	23:22	30:21	7:31	50
2	Sasa Ivetic	39:14	7:55	23:32	31:26	7:48	40
3	Ryan Awang	39:44	7:34	24:32	32:06	7:39	31
4	Stuart Koslowsky	45:25	8:21	28:15	36:36	8:50	23
5	Craig Bennett	46:06	8:59	27:48	36:47	9:20	16
6	Adam Moore	46:40	8:53	28:14	37:07	9:34	
7	Stephen Hill	47:10	8:28	29:20	37:47	9:23	
8	Tyler Markowsky	48:16	9:13	28:21	37:33	10:43	
9	Adam Haddad	48:27	9:04	29:27	38:31	9:56	
10	Oleksiy Vasylyuk	49:32	10:19	27:38	37:56	11:36	
11	Bryan Madsen	49:49	9:56	29:24	39:19	10:31	

Male 40-49 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Andrew Stuart-Edwards	40:50	7:34	25:00	32:33	8:18	50
2	Jarred Dolyniuk	40:56	7:07	26:06	33:13	7:43	40
3	Grant Quinn	41:13	8:06	24:57	33:03	8:11	31
4	John Gollub	42:27	7:00	27:17	34:17	8:11	23
5	Erid Mendoza	44:34	9:02	26:27	35:29	9:06	16
6	Neil Spears	48:44	10:42	28:13	38:55	9:50	
7	Craig White	53:07	10:24	31:21	41:45	11:22	

Male 50-59 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	John Murray	40:08	7:51	23:22	31:12	8:56	50
2	Kevin Wolk	41:24	7:32	25:59	33:30	7:55	40
3	Cameron Steel	45:44	8:37	28:25	37:02	8:43	31
4	Rene Desaulniers	46:27	9:07	28:07	37:13	9:14	23
5	Darren Reimer	48:38	9:59	28:09	38:07	10:31	16
6	Ken Chartrand	50:23	10:54	28:30	39:24	10:59	
7	Robert Smith	DNF	11:10				

Male 60-69 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Neil Ferguson	38:23	7:31	23:09	30:39	7:44	50
2	Al Stewart	42:19	8:22	25:00	33:21	8:58	40
3	Henri Dupont	1:16:48	15:16	46:48	1:02:03	14:45	23

Female 16-19 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Payton Ryz	40:09	7:41	24:46	32:27	7:43	50
2	Megan Vanheyst	41:34	7:59	25:28	33:26	8:08	40
3	Annika Niblock	42:20	8:45	25:54	34:39	7:41	31
4	Naomi Brown	47:12	8:44	29:17	38:00	9:12	23
5	Tess Derksen	49:25	8:24	31:43	40:07	9:19	16

Female 20-29 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Nicole Balzer	38:52	7:31	23:41	31:11	7:42	50
2	Alexandra Johnston	59:26	11:14	36:12	47:25	12:01	40

Female 30-39 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Sandra Stephen	44:53	8:04	28:31	36:34	8:19	50
2	Jenny Hall	46:22	9:33	26:49	36:22	10:00	40
3	Christine Beaumont	54:38	9:53	35:00	44:53	9:45	31
4	Kathryn Brooks	55:39	10:17	34:36	44:53	10:47	23
5	Jacqueline Anand	56:58	10:49	34:31	45:19	11:39	16
6	Stephanie Collins	1:00:19	13:03	34:13	47:16	13:04	
7	Roxanne Fiore	1:09:58	13:08	44:15	57:23	12:36	

Female 40-49 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Ayn Wilcox	44:15	9:04	26:16	35:20	8:55	50
2	Kristen Finney	47:51	9:54	28:01	37:55	9:56	40
3	Lisa Witt	49:02	10:16	28:40	38:56	10:07	31
4	Anne Barkman	50:30	9:45	31:11	40:56	9:35	23
5	Jennifer Reesink	52:32	11:11	29:35	40:45	11:48	16
6	Julie Simpson	52:57	10:11	30:36	40:47	12:10	
7	Charlene Hiebert	53:01	10:58	31:53	42:50	10:11	
8	Denise Langendorfer	56:11	9:50	35:31	45:21	10:51	
9	Allison Reimer	59:30	11:43	35:45	47:28	12:02	
10	Karmel Chartrand	1:03:22	11:44	39:47	51:31	11:52	

Female 50-59 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Cherrie Fournier	43:16	8:10	26:38	34:47	8:29	50
2	Heather Ayres	48:25	9:05	30:36	39:41	8:45	40
3	Stephanie Roberecki	49:18	10:04	29:31	39:35	9:44	31
4	Carole Murphy	50:16	9:23	31:35	40:58	9:19	23
5	Karen Kowalchuk	53:18	10:22	32:14	42:35	10:43	16
6	Janet Bangle	57:15	9:52	37:40	47:31	9:44	

Female 60-69 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Jo-Anne Yuskin	1:11:41	15:28	40:04	55:32	16:10	50
2	Janice Schrag	1:17:18	15:47	45:39	1:01:26	15:53	40

Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

Male 20-29 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Quinn Desrochers	1:05:33	12:25	39:55	52:19	13:14	50
2	Brenden Alm	1:14:10	15:41	42:31	58:11	15:59	40
3	Marin Kecman	1:16:09	15:44	44:01	59:44	16:25	31
4	Kyle Suebzon	1:19:06	17:04	43:36	1:00:40	18:27	23
5	Zane McCuen	1:25:38	17:56	49:42	1:07:37	18:02	16

Male 30-39 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Les Friesen	1:02:22	12:29	37:10	49:38	12:44	50
2	Russ Payne	1:12:26	14:49	42:29	57:18	15:09	40
3	Kevin Petkau	1:12:49	15:09	41:58	57:07	15:43	31
4	Matt Harzing	1:24:25	16:03	51:43	1:07:46	16:40	23
5	Phillip Pawluk	1:24:33	16:53	49:48	1:06:41	17:53	16
6	Duane Goertzen	1:36:09	18:39	57:06	1:15:45	20:25	

Male 40-49 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Jared Spier	1:07:53	15:27	36:38	52:04	15:50	50
2	Derek Eidse	1:08:43	13:57	39:46	53:43	15:00	40
3	Charles Kostyk	1:10:40	14:04	42:00	56:03	14:37	31
4	Cameron Funk	1:15:37	16:07	43:20	59:26	16:11	23
5	Craig Erb	1:16:29	16:09	44:17	1:00:26	16:04	16
6	Romel Marquez	1:19:29	16:52	44:25	1:01:17	18:13	
7	Duane Poettcker	1:19:54	17:03	45:21	1:02:24	17:31	
8	Ryan McBride	1:29:46	19:17	49:38	1:08:55	20:52	

Male 50-59 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Marc Fournier	1:09:08	14:24	39:30	53:54	15:15	50
2	Craig Finlay	1:13:53	15:01	41:06	56:06	17:47	40
3	Doug Hahn	1:17:18	16:45	42:40	59:25	17:54	31
4	Carl Rohringer	1:19:21	17:41	43:36	1:01:16	18:05	23
5	Edwin Suebzon	1:20:32	17:37	43:34	1:01:10	19:23	16
6	Kevin Read	1:21:45	17:25	45:44	1:03:09	18:37	
7	Dean Morisseau	1:23:24	17:17	47:37	1:04:53	18:31	
8	Pascal Gariepy	1:27:30	17:01	50:58	1:07:58	19:33	

Female 30-39 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Bernadine Kostyk	1:18:59	16:57	44:27	1:01:24	17:35	50
2	Heather McDonell	1:19:35	16:31	46:31	1:03:02	16:34	40
3	Melanie Youngs	1:28:55	18:16	51:55	1:10:11	18:44	31

Female 40-49 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Cynthia Menzies	1:30:20	18:59	52:14	1:11:12	19:08	50

Female 50-59 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Nancy Goodall	1:21:35	16:13	49:12	1:05:25	16:10	50

KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Male 6-9 Category Results

Place	Name	Time	Points
1	Jack Kreviazuk	8:55	50
2	Broden Kozakowski	9:23	40
3	Callum Smith	10:28	31
4	Nathan Boissonneault	10:30	23
5	Ty Pearce	10:41	16
6	Kayden Funk	10:43	
7	Isaiah Penner	10:52	
8	Jayme Dueck	12:29	
9	Logan Boyd Miller	13:07	

Male 10-11 Category Results

Place	Name	Time	Points
1	Ryan Beilner	8:08	50
2	Eden Schellenberg	8:22	40
3	Adam Boissonneault	8:23	31
4	Darius Schriemer	9:31	23
5	Westyn Debreuil	9:41	16
6	Everett Hordijk	9:48	
7	Alex Funk	9:50	
8	Espen Sund	10:01	
9	Jaxon Tarr	12:07	
10	Xade Paquin	13:22	

Female 6-9 Category Results

Place	Name	Time	Points
1	Senia Mendoza	8:12	50
2	Veronica Schriemer	10:53	40
3	Elsa Tarr	12:25	31
4	Calista Hiebert	12:44	23
5	Alyana Beaumont	12:54	16
6	Madelyn Lipon	14:32	

Female 10-11 Category Results

Place	Name	Time	Points
1	Emily Gradt	10:35	50
2	Mackenzie Jonker	11:42	40
3	Yacine Mendoza	12:19	31

KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Male 12-13 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Adam Smith	36:33	1:31	25:41	27:11	9:22	50

Male 14-15 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Blake Harris	30:08	1:30	22:11	23:40	6:28	50
2	Benjamin Szwajcer	31:28	1:26	23:17	24:43	6:46	40
3	Cole Buxton	33:42	1:31	25:20	26:50	6:52	31
4	Damian Schriemer	43:10	1:44	31:42	33:26	9:44	23

Female 12-13 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Kylie Cocks-Loder	37:48	1:56	25:54	27:50	9:58	50
2	Genevieve Gratton	41:54	2:05	30:05	32:09	9:45	40
3	Amelia Fournier	49:28	2:12	35:23	37:35	11:53	31
4	Kahnay Johnson	1:04:12	2:23	46:54	49:16	14:56	23

Female 14-15 Category Results

Place	Name	Time	Run1	Bike	Run+bike	Run2	Points
1	Natalie Fournier	35:57	1:38	26:07	27:45	8:13	50
2	Maggie Malkoske	36:22	1:57	25:56	27:52	8:30	40
3	Madison Firlotte	39:58	1:57	28:30	30:26	9:32	31
4	Kendra Harris	48:08	2:19	32:05	34:24	13:44	23
5	Jorja Harakal	56:35	2:35	38:41	41:15	15:20	16

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at du.in.the.park@gmail.com
- Please see **BirdsHillDuathlon.com** for information about the series and series' points totals

Thanks to:

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, City Park Runners, Intrinsic Massage, Tractus Projects, Alan Reiss Re/Max, Vic's Market, Jem Insurance
- **Officials:** Deb Hnatiw (Head Referee), Tara Gill, Bonnie McKissock, Dina Drabek, David Markham
- Triathlon Manitoba
- Canadian Motorcycle Cruisers
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- **Official Race Truck:** Murray Chevrolet

