



B
B

Today:

3 Thankful Things:

- 1.
- 2.
- 3.

3 Happy Things:

- 1.
- 2.
- 3.

What I loved about today:

What I hated about today:

Motivation Motto:

B
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"Life is a journey with bountiful bridges full of lessons for the heart & mind" - xo, B.