

revital



**Sweet Dreams FAQ**

## What is CBD Extract?

CBD extract is created with the phytocannabinoids extracted from hemp plant. Phytocannabinoids are chemical compounds that interact with body's endocannabinoid system. The endocannabinoid system is the body's central regulatory system that manages homeostasis (internal equilibrium) and affects your overall well-being.

There are over 100 unique phytocannabinoids found in hemp that your body already has natural receptors for. Research suggests that phytocannabinoids interact with your endocannabinoid receptors which may enhance a feeling of wellness.\*

## Is using CBD Extract the same as using Marijuana?

No, CBD Extract does not contain the level of THC in Marijuana. CBD is a phytocannabinoid that is non-psychoactive (it does not result in feelings of euphoria).

Our Phytocannabinoid-rich hemp extract is derived from the complete plant profile of the same cannabinoids present in the original hemp plant. This process results in an all-natural CBD hemp oil extract that allows the cannabinoids to work together in what is called the "entourage effect" to achieve a natural state of homeostasis in the body. This cannabinoid encourages management of the naturally-occurring cannabinoids in your body and can affect your overall well-being.\*

## What is the THC level in Revital U Sweet Dreams product?

Our Sweet Dreams CBD extract contains a THC level of less than 0.3%, which is in compliance with the 2018 farm Bill for hemp-derived CBD products that bring to you all the health benefits of CBD without any of the undesirable psychoactive effects.

## Is there a chance that I will fail a drug screen if I am using this product?

All hemp-derived products can contain trace amounts of THC. While it's unlikely that you'd fail a traditional drug screen from using our Sleep CBD as directed, the possibility cannot be ruled out.

If you're subject to a zero-tolerance drug policy at work or elsewhere, please know that some of the more sensitive drug tests can come back positive for THC. If you are unsure about where your company stands, we suggest consulting with your HR before you purchase.

## Can you take too much CBD?

Each individual is different. Most people try gradually increasing levels until they find the level that is 'right' for them. It is generally well tolerated.

\*These statements have not been evaluated by the FDA and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Is Sweet Dreams natural?

Sweet Dreams CBD is a full spectrum hemp extract with all naturally occurring cannabinoids, along with terpenes and fatty acids for maximum benefits. The product has a standardized amount of high purity CBD (THC levels at less than 0.3%.) derived from hemp grown in USA.

Our pure full spectrum CBD extract is combined with Melatonin that naturally tells your body to go to sleep. The CBD, Melatonin, 5-HTP and vitamin B<sub>6</sub> are then mixed with our proprietary blend of holistic herbs, which includes natural lavender, chamomile and passionflower, peppermint and spearmint essential oils— all traditionally used to promote relaxation and a sense of calm\*.

Our Sleep CBD has been screened to be free of potential contaminants including pesticides, molds, biological toxins, heavy metals, solvents or chemical residue.

### How do I use Sweet Dreams Sleep CBD?

Approximately 15-30 minutes before you want to go to sleep, fill the dropper with (1 mL) of the product and dispense under the tongue. Hold under your tongue for a few seconds and then swallow.

### Why can't I just swallow it?

While swallowing immediately will still be effective, holding the product under your tongue allows for maximum and rapid absorption into the bloodstream. When you swallow the oil immediately, the cannabinoids still reach the bloodstream, but it is absorbed far more slowly.

### Where is the hemp grown?

The from hemp in our Sweet Dreams Sleep CBD is grown in the U.S.

### Are there any side effects?

CBD is generally well tolerated and considered safe. If you take any Rx medications, consult with your doctor before using any CBD product.

