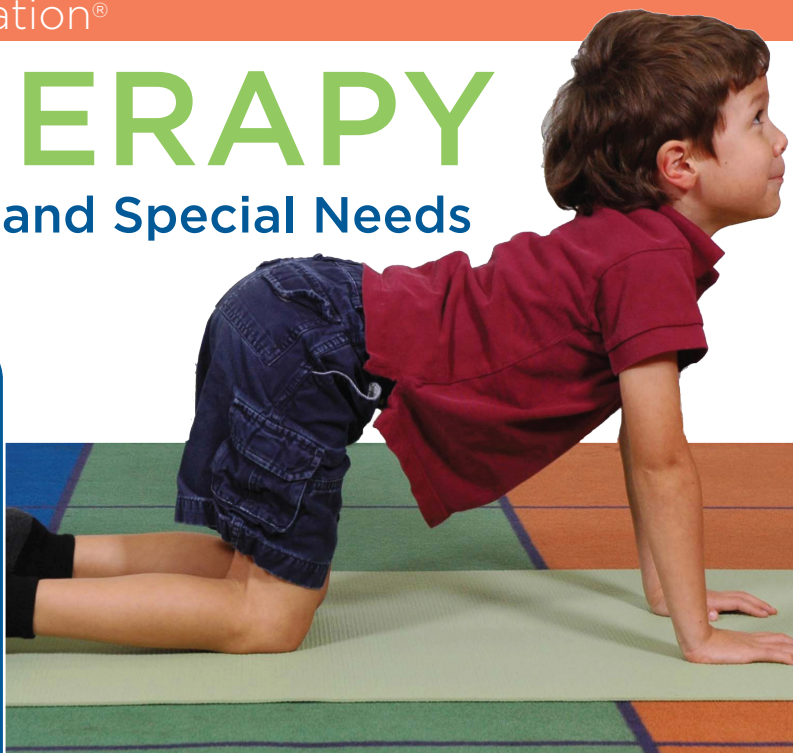


YOGA THERAPY

for Children with Autism and Special Needs

LEVEL 1



12-Hour Training Course

for yoga teachers, educators and therapists

12 CEU's for OT's, OTA's, RYT's and C-IAYT's

(RYT's earn CEU's or advanced training hours)

15 hour option available for Yoga Therapists

Saturday, June 8 | 1:15 – 6:15 pm

Sunday, June 9 | 9:00 – 5:00 pm

Yoga Center of Deerfield Beach

827 SE 9th Street
Deerfield Beach, FL 33441
www.YogaCenterDB.com

Course Includes:

- *Yoga Therapy for Children with Autism and Special Needs* - text
- *Yoga for Children* - video
- Level 1 Certification

Course Cost: \$295

Instructor: Louise Goldberg & faculty

Louise Goldberg

louise@yogaforspecialneeds.com

954-579-1604

- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence



A Creative Relaxation®
Certification Course

REGISTRATION FORM

or register online at www.yogaforspecialneeds.com

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Louise Goldberg, MA, ERYT500, C-IAYT, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (2013) and *Classroom Yoga Breaks* (2017) and is co-author of *S.T.O.P. and Relax, Your Yoga Special Needs Toolbox*©2006. She has been a consultant for the Broward schools for over 25 year and is the owner/director of the Yoga Center of Deerfield Beach. Louise leads teacher trainings internationally.



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