

Benefits of Working with a Coach or Consultant

by Angela Krass

Coaching is proven to work when two factors are present:

- The client is willing to grow
- There is a gap between where you are now and where you want to be.

Really this is all that is necessary for us to solve problems, create a new life, turn your business around, increase sales and profitability, and design and implement a plan of action. Or, whatever else is called for to ensure that you have what you need to get more of what you want.

WITH A COACH, YOU WILL:

Take more, better, and smarter action ~ Because you set the goals you really want.

Our first task together is to find out exactly what you want for yourself. Once you create objectives that are clearly in line with your values and professional vision, you are much more likely to naturally and consistently take actions to reach them.

- Have a balanced life ~ Because you designed it

Professional success is maximized when you enjoy a sense of personal fulfillment and life balance. We will discuss how to focus on your particular personal goals and how to carve out enough time so your life outside of work is exactly the way you want to be.

- Reach for more, much more ~ And not be consumed by the process

When you have a partner you trust, you will reach for much more because you can afford to. Are you ready to think big and really love your life fully? A coach is a partner who will enable you to take your life where you want it to go.

- Make better decisions for yourself and your business ~ Because your focus is clear

We will help you become focused as you share ideas with us. We will understand you and be subjective enough to want a lot for you, yet objective enough to not be biased or self-serving. Just talking about your options with someone who really listens is often not enough to clarify things.

- Have a lot more sustainable energy ~ No more chugging along alone

We will help you identify the things that drain your energy and create a long-term strategy to eliminate them. In addition, we will focus on things that give you energy and explore how to maximize their impact. When you're happy, productive, and free from tolerations and problems, life is a lot more fun!

We are...

Your partner in achieving your business goals

Your champion during a turnaround

Your trainer in communication and marketing skills

Your sounding board when making choices

Your motivation when strong actions are needed

Your unconditional support when you need it

Your mentor in business and artistic development

Your partner in helping you have all of what matters most to you.
