



February 25, 2016

Competitors, Coaches, Officials, and Parents,

As the AAU TKD Gulf District Chairman, I am pleased to announce the 2016 Gulf District AAU TKD National Qualifier. As in the many past years it will be held at Butler Sports Complex Field House, 13755 South Main Houston TX, 77035 on Saturday, May 7th, 2016.

The AAU TKD Nationals will be held July 4th-9th, 2016 in Ft. Lauderdale, Florida at the Broward County Convention Center. Competitors who place in the top 8 of their qualifying events qualify for the AAU TKD Nationals.

This year I am excited to offer many new exciting events to the championship. Please make sure that you read all of the pages enclosed in this information packet. **Notice the staging times listed on the information sheet of the packet. They are much different than past years.**

The main qualifying events are: Olympic Sparring, Point Sparring, Traditional Forms, and Special Needs. In addition to these, we are offering exciting, challenging, non-qualifying, energizing events for those who may want to test their skills with other specialties! It will also help prepare those students that may want to compete at the AAU JR Olympic Games being held here in Houston this summer July 28th-30th at the George R. Brown Convention Center. TKD is just one of 30 sports being offered within the AAU. The AAU is the original true JR Olympics.

The new non-qualifying events this year are: Team Point Sparring, Team Forms, Creative or Traditional Weapons Forms, Board Breaking, that will entail different challenging and exciting sub events for you to try individually or as a team. All of the criteria for each event is detailed inside the attached packet.

For those that are not up to date on the AAU JR Olympic Games, TKD does not have any sparring in the games. It has evolved into a Hanmadang with many different exciting and challenging events. The past two years have seen an exciting exceptional growth with this. Make sure to check out all the different events listed on the AAU TKD website.

Black belts ages 10-32 (team trial ages) will be using the KP&P E Hogu. You must supply your own footgear. It can be purchased at www.dynamicsworld.com or www.mykick.com.

As in past years, the registration is only online, being conducted by the AAU headquarters in Orlando, Florida. Please have your 2016 AAU membership number ready before you register.

When you are ready to register, go to www.aautaekwondo.org and click on the "Online Registration" in the quick links section on the left. Then click on Gulf Online Registration. This will get you to the proper information to register.

We as the Gulf AAU are committed to the growth of TKD in our community and feel that we can offer the best quality local TKD event around. Each ring will be centered by our top Referees with the highest level of experience from around the U.S. and Houston area. Our Olympic style coaches are the most educated and have produced some of the most notable athletes to participate on an international level. AAU TKD also has a team for our top black belts that get the opportunity to travel and compete internationally (this year in Germany). Our Officials take a 4-5 hour course each year for the most up to date rules. AAU TKD offers Point Sparring to those schools that may not do Olympic style sparring the opportunity to compete on a National level. We accept all WTF forms as well as ITF and Tang So Do forms. In the AAU we do not care what affiliation your school may be with. In the AAU, we are committed to the athlete no matter what background. Our rules are designed for all TKD practitioners.

On behalf of Gulf AAU TKD, I thank you for the support and look forward to seeing you on May 7, 2016!

Sincerely,

Master David McCloskey
Gulf AAU TKD Chairman

For any questions please email me at: dmccloskey1@sbcglobal.net, or call me at: 281-256-2345



2016 AAU TKD GULF DISTRICT NATIONAL QUALIFIER



Young Brothers TKD
10920 Fry Road, Suite 550
Cypress, TX 77433
281-256-2345



**TROPHIES
AWARDED TO
THE FIRST 4
PLACES!**
(for qualifying
events, medals for
non-qualifying
events)



****This is a QUALIFIER for
AAU Nationals and Junior
Olympics this Summer!**

Saturday, May 7th 2016

**Butler Sports Complex
13755 South Main
Houston, TX 77035**

Qualifying Events:

- ◆ Olympic or Point
- ◆ Forms
- ◆ Special Needs

Non-Qualifying Events:

- ◆ Board Breaking
- ◆ Weapons
- ◆ Multiple, Exciting Team Events!

Online Registration Only!

Registration/Payment link will be available on or about April 1st at
www.aautaekwondo.org (click on the "Online Registration" in the quick links section
on the left, then click on Gulf Online Registration.)

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event.

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at the event. Please allow 10 days for membership to be processed.

AAU memberships are available at www.ausports.org



2016 AAU TKD Gulf District National Qualifier

May 7, 2016

INFORMATION SHEET

COMPETITION DATE:

SATURDAY, May 7

TIME:

Doors open at 8:00am

ENTRY FEES:

1-2 Individual Events: \$89.00

Each additional event: \$15.00 each

ENTRY DEADLINE:

Online registration ONLY at www.aautaekwondo.org

(Entry registration must be received by May 2, 2016 at 11:59pm)

After May 2, 2016, a \$15.00 late fee will be added. Late registration ends at 11:59pm on Wed. May 4.

There will be no refunds issued for any reason whatsoever!

E HOGU:

Black belts ages 10-32 will be using the KP&P gear. You must supply your own KP&P foot gear, which can be purchased at www.dynamicsworld.com or www.mykick.com

BOARDS:

BOARDS PURCHASED DURING ONLINE REGISTRATION WILL BE AVAILABLE FOR PICKUP AT THE ENTRY TABLE

please see the Supplemental Board Breaking Information page for more info

COACHES PASS:

\$20 at the door (proper AAU coaching attire required and present 2016 AAU coach's certification)

SPECTATOR FEES:

\$10.00 Adults, \$5.00 Children, 3 years and under FREE

STAGING TIMES:

(Approximate times – must be in staging by this time)

8:00am – Doors Open

10:00am – All Forms Include:

Traditional Forms * Team Forms * Weapon Forms * Special Needs

8:30am – Officials Meeting

11:00am – All Board Breaking Include:

Team Speed Breaking * Creative Breaking * Power Foot Breaking*

*High Flying side kick

9:00am – Traditional Point Sparring,

Team Point Sparring, & Special Needs

Point Sparring (all ages)

12:00pm – Olympic Sparring (all ages)

AWARDS:

Trophies will be awarded to the top four (4) competitors in each division completed for qualifying events.

Medals will be awarded to the top four (4) competitors in each division completed for NON qualifying events.

A TEAM CUP will be awarded to the first place Point Sparring Team and Team Forms in addition to the individual gold medals. 1st place Black Belt Adult power board breaking and high flying side kick will receive a 5 foot trophy with a nameplate that says "AAU TKD Gulf District Foot Sword Champion".

UNIFORMS:

All contestants must wear a clean white dobok only. See AAU Taekwondo Rulebook for further description

MANDATORY:

Please visit www.aautaekwondo.org and download the competition handbook for complete competition rules and description of all mandatory gear requirements.

PAYMENT INFO:

Payment may ONLY be made online at www.aautaekwondo.org (click on the "Online Registration" in the quick links section on the left. Then click on Gulf Online Registration.)

MUST BE CURRENT AAU MEMBER WITH ID CARD TO PARTICIPATE, COACH OR REFEREE

AAU MEMBERSHIP: All athletes, coaches, and officials must be members of AAU and be able to present their AAU membership card on demand. AAU membership numbers will be needed in order to register online for the competition. Coaches and officials must have the non-athlete membership card.

BE PREPARED AND REGISTER YOUR COACHES EARLY! You can no longer register for non-athlete(coach) membership onsite at the event. For more information, visit www.aautaekwondo.org

EVENT DESCRIPTIONS:

The tournament Committee reserves the right to further divide or combine divisions depending on the number of competitors registered to compete in each event.

Point Sparring

- Rules according to the 2016 AAU Taekwondo Point Sparring Competition Rules
- Single elimination bracket
- National Qualifying Event

Team Point Sparring

- 4 Members: Black Belts ONLY, Junior team and/or Adult team, males with males and females with females
- 2 Rounds, 2 minutes each fight
- Single elimination bracket
- 1st round coin toss the blue team will display their first four fighters, red team places theirs against each one.
- Round 1, each of the selected fighters fight 2 minutes each
- (TAG TEAM) Round 2 the coach from each side can switch out the fighter one time during each 2-minute round
- 1st place team award is a Team Championship Cup in addition to a gold medal for the individuals
- This event does not qualify you for the AAU Nationals

Special Needs Point Sparring

- Rules according to the 2016 AAU Special Needs Taekwondo Point Sparring Competition Rules
- Single elimination bracket
- National Qualifying Event

Special Needs Forms

- Rules according to the 2016 AAU Special Needs Taekwondo Forms Competition Rules
- Single elimination bracket
- National Qualifying Event

Olympic Sparring

- Rules according to the 2016 AAU Taekwondo Olympic Sparring Competition Rules
- Black Belts divisions ages 10-32 will use the electronic HOGU KP&P
- Single elimination bracket
- Black Belts ages 10-32 have to supply their own KP&P foot gear, which can be purchased at or www.dynamicsworld.com or www.mykick.com
- National Qualifying Event

Individual Traditional Forms

- Recognized and approved forms are specified in the 2016 AAU Taekwondo Handbook
- Brazilian Repechage brackets
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power & Technique
- National Qualifying Event

Weapons Forms

- Both Traditional and Creative weapons forms will be permitted
- No live blades will be allowed
- Single elimination bracket
- Weapons are subject to inspection by the Chief Referee and may be prohibited if deemed unsafe
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & Creativity
- This event does not qualify you for the AAU Nationals

Team Forms

- 3 Members: Black Belts ONLY, Juniors or Adult team, males and females can be mixed together
- Recognized and approved forms are specified in the 2016 AAU Taekwondo Handbook
- Forms may not be modified
- Single elimination bracket
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & how well team performs as a unit
- 1st place team award is a Team Championship Cup in addition to a gold medal for the individuals
- This event does not qualify you for the AAU Nationals

Board Breaking* (see next page on Supplemental Board Breaking Information)

SPECIAL NOTES: For AAU Taekwondo Competitions: Novice Division consist of White, Orange and Yellow belts. Intermediate Divisions consist of Green, Purple and Blue. Advanced Divisions consist of both Red and Brown Belts. Black Belt Divisions are meant to include Junior Black as well. If your school or club uses any other belt ranking order or system, your athlete should conform to the above mentioned criteria. **Also Poom Belts (half red and half black) should be worn by JUNIOR Black Belts ages 15 and younger ONLY!**

SUPPLEMENTAL BOARD BREAKING INFORMATION

Competitors use the following board sizes for each board breaking event:

- 8 & under – 12 x 6 x ½ inch pine
- 9-11 year olds – 12 x 7 x 1 inch pine
- 12 & up – 12 x 9 x 1 inch pine
- No thinner/shaved boards may be used for breaking competition

BREAKING: Team Speed Board Breaking * Creative Breaking * Power Foot Breaking * High Flying Side Kick

Only the boards supplied by the tournament host will be allowed, which include: boards purchased online during registration, and extra boards purchased with CASH at the event.

Boards Required: _____pack of 5 (\$15.00) _____pack of 10 (\$30.00)_____pack of 15 (\$40.00)

*** BOARDS PURCHASED DURING ONLINE REGISTRATION WILL BE READY FOR PICK UP AT THE ENTRY TABLE ***

*** BOARD HOLDERS / VOLUNTEERS MUST BE PROVIDED BY STUDENT ***

Creative Board Breaking

- Single elimination bracketed forms
- Up to 3 stations per competitor with a maximum of 3 attempts per station
- NO: spacers, forehead breaking, open flames, bladed props, jumping/flying over people
- Athlete technique will be judged based on the following criteria:
 - * Technique, focus, balance, power and creativity
 - * A break performed on the 1st try is superior to a break completed on the 2nd try
 - * A 2 board break is superior to a 1 board break, a 3 board break is superior to a 2 board break
 - * A break supported on 1 end (speed break) is superior to a break supported on both ends

Power Foot Breaking

- Single elimination bracketed forms
- Certain age divisions could be broken into lightweight and heavyweight
- 1 station per competitor, a board holding machine that can hold up to 10 boards is available for adults
- Acceptable techniques include any kicking technique executed using a part of the foot below the ankle
- NO STOMP!
- No spacers will be allowed
- Maximum of 3 attempts allowed
- Judging criteria is based on the number of boards broken to determine the winner. The competitor who breaks the most (or in the event of a tie, has the highest percentage broken) is the winner.
 - *Tie Example: Competitor "A" broke at 100%, competitor "B" broke at 83%. Competitor "A" is the winner. If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner.
- Black Belt Adult 1st place will receive a 5 foot trophy with a nameplate that says "AAU TKD Gulf District Foot Sword Champion."

Team Speed Board Breaking

- Single elimination bracketed forms
- 6 person teams of any age, gender, rank
- 12 boards per team
- 1st round side kick, 2nd time through hammer fist
- 1 board per strike
- Have your wood stacked according to size for the ages rotating through your line
- Remember to allow for one extra volunteer to quickly hand the wood to the holder(s)
- Fastest team to break all 12 boards wins

High Flying Side Kick – ADULT BLACK BELTS ONLY AGE 15 and UP

- Single 1" board
- Each competitor will start with the same minimum board height. Every competitor that breaks within their maximum of 3 attempts will move on to the next round, in which the board height will be raised.
- This will continue for however many rounds until only one competitor is left standing.
- Black Belt Adult 1st place will receive a 5 foot trophy with a nameplate that says "AAU TKD Gulf District Foot Sword Champion."

BOARD BREAKING DOES NOT QUALIFY YOU FOR THE AAU NATIONALS.