

Prime of Life

WELLNESS EXPO 2017

Embracing Aging

TUESDAY, AUGUST 22ND

9AM - 2PM

Hickory Metro Convention Center

**LEISURE &
LEARNING
HEALTH &
WEALTH!**

**EXPLORE BUSINESSES
AND SERVICES THAT ARE
READY TO MAKE THESE
THE *BEST* YEARS OF
YOUR LIFE!**

- **Entertainment**
- **Door Prizes**
- **Food**
- **Health Screenings**

Platinum Sponsors:

CAROLINA REHAB
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Medical Facilities of North Carolina

CATAWBA VALLEY
MEDICAL CENTER
Building on Tradition, Caring for Your Future

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A Duke LifePoint Hospital

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Senior Living Solutions -
Falling Creek & Hickory Horshoist

CATAWBA
COUNTY

HICKORY FALLS
Health & Rehabilitation

Home Instead
SENIOR CARE
To us, it's personal.

Kindred
at Home
Formerly Genesis Home Health

LIFETRANSITIONS

sir
SENIOR
INFORMATION
RESOURCES

CATAWBA COUNTY
CHAMBER OF
COMMERCE