



Train/Play Safety Protocols

COVID-19 SELF SCREENING QUESTIONNAIRE

The safety of our players, coaches, members and referees is our overriding priority. As the coronavirus (COVID-19) pandemic continues, we continue to monitor guidance from the UK Government and local health authorities. In order to prevent the spread of the coronavirus and reduce the potential risk of exposure to club members we are asking everyone to review this self-screening questionnaire prior to attending training or any leagues/tournaments.

Please do not leave home until you have answered the below to the best of your ability and if your answer is yes to any of the below or if you feel unwell and have any symptoms of cold or flu, please stay at home, do not attend training or matches and follow these steps:

- Contact the coaches/club to let them know
- Seek prompt medical advice – contact the NHS on 111
- Try to limit contact with others until you have been assessed by a health professional
- Wash your hands regularly (for at least 20 seconds)

1) Do you have any of the following symptoms?

- Fever (100.4° F/37.8° C or greater)
- Cough
- Shortness of breath or difficulty breathing
- Sore throat
- New loss of taste or smell
- Chills
- Head or muscle aches

2) Have you been in close proximity to anyone who was experiencing any of the above symptoms or has experienced any of the above symptoms since your contact?

3) Have you been in close proximity to anyone who is being tested for or has tested positive for COVID-19?

4) Have you been tested for COVID-19 and are waiting to receive test results?