



## **LIST OF PROHIBITED SUBSTANCES AND PROHIBITED METHODS FOR DOGS**

### ***As of January 1, 2016***

#### **§ 1. SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES (IN- and OUT-OF COMPETITION) (Note 1)**

A. **Substances** (and their metabolites), belonging to the following groups, whose use and/or presence in a Dog's sample are prohibited at all times (Article 2 of the IFSS Anti-Doping Rules for Dogs Participating in Sled Dog Sports) :

- Anabolic steroids and anabolic agents
- Hormones and related substances and their releasing factors other than as noted in the controlled list.
- Hormone antagonists and modulators and related substances other than as noted in controlled list
- Beta-antagonists
- Diuretics and other masking agents
- Substances having the same effects as those listed herein

B. **Methods** prohibited at all times:

- Enhancement of oxygen transfer ("blood doping")
- Chemical or physical manipulation destined to alter the integrity of Samples, including but not limited to catheterization, urine substitution or alteration
- Intravenous infusions are prohibited except during surgical procedures, medical emergencies or clinical investigations
- Gene doping
- Force feeding, use of a stomach tube, drenching or use of a baster (bulb syringe) to force food or fluids

#### **§ 2. SUBSTANCES AND METHODS PROHIBITED IN COMPETITION (IC)**

A. **Substances** (and their metabolites), belonging to the following groups, whose use and/or presence in a Dog's sample are prohibited in competition. (Article 2 of the IFSS Anti-Doping Rules for Dogs Participating in Sled Dog Sports):

- Alcohol
- Anaesthetics
- Analgesics (*prescriptive and non-prescriptive*)
- Antibiotics other than as noted on Controlled List
- Anticholinergics
- Antihistamines
- Anti-inflammatory drugs including but not limited to:
  - *Corticosteroids (including but not limited to glucocorticoids) other than topicals as noted on Controlled List*
  - *Antiprostaglandins*
  - *Non Steroidal Anti-Inflammatory Drugs – NSAID - (including but not limited to ASA and other salicylates)*
  - *DMSO*
- Immunosuppressives or immunomodulators including but not limited to cyclosporine, oclacitinib, and similar medications.
- Bronchodilators
- Cough suppressants
- GI (gastrointestinal) motility modifiers including loperamide, any medication containing salicylates, diphenoxylate or atropine
- H<sub>2</sub>-receptor antagonists and proton pump inhibitors other than as noted on Controlled List
- Muscle relaxants
- Sedatives and narcotics (*including anti-epileptic phenobarbital and potassium bromide*)
- Stimulants (*specified and non-specified, including caffeine and theobromine*)
- Substances having the same effect as those listed herein

**B. Methods prohibited in competition (Note 2):**

- Injections of any substance, including vitamins, antibiotics, and rehydration fluids
- Acupuncture – including any form of stimulation of acupuncture points
- Laser therapy
- Infrared light therapy
- Therapeutic ultrasound
- Transcutaneous electrical nerve stimulation (TENS)
- Electromagnetic devices
- Chiropractic or other spinal manipulation treatments

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**Important:**

**IFSS Anti-Doping Rules for Dogs participating in Sled Dog Sports, Article 2:**

**2.1.1** It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her *Dog's* body. *Athletes* are responsible for any *Prohibited Substance* or its *Metabolites* or *Markers* found to be present in their *Dog's Samples*. Accordingly, it is not necessary that intent, *Fault*, negligence or knowing *Use* on the *Athlete's* part be demonstrated in order to establish an anti-doping rule violation under Article 2.1.

**IFSS Anti-Doping Rules for Dogs participating in Sled Dog Sports, Article 4.3.3:**

“.../...A major principle in the *Sled Dog Sports* has always been that no *Dog* must be made to perform beyond the limit of its natural capacity by any artificial means whatsoever.”

While it is normal, when necessary, to provide veterinary treatment of a dog *out of competition*, as allowed in note (1) below, it is the *Athlete's* responsibility to ensure that all substances in any treatment (according to both § 1 and 2 above, *IN- and OUT-OF-COMPETITION*) have had sufficient time to be eliminated from the dog's body before returning the dog to competition.

*Athletes* should be aware that even products stated as being "natural" and not considered as medicine, can have the same effect as a *Prohibited Substance* and may lead to an *Adverse Analytical Finding*. An example of this would be certain "natural" or homeopathic remedies sold with a stated anti-inflammatory or painkilling effect.

*Athletes* should keep records of treatments given to their *dogs* over at least a 6-month period, preferably 12 months, in order to be able to provide this information (veterinary certificates, Medication Administration Forms, etc) if requested during *Doping Control*.

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Note 1 "**At all times**" does not override the ordinary principles of the care and well-being of the *Dog* and thus does not exclude treatment of a *Dog* with whatever *Substance* or *Method* is determined to be necessary by the *Dog's* veterinarian to allow the *Dog* to recover from a diagnosed medical condition. However, if the treatment includes a *Substance* or *Method* which is prohibited both *In and Out of Competition*, the following considerations and procedures will apply:

a) For *Athletes* and their *Dogs* on the RTP list:

Any *Dog* which for medical reasons requires treatment with a *Substance* or *Method* that is listed in § 1 above must be declared to the IFSS Antidoping Committee (*Dog's* Name and ID Number). The *Dog* will then be recorded as Temporarily Ineligible to Compete. When the *Dog* has completed the treatment and has fully recovered, the *Athlete* must provide the IFSS Antidoping Committee with a veterinary certificate detailing:

- the *Dog's* name and identity number (microchip or tattoo)
- the reason for treatment
- the *Substances* or *Methods* administered
- the dose and length of treatment
- the length of time needed for definite healing and rest after treatment
- an estimation of the clearance time necessary for the *Substance* to be completely eliminated from the *Dog's* body.

The IFSS Antidoping Committee will then decide upon the date of the *Dog's* reinstatement as being eligible for competition again.

b) For all other *Athletes*:

If for medical reasons a *Dog* requires treatment with a *Substance* or *Method* that is listed in § 1 above, the *Athlete* must be able to provide upon request (in particular during a *Doping Control*) a veterinary certificate detailing:

- the *Dog's* identity number (microchip or tattoo)
- the reason for treatment
- the *Substances* or *Methods* administered
- the length of treatment
- an estimation of the clearance time necessary for the *Substance* to be completely eliminated from the *Dog's* body.

The *Dog* must be withdrawn from the *Athlete's* team for the duration of treatment and clearance time, to ensure complete elimination of the treatment and a reasonable healing/resting time before returning to competition.

Note 2: "In competition" in that respect shall be understood as the period from the time the competitor arrives on the race site before the beginning of the competition until he/she leaves the race site after the competition is completed.