

Eckington Swimming Club



2018 Open Meet

Under ASA Laws

And

ASA Technical Rules of Swimming

Eckington Leisure Centre,
Sunday 13th May, 2018

Eckington Swimming Club



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Rules and Information

1. Eckington Open Meet 2018 will be held under ASA Laws and ASA Technical Rules of Swimming, and is Licensed at Level 3 (3EM180705)
2. The Meet will be held on Sunday 13th May 2018. The venue will be Eckington Leisure Centre, Gosber Street, Eckington, S21 4DA.
3. Ages are as on day of meet.
4. The Events are:
 - 50m Backstroke, Breaststroke and Butterfly (girls and boys) HDW.
 - 50m Freestyle (girls and boys). 9 and over. (HDW)
 - 100m Freestyle (girls and boys). 9 and over. (HDW)
 - 100m Backstroke, Breaststroke and Butterfly (girls and boys). 9 and Over. HDW.
 - 200m IM 9 and Over (girls and boys). HDW.

“Upper Limit Times” and “Qualifying Times” have been published, and entries outside these times will not be accepted.

5. The pool length is 25m, six lanes. The Pool will be equipped with electronic timing and anti-wave ropes.
6. Overhead starts may be used at the Promoter’s discretion.
7. All events will be Heat Declared Winner (HDW).

Awards will be made to the top 3 in the HDW events in the following age groups:

- 9 years (girls and boys)
 - 10 years (girls and boys)
 - 11 years (girls and boys)
 - 12 years (girls and boys)
 - 13 years (girls and boys)
 - 14 years (girls and boys)
 - 15years and over (girls and boys)
8. If the Meet is oversubscribed, entries will be accepted on a “first-come, first-served” basis.

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9. All paper entries must be made on the official form (photocopies acceptable) and must include the swimmer's ASA Registration Number together with the correct fees - cheques payable to *Eckington S.C.* Incomplete entry forms will not be accepted. Entries open 1st March 2018. No entries will be accepted after the closing date of 30th April 2018.

Late entries will not be accepted unless due to Promoter's error.

Club entries are preferred electronically, and a SportSystems file set can be obtained by e-mail from psdlp00@yahoo.co.uk . If this method is used, we only require the **entry print out** and cheque. **Please ask for confirmation of receipt of electronic entries, and how to pay by Bank Transfer**

10. Submitted times must be current PBs equal to or better than the published qualifying times. Times **need not** be on ASA Rankings. **Times will not be updated after an entry has been accepted.**

11. The Meet will consist of two sessions

- Session 1 - Warm Up 08:00, Start 09:00. Estimated Finish TBC
- Session 2 - Warm Up 13.00 (TBC), Start 14.00 (TBC). Estimated Finish TBC

12. If similar numbers of entries are not received for each session, the start time of later sessions may be subject to change and will be confirmed on publication of the draft programme.

13. Warm up will be one hour prior to start for all sessions split into 30 minutes for boys and girls. Girls first Session 1. Boys first Session 2.

14. The Entry Fee is £5.00 per event.

15. A Coaches Pass for the day will cost £10.00 per individual, or £15.00 including food (must be pre-booked). Please indicate the number and type of coaches passes required and include remittance with entry fees.

16. Spectator admission prices:

- Per session: Adult £5.00, Child & OAP £2.50
- All Day: Adult £8.00, Child & OAP £4.00

17. **Please Note:** There is limited spectator space which will accommodate strict numbers, once these numbers have been reached then admission will not be permitted. The area will be cleared between sessions by the Pool Operator, even if you have an All Day Pass

18. A draft programme with details of all accepted swimmers will be available on the Eckington web-site approximately two weeks prior to the event, to enable swimmers to check their entries and advise of any problems.

19. Swimmers will be called two events prior to their swim and should report to the Clerk of the Course immediately. Swimmers will be sent to the starting area by the stewards.

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20. Please help the running of the meet by advising of withdrawals where known. Withdrawals should be made by the start of the first warm-up for that session. The mechanism for withdrawal will be published with details of accepted entries. No refunds can be made after the closing date.
21. Results will be available on the web site, <http://www.foxsgalatimings.co.uk>
22. All participants must observe the safety precautions in operation at Eckington Leisure Centre and must wear suitable footwear and clothing when leaving the Poolside. Swimmers are NOT permitted on the balcony.
23. Clubs attending will need to supply the DBS reference number and issue date of any Coaches and team managers attending who are planning to work on pool side (See attached sheet).
24. Any conditions not covered by this information will be at the discretion of the Promoters, **Eckington Swimming Club**.

ENTRIES

Club entries are preferred electronically via SportSystems

Please e-mail: psdlp00@yahoo.co.uk for a SportSystems file set.

Entries submitted in this way should be accompanied **with an entry print out**, and preferably a BACs transfer or cheque made payable to Eckington Swimming Club.

Eckington Swim Club
Sort Code: 30-97-51
Account No: 00675703

OFFICIALS AND VOLUNTEERS

As with all open meets we are always grateful of the support provided to us by Officials and Volunteers from other clubs and organisations. It is this generosity that enables the sport to continue to stage such events.

If you are able to assist in this meet, in any way, we would very much like to hear from you.
Any contribution would be most valued.

In the first instance please contact psdlp00@yahoo.co.uk

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Session 1 Warm Up 08.00 Session Start 09.00

Event Number	Event
1	Girls 200m Individual Medley
2	Boys 100m Backstroke
3	Girls 50m Breaststroke
4	Boys 50m Butterfly
5	Girls 100m Freestyle
6	Boys 100m Breaststroke
7	Girls 100m Butterfly
8	Boys 50m Back
9	Girls 50m Freestyle

Session 2 Warm Up (TBC) - Session Start (TBC)

Event Number	Event
10	Boys 200m Individual Medley
11	Girls 100m Backstroke
12	Boys 50m Breaststroke
13	Girls 50m Butterfly
14	Boys 100m Freestyle
15	Girls 100m Breaststroke
16	Boys 100m Butterfly
17	Girls 50m Backstroke
18	Boys 50m Freestyle

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Any contribution would be most valued.

In the first instance please contact psdlp00@yahoo.co.uk or complete the form below and submit this along with your entries. As usual we will be providing food and refreshments for our volunteers.

Name	Contact Details	Highest Licensed Qualification (or other Role)	Session Availability		
			1	2	Both

Eckington Swimming Club



	Qualifying Times		2018			
Male	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14/ O yrs
50m free	1m 00.0	50.0s	48.0s	45.0s	40.0s	35.0s
50m fly	1m 15.0					
50m back	1m 05.0					
50m breast	1m 10.0					
100m free		1m 50.0	1m 45.0	1m 35.0	1m 30.0	1m 20.0
100m fly		2m 20.0	2m 10.0	2m 05.0	2m 00.0	1m 30.0
100m back		2m 25.0	2m 15.0	2m 10.0	2m 05.0	1m 35.0
100m breast		2m 30.0	2m 20.0	2m 15.0	2m 10.0	1m 40.0
200m IM	4m 15.0	4m 00.0	3m 35.0	3m 25.0	3m 10.0	2m 55.0
Female	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14/ O yrs
50m free	1m 00.0	50.0s	46.5s	45.0s	42.0s	40.0s
50m fly	1m 15.0					
50m back	1m 05.0					
50m breast	1m 10.0					
100m free		1m 55.0	1m 50.0	1m 40.0	1m 35.0	1m 25.0
100m fly		2m 25.0	2m 15.0	2m 10.0	2m 05.0	1m 35.0
100m back		2m 30.0	2m 20.0	2m 15.0	2m 10.0	1m 40.0
100m breast		2m 40.0	2m 30.0	2m 25.0	2m 20.0	1m 50.0
200m IM	4m 15.0	4m 00.0	3m 35.0	3m 25.0	3m 10.0	3m 00.0

Eckington Swimming Club:

	Upper Limit Times		2018			
Male	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs & over
50m free	32.5s	32.5s	29.0s	27.9s	26.6s	25.6s
50m fly	36.4s	35s	34.6s	33.7s	32.5s	28.5s
50m back	37.8s	40s	38.5s	37.6s	34.1s	31.8s
50m breast	42.4s	42.5s	40.1s	38.4s	36.1s	31.8s
100m free	1m 15.0	1m 09.5	1m 09.5	1m 05.0	1m 01.5	54.5s
100m fly	1m 30.6	1m 23.0	1m 23.0	1m 13.0	1m 09.0	1m 01.0
100m back	1m 24.6	1m 20.0	1m 20.0	1m 14.0	1m 10.0	1m 02.0
100m breast	1m 35.0	1m 31.0	1m 31.0	1m 24.0	1m 18.0	1m 10.0
200m IM	3m 00.0	2m 50.0	2m 45.0	2m 30.0	2m 20.0	2m 17.0
Female	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs & over
50m free	33.0s	32.0s	31.0s	30.0s	29.0s	28.0s
50m fly	36.3s	35.0s	34.0s	33.0s	32.0s	30.0s
50m back	37.1s	40.0s	38.0s	37.0s	34.0s	31.0s
50m breast	42.3s	42.0s	40.0s	38.0s	36.0s	31.0s
100m free	1m 14.0	1m 10.5	1m 10.5	1m 06.0	1m 04.0	1m 01.0
100m fly	1m 24.6	1m 19.0	1m 19.0	1m 14.0	1m 11.0	1m 08.0
100m back	1m 24.1	1m 22.0	1m 22.0	1m 14.0	1m 11.0	1m 08.0
100m breast	1m 35.3	1m 30.0	1m 30.0	1m 25.0	1m 21.0	1m 18.0
200m IM	3m 00.0	2m 50.0	2m 45.0	2m 32.0	2m 23.0	2m 20.0

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