



DISCLAIMER: These estimates are based on the best information available from public sources, the company's own research, and consultations with food experts. The device, in its current form, cannot "sense" freshness and so these estimates should be treated as what they are, recommendations (which include assumptions regarding safe food handling and initial peak freshness) and are not meant to replace the users' best judgement and common sense as they should be applied before consuming food stored in any method.

silo

Food Table

Pantry
with
vacuum

Pantry
without
vacuum


Fridge
with
vacuum

Fridge
without
vacuum

Grains

Bagels	7-10	2-3		
Cooked Beans			3-5	2-3
Dry Beans	365	365		
Biscuits			7-10	1-2
Bread	7-10	2-3		
Cereal	30-90	30-60		
Coffee Beans	365	30-90		
Ground Coffee	365	30-60		
Cornbread			3-7	1-2
Crackers	30-90	30-60		
Croissants	10	1-2		
Flour	180	152-180		
French Toast			10	1-2
Granola	30-90	30		
Grits			2-3	1-2
Muffins	7-10	1-2		
Cooked Oatmeal			2-3	1-2
Uncooked Oatmeal	180-365	180		
Pancakes			5	2-5
Cooked Pasta			10	5
Dry Pasta	365	180		
Popcorn	7-14	5-8		
Potato Chips	20-30	5-7		
Cooked Quinoa			10	5-7

*Units set in days

silo Food Table	Pantry with vacuum	Pantry without vacuum	Fridge with vacuum	Fridge without vacuum
Uncooked Quinoa	365	180		
Cooked Rice			10	4-6
Uncooked rice	365	180		
Rolls/Buns	10	5-7		
Tortillas	90	21-28		
Waffles			5	1-2
Fruits 				
Apples			8-20	14-18
Apricots			8-20	5-8
Blackberries			7-14	1-6
Blueberries			7-14	1-6
Cantaloupe			8-20	3-4
Cherries			7	3-5
Dried Fruit	60-90	30-60		
Grapefruit			8-20	3-4
Grapes			14	4-6
Oranges			8-20	1-2
Papaya			8-20	2-3
Peaches			8-20	3-5
Pears			8-20	5-7
Pineapple			8-20	3-4
Plums			8-20	5-8
Raspberries			3	2-3
Strawberries			7	1-3
Watermelon			8-20	3-5
6				

*Units set in days

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Food Table

Pantry
with
vacuum

Pantry
without
vacuum

Fridge
with
vacuum

Fridge
without
vacuum

Vegetables




Artichoke			4-7	3-5
Asparagus			4-7	3-5
Beets			7-14	3-5
Bell Peppers			4-10	7-8
Brussel Sprouts (cooked)			4-7	3-4
Broccoli (cooked)			4-7	3-5
Carrots (cooked)			4-7	7
Carrots (fresh)			7-14	3-7
Celery			7-14	3-7
Cauliflower (cooked)			4-7	3-5
Collared Greens (cooked)			4-7	3-4
Corn			4-7	3-5
Edamame			5-8	2
Green Beans			4-7	3-5
Jalapeño			10	5-8
Kale (cooked)			4-7	3-4
Lemons/Limes			8-20	14-18
Okra			4-7	2-3
Peas			4-7	3-5
Potatoes (cooked)			10-14	3-5
Pumpkin			4-7	2-3
Snap Peas			4-10	5-7
Spinach			6-8	3-5
Yams			4-7	3-5

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Food Table

	Pantry with vacuum	Pantry without vacuum	Fridge with vacuum	Fridge without vacuum
Squash			4-7	2-3
Tomatoes/Peppers			4-10	5-7
Zucchini			4-7	5-7
Protein 				
Bacon			8-10	7-10
Beef (cooked)			8-10	3-4
Beef (fresh)			6	1-2
Chicken (fresh)			6-8	1-2
Fried Chicken			8-10	3-4
Chicken (cooked)			8-10	3-4
Chili			3-4	2-3
Chorizo			8-10	5-7
Crab (cooked)			4-5	3-5
Crabcakes			10	3-4
Deli Meat			6-8	5-6
Fish (fresh)			4-5	1-3
Ham			6-8	3-4
Hamburger			8-10	5-6
Hot Dog			6-8	3-4
Jerky			365	60-90
Lobster			10	2-3
Meatballs			8-10	3-4
Meatloaf			10	3-4
Nuts			120-180	90
Pancetta			8-10	5-7

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Food Table

	Pantry with vacuum	Pantry without vacuum	Fridge with vacuum	Fridge without vacuum
Pepperoni			21-28	15-21
Pork			8-10	3-5
Pot Roast			8-10	3-4
Ribs			10	3-5
Salami			21-28	15-21
Salmon			5-7	3-4
Sausage			21-28	12-14
Scallops			4-5	3-4
Shrimps			4-5	3-4
Steak			8-10	3-5
Turkey			8-10	7
Tuna (fresh)			4-5	1-2
Tuna Salad			10	3-5
Dairy 				
Baby Formula			1	1
Baby Food			3	2-3
Brownies			10-15	1-2
Cake			10-15	2-4
Cheddar Cheese			50-55	7-14
Gouda Cheese			50-55	7-14
Parmesean Cheese			50-55	7-14
Monterey Jack Cheese			50-55	7-14
Chocolate			365	186-243
Cookies	21-42	7-14		
Donuts			7-10	1-2

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Food Table

	Pantry with vacuum	Pantry without vacuum	Fridge with vacuum	Fridge without vacuum
Dressing			5	2-3
Lasagna			10	3-5
Mac and Cheese			10	3-5
Mayonnaise			1-2	1
Mashed Potatoes			10	4-6
Pasta Sauce			3-4	3-5
Pie			2	1-2
Pizza			3-4	1-2
Potato Salad			10	3-4
Quiche			10	3-4
Salad			10	3-5
Soup			3-4	1-2

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