



Children's  
Therapy Network LLC

## Summer 2019 Group Programs

CTN is thrilled to offer groups for children who are ready to put their skills to use in a larger group setting. We offer a variety of groups led by licensed therapists with expertise in sensory processing, speech language development, emotional regulation, and social development. Our specialized groups are designed to support children who are in or have participated in a therapy program but continue to have concerns related to social engagement and participation. CTN groups are planned around the child! We identify a set of children with similar needs and match them up based on level of engagement, and cognitive and sensory needs.

Contact us at [ctnreception@ctn-madison.com](mailto:ctnreception@ctn-madison.com) or give us a call at 608-234-5990 for a free group intake. All fees are due two weeks prior to start date of group. No insurance coverage applies to groups.

### **Play with Me**

This is our older toddler/early preschool group. Children will learn social skills such as turn-taking, idea-sharing, and negotiation. They will also build on their play skills which are the foundation for all social and future academic success. Additionally, parents will participate alongside their children so that they learn strategies to carryover to everyday life. We will focus on balancing structure with free play so that children learn to explore their environment but also learn to follow social expectations. Over the course of each session, children will be encouraged to move their bodies, play with a variety of materials and peers, and learn to remain engaged and focused for structured group activities.

**Ages: 2.5 – 4 years**

**Dates: June 17 – August 19**

**When: Monday**

**Time: 10:00 am – 11:00 am**

**Cost: FREE!**

### **Prep for the Playground**

Through sensory exploration and movement, children are encouraged to develop and maintain positive interactions with peers. This group maintains some structured activities to support a feeling of consistency along with therapist-supported “free play” in order to allow children to flow naturally into and out of social engagements with peers. The focus of this group will be 1) helping children to understand the sensory regulation strategies that support their successful group engagement, 2) Following the group structure including transitions, 3) Joining and maintaining attention to a group activity, 4) Showing flexibility with play plans in a peer setting.

**Ages: 5 – 10 years**

**Dates: June 19 – August 21**

**When: Wednesday**

**Time: 4:00 pm – 5:00 pm**

**Cost: \$400 per 10-week session**



## Improv for Social Skills

Improvational comedy naturally builds many valuable social skills including tuning into the cues of other people, accepting ideas offered by others, being flexible with your ideas, and the timing and rhythm of social exchanges. We will use improv exercises and games to both have fun and develop these important skills. This summer social skills group is appropriate for higher functioning children ages 10-15. The group will be facilitated by a speech therapist with extensive background in social communication and an occupational therapist with three years of improv class and performing experience.

**Ages: 10 - 15 years | Dates: June 17 - August 19**  
**When: Monday | Time: 3:00 - 4:00 pm | Cost: \$400 per 10-week session**

### Regulated Parents in Action

Come move, play, and learn with us! In this hands-on parent training series, we will dive into strategies to help regulate our children through the power of our own self-regulation. We will provide education and experiential opportunities to help us understand how to use ourselves and the parent-child relationship to regulate our children. Each week we will cover a topic that incorporates the use of sensory regulation, mindfulness, and yoga to positively influence our regulation so that we can approach parenting from a place of fullness and abundance rather than emptiness and burnout. Parents will have practical tools to incorporate right away into daily life.

**Dates: June 17 - August 19**  
**When: Monday**  
**Time: 5:00 pm - 6:00 pm**  
**Cost: \$400 per 10-week session**  
**\*\*Parents only - no child care provided\*\***

### Circle of Security® Parenting™ Group

The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened and helps us make sense of what our children are really asking from us. This is a 10-week course that utilizes video clips to present information about The Circle as well as examples of parents using The Circle with their children. Groups are a mix of watching video clips to learn new concepts and discussing and reflecting on our own experiences. This program is appropriate for all parents, those looking to learn a bit more, those who are struggling in their relationship with their child, as well as new parents, foster and adoptive parents!

**Dates: June 18 - August 20**  
**When: Tuesday**  
**Time: 6:00 pm - 7:00 pm**  
**Cost: \$50 per 10-week session**  
**\*\*Parents only - no child care provided\*\***