

# Energy Clearing Protocol by Kandy Griffin Vandawalker

**NOTE: Allow for one day in between clearings to allow your body to process**

2. Hold the sheets of paper in your left hand. (not more than 4 pages at a time).

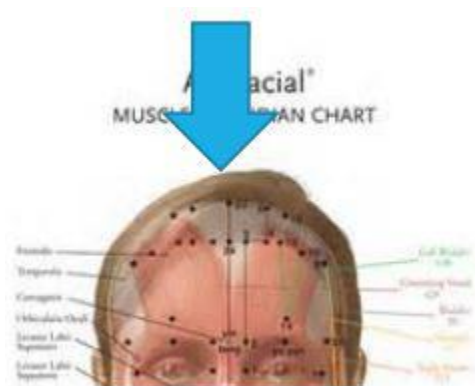
3. TAP up and down your own spine....from the middle of the back of your head to the top of your rear end and back up and down..... 8 times (or 4 sets of two up/down). Use a spatula if need be. It is not important to tap every spot on the way up or down.

By tapping up and down your spine, you are TURNING ON YOUR COMPUTER.... by holding the words in your hand, your "computer" is downloading the information through your porous skin, into your computer.

Now, when this information (the EMF/S/S) enter the body, they travel in a circular motion through the body, like a vehicle on a road. They travel in certain pathways - which is where the acupuncture comes in.

## Downloading the EMF/S/S (ELECTROMAGNETIC FIELD/ SIGNATURE)

1. Find the dip on the top of your head-soft spot about a ¼ way on the top of your head from your forehead, and rub it for 20 seconds in a clockwise motion:



2. Find the web of your left hand between your thumb and forefinger, rub it for 20 seconds in a clockwise motion:



3. Find the dip under your left outside ankle bone, rub it for 20 seconds in a clockwise motion:



4. Find the dip under your right outside ankle bone, Rub it for 20 seconds in a clockwise motion:



5. Find the web of your right hand. Rub it for 20 seconds in a clockwise motion:



You have now completed a circle of acupressure and UNBLOCKED THE PATHWAYS that these EMF/S/s travel on.

**Now you are instructed to drink 1-2 liters of water. VERY IMPORTANT!!!!**

When you clear for organs, glands, systems, your body will detox what doesn't belong there.

When you clear for hormones, immune system, you are balancing the functions of those things.

When you clear for foods, vitamins, mineral, bacteria, virus, fungus, mold, parasites, worms, radiation, lighting, etc., you are desensitizing yourself from these things by putting the information into your "computer"..