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words solo by Simona Semenič

dedicated to Črtomir

my mum and dad

as well as to Matej, Boris, Rok, Vesna, Lara and all those who - one way or another - walk with me through the clouds a short break breath in breath out and then it starts:

the first in the sublime selection of my diseases

troubleshandicapsannoyancesor whatever we call them

- is bed-wetting

i wet my bed for a long time i mean a really long time at least it seemed long to me until i was about sixteen half of my life

it felt most horrid when i was in england as an exchange student of english i stayed with a british family in a semi-detached house at the time i was about fifteen and i had period and i peed i had my pink linen on the bed as always as everywhere but it moved the mattress pissed and covered in blood and i didn't know what to do i was embarrassed to tell the family so i flipped the mattress to hide it and then i went home about two weeks later a letter arrived from the mattress' owner the mattress is ruined and we should pay for it

anyway this is what it was like with this from doctor to quack and back

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i slept on some special anti-peeing nets
then i didn't drink after 6 pm
then i took some pills
and some witch's remedies
then i drew little suns and clouds in a notebook
to take to the doctor
and the witch doctor
a little sun for a dry night
a little cloud for a wet one

waiting for a doctor

i collected quite a bunch of little clouds
and a little sun once in a while
little clouds and suns
i thought i must be the most stupid person in the world
do i really need this
i wanted to close my eyes
and wake up in a place where there with nothing but the wind
nothing helped
of course

sometimes i punished myself through isolation by not hanging out with anybody because i wasn't worth it because i didn't deserve it because i pissed in my bed because this is disgusting and nobody else does it

i didn't discuss it with anyone
my girlfriends didn't know
or at least i thought they didn't
and i hoped so much
that it really hurt
i never slept over at friends'
except twice
aged 15 or so
once at vesna's
once at urška's
and afterwards i always drew a little cloud in my book
once i also turned around the mattress
and then it was over
sleepovers at my friends

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and little clouds persisted in my notebook and then my mother got some good advice from some friend — of a neighbour of the aunt of an acquaintance of a grandmother of my father's former schoolmate — to crush egg shells every night and to eat them and that would stop it for good and i ate and ate and ate and ate

in the notebook on the sheets on the mattress on me little clouds.

little clouds little clouds little clouds

alone and the only one in the world the pisser whatever i try i wake up wet stinking no matter how hard i wash myself i still stink

until once i entered the room of a friend and smelled something familiar i didn't realise immediately what it was what it reminded me of this smell piss! the mattress, sheets, walls, furniture everything was permeated with it you can't get away from this smell my friend

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you can wash, clean, do whatever you want

it still stinks

i, as an expert, recognised it

that familiar stench

and at that point i realised i wasn't alone

that liberating smell

that there are at least two of us in 100 square metres

the smell of the two of us

and then it was slowly three of us

our smell

i guess we didn't know of each other

and then our number grew even more

and then i suddenly realised that we are a civilisation of pissers and that's just the way it is

and it's definitely not worth worrying about

now when - once in a while - i wake up in a little cloud next to my six-year old son

i am a bit embarrassed in front of him

but it doesn't burden me with major trauma

ever since i stopped drawing little clouds

second in the sublime selection of my diseases

is genital herpes

it first happened to me when i was eight

first fever

then penicillin

i had been healthy until then

and i never took any medicine

the doctor didn't know i was allergic to penicillin

he prescribed me ospen 1000

and then swelling

on all my joints

bigger and bigger

as well as herpes all over my ass and genitals

not even the doctor knew what it could be

because herpes is sexually-transmitted

let me illustrate:

in a medical lexicon

for example

under the title genital herpes

you find a nice photograph of condom

and i was eight

first redness

it burns, itches

and then

pop, pop, pop

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small white-and-yellow clouds all over my ass and genitals bigger and bigger white-and-yellow

i don't remember it all i know it hurt but i don't remember

all i remember is that i was home alone we lived on the fourth floor at tovarniška 3c in ajdovščina and when my mother came home she supposedly could hear at the entrance to the block of flats how i screamed with pain i remember this event i remember calling my mother crying screaming even i remember sitting in the living room on my grandmother's green armchair which was covered with a really disgusting brown cover imitation of animal hair then the emergency my dad's white zastava 101 ambulance whisked off to sempeter in the middle of the night but i don't remember the pain i guess it couldn't have been that bad and the nurses in the hospital were right when the following day

anyway this sexually-transmitted disease is incurable but my doctor once when i was nine and i had a relapse decided she would help me get rid of this trouble for good she wrote a prescription "simona, it will burn a lot" she says "but you have to bear with it – and then you'll be cured forever"

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they said i couldn't endure anything

and i bore with it it's not that i remember this pain all i know is that it burnt as if they were scorching my ass every morning and afternoon and evening when they applied the cream formulated by my doctor and they scorched me little by little on my ass until it became completely black my bum, i mean black as if they had burned it but little clouds did not disappear white-and-yellow they were transformed into dry cracked muddy pools and came back again white-and-yellow

i had to go to the specialist dermatologist so that he would see this marvel on my ass

waiting for the dermatologist

i felt a little bit sorry for myself in the waiting room and at the same time made plans for how i would go back to hospital i liked going to the hospital i figured that only by being in hospital i would eventually prove to them all how seriously ill and poorly i was

anyway i get to his surgery with my mother

take off my trousers
maybe a skirt
and panties
and i bend over
and mr. dermatologist puts on his glasses
and observes
the marvel on my bum
black
with little clouds

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"this is interesting"
i bent,
"this is really interesting"
i still bent,
"does it hurt?"

i no longer remember if it hurt
i remember that i lied in my grandmother's room for ten days
that i read robin hood
that my grandmother brought me tea
that my mother brought me tea
that it felt so good
that even now when i'm sick i still remember them bringing me tea
and i wish that today i had ten days to lie in bed
to read robin hood
and my mother to bring me tea

when i have herpes today nobody even bothers to ask if i'm in pain it's there on my ass itching hurting a bit but most of all getting on my nerves

if it gets too bad
i go to hospital for a couple of days
but now i'd rather not go
so that sick old ladies won't tell me that i can't endure
i'd rather endure
wear it on my ass
and keep smiling at meetings

during my last stay in hospital because of this i decided that from now on my herpes will be just mine

and perhaps of some sexual partner for better or for worse as they say anyway, if i can quote my dear friend, playwright milan marković – *ima i u tome nešto lepo -* "there's something nice in all of this too…"

my next disease or whatever it is

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is a god's disease

- epilepsy

or falling sickness

or whatever

my epileptic seizures started when i was about eleven

but we didn't know what the little absences could be

i thought i was just sick

little absences

which didn't harm anybody

and didn't bother anybody;

then they began to bother

i started to slobber during the seizures

my schoolmates said i threw up

but i didn't

the same as i didn't know how to explain what was happening to me

as if i were in a cloud

fog, fog everywhere around

i am conscious

but i can't react

and saliva is dripping from my mouth

i didn't exactly know for a long time

why these clouds

folded up on me

what's the point

and then i again started drawing small suns and clouds

in a slightly different way

i thought it was some sort of a punishment

- these clouds i mean -

which comes upon me whenever i masturbate

and then i drew a small sun for every orgasm

i had with myself

and a small cloud

for every seizure, before i actually knew it was epilepsy

and i was looking for relations

this thing with masturbation goes even further

but it doesn't have to do with any diagnosis

perhaps some other time

when i am diagnosed

with PCES (post-catholic environment syndrome)

for example, or,

within this diagnosis

considering that i never went to church

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nor was i raised in the christian faith and not been baptised maybe its even DCVS (disrespect of christian values syndrome) unless of course they decide i'm not even a lunatic but the number one enemy of the state

the problem was that my mother and father never saw these seizures
i just told them i was sick again and that was it whereas the teachers at school
- and this i really don't understand even now - never said or asked anything for example:
i'm quizzed on a subject at school i get up and the cloud saliva and nothing as if nothing happened

actually the first to tell me i had god's disease was vesna the one i turned the mattress around at i still remember it we were at her place she is standing at the top of the stairs in front of the kitchen i'm down in the hallway and we quarrel and we shout at each other i forget what it was about all i remember that vesna at a certain point says "simona, you have god's disease so that you know you have god's disease" and i look at her from downstairs up and reply "yeah, i know, so what"but of course i didn't know

vesna had found it out before me

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because we practised handball
her father was president of the handball club
and the coach asked the doctor what it could be
this saliva all over me
the doctor told him that it was most likely epilepsy
and then the coach told the president
and the president told vesna
and vesna told me

i had my first major official seizure at my first visit to the neurologist my mother and father were with me i was sleeping in the car

waiting for a neurologist

and i was hit by god the cloud

when i was 16 i was sent for surgery to eliminate epilepsy for good

waiting for surgery

for a year
i put on a lot of weight
about 19 kilos
then they shaved me
and operated
and when i woke up
it just hurt a lot
i couldn't open my mouth
i couldn't eat
but once again i don't remember the pain
thus it can't have been that bad

after a week i went home
on friday
saturday morning i was lying on a couch
that green one
or it might have been the red one by that time
oh dear
i don't remember this either
and then i had a seizure

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it just wouldn't stop

fifteen minutes

then i went to bed at night

and it came back again

my mother found me

in convulsions and foam

that time it just went on

and on

and it wouldn't stop

then a doctor came

i remember him

sitting on a bed next to mine

while i was having a seizure

in the cloud

but i do remember him

then he gave an injection of valium

in my bum (no small clouds)

and sat down

i was still having a seizure

and then he was saying something

and gave another injection

in my bum (no small clouds)

and sat down

today i can still see him

sitting

on a bed nearby

all crushed

it seemed i was a lost cause

that i was going to die

i was having seizures for about two and a half hours

and then it stopped

god's cloud

and then

(and this is the best part)

they came to pick me up with an ambulance

i'm all dizzy

slightly in a cloud

slightly on valium

they put me in an ambulance

shortly before i had watched a movie

in which they kidnapped people in ambulances

to do experiments on them

and that night i knew

no, i was absolutely sure

that they were driving me some place

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where they would do experiments on me

but no

i said to myself

half-dizzy in that ambulance

you won't get me

you have no chance

i don't remember throwing up all the way to the hospital

my mother only told me that later

but i do remember being determined that nobody would do any experiments on me

and how i was scared

because i couldn't get away

in secondary school it was somewhat cool

in the morning i would come to school

looking broken

and all around me understood

i could cough gently

and all around me were hushed in terror

and then i could say in a broken voice

that i didn't feel good

that i wanted to go home

and i could go

to the video store to rent a movie

and to pizzeria for a pizza

and i could stare at television all day

and in addition be a victim

in short:

at a certain point during my teenage years

i was sick of everything

school in particular

and obesity

and i decided to kill myself

one day when i really didn't feel like waking up and going to school

not even to show my painful face

and then come home to watch movies

said...

and done

i had quite some pills in stock

i took a glass of tea to my room

barricaded the door

and started taking the pills

but i failed to predict that it takes more than a glass of tea for that many pills

then i just swallowed them for a while without tea

i knew if i went back through that door to the kitchen my suicide would be history

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and it hadn't even started properly
so i swallowed the pills without tea for a little longer
until i couldn't do it anymore
and i check if there's any liquid
but there isn't
just the acne tonic
and i went on swallowing the pills without liquid
and then i had enough
i'd die anyway, it didn't matter

waiting for redemption

i took the rest with the acne tonic and then ER again the ambulance was dad's silver-green renault five this time rushing to šempeter in the dead of night and then stomach pump and the lying nothing worked neither arms nor legs i just lied for a few days they turned me around when they got tired of bringing me a pan they inserted a catheter no way this i said to myself semi-conscious no way this not a catheter no way but they wouldn't take it out and i'm lying with a catheter for a few days then i could move my hand and because they still wouldn't take the catheter out i did it myself ignorant me of course had no clue that a catheter is not just a tube

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that there is this plastic ball in the bladder

but at least i no longer had a catheter

i asked them when i could go home

which slightly tears you apart

and then blood blood everywhere

and then i had enough

"when you're able to walk by yourself from the bed to the wall and back" i'll go today

"you can't even lift your arm" then the nurse went home

and i said to her – goodbye, i'll be gone tomorrow

and she just gave me an indulgent smile

then the doctor came

and i told him what i had been promised

and when he had confirmed he would let me go home

i got up

walked to the wall and back to the bed and then i couldn't make another step

but they released me

i only mention this event in order to again cite my dear friend the dramatist Milan Marković:

this, my second favourite quotation:

ne postoji put do sreće, put je sreća -

there is no road to happiness

the road itself is happiness...

anyway

afterwards i had to see a psychiatrist

of course

waiting for a psychiatrist

in his office

or surgery

i rummaged among his notes

and then among the testimonies of teenagers

and among others a seventeen-year old girl who had contracted aids

then he came in

sat down

and we started

soon he enquired what i had on my arm

i had three cigarette burns

i caused them myself

and he asked me:

"simona, why did you do this to yourself?

do you think claudia schiffer does this too?"

and there i was again

among the small clouds and suns

secondary school was over

the first year at the college i went to the hospital in grenoble

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for examination

because of the epilepsy, of course

they implanted internal electrodes

14 internal electrodes

those which go through the scull

directly into the brain

if i understood it right

and then they passed some small electrical current through

and observed what was happening to my body

anyway, to stick with the subject

they pass this electricity

and my arm lifts

all by itself

or my leg

it was utterly fun

or i was overwhelmed

(and this was best of all)

by a special cloud

not as a seizure

but as a fantastic feeling

i can't really describe

it's not like when you smoke pot

nor is it like an orgasm

but something different

it might

or it might not

be better than this

because i no longer remember this feeling

but i do know that it was really cool

and that i wanted more

but unfortunately it only happened twice

or maybe three times

last time i had a strong seizure

was about a year and a half ago

precisely on monday 6th march 2006

i was sitting on a bar stool

with my dear friend rok

having a coffee

i'm enthusiastically telling him about a hedonistic weekend

and then it hits me

i'm sitting too high

and that's why i'm still a little scared of bar stools to this day

and was kicked off god's cloud

to the ground

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i again woke up in an ambulance semi-awake i didn't know a thing i didn't know who or where i was all i knew was that i had to pick up my boy from daycare and then passed out again

when i regained consciousness at the emergency they're all around me matej, črtomir's father črtomir and rok matej and rok look at me with pale faces scared worried whilst i just keep on being enthusiastic and in a good mood and on the left there's my son who two days later turned five he wouldn't look at me he turned his back on me and wouldn't look at me and i just keep on being in a good mood "guys, why those long faces everything's just fine" i say to them and matej and rok give me a sour look while črtomir turns his back "give me the mirror to see this marvel" i tell them and i have a look at myself only then it got really funny when i saw myself i couldn't hold the laughter all bloody purple black and blue i don't remember the colours exactly all i remember is that my face was a mottled swollen cloud no eyes chin and cheeks melted into one stitches on my right eyelid

i can feel absolutely great but look awful i arouse pity and a bit of disgust

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but hey

i have just had a marvellous weekend and a couple of stitches can't change that besides and this cannot be ignored i have a new episode in the self-narration of a victim

later on when i walked around
with my purple face
which i probably shouldn't have
because it embarrasses people
and then they stare
and stare
and stare
and i was really sick of all these looks
i said
it was all my fault, he does love me
or
he bought me flowers afterwards and now we love each other again
then they turned in rage

when at the age of nineteen i came back from the hospital in grenoble after my second surgery it was the same my head was shaved and i had stitches i was shut in a hospital for almost two months without saying a word to any of my colleagues or friends at that time there were no emails or SMS i was literally cut off from the world a letter here and there and when i got back home i couldn't care less about a shaved head scars stitches all i wanted was to mix with people wearing a hat until it got too hot

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and then these accusing looks

how i should be at home

and words

how people feel uncomfortable seeing things like that how i should understand this

to be honest
i too don't enjoy seeing people with crutches
or hearing aids
or dental braces
or piercings
or polished nails
or grey blouses
thus i completely understand
as well as empathise with them

when two days after that sensational fall from a bar stool i came to pick up birthday-boy črtomir from day-care a little less swollen thus a little more purple he was no longer afraid of me he came to meet me at the door a group of children watched in fear whereas črtomir swings one hand towards me and the other towards the children and screams "and this is – the purple surprise"

before that sensational fall i came across an excitingly smart successful talented - and all that comes with this man who asked me why i don't use makeup "do you believe that you look beautiful enough without it" after all i'm a woman at that point it crossed my mind that he definitely has a mattress at home that he turns around every second day but when i was this purple walking around made-up in purple without spending a cent on makeup i finally realised what the man had wanted to tell me

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being purple

i felt a woman from head to toe well at least from my left to right eye

i shall put an end to epilepsy with an anecdote i have a bunch of anecdotes about this epilepsy i never get tired of telling them and i do have one that absolutely breaks every record and i just have to tell it SO once we went to a meeting of self-help groups for epilepsy, of course, and since epileptics usually don't drive we hired a van and a chauffeur so there are seven or eight epileptics sitting in a van driven by a chauffeur we are headed from gorica to maribor we stop at a petrol station just outside maribor for a smoke and then we wanted to get back in the van but our driver was thrown to the ground

by god
and he was in convulsions
until the ground was completely covered in blood
because he broke his head
and there are seven or eight of us official epileptics
just watching
and we don't know what happened

we all survived in the end including the chauffeur

the latest in the selection of my diseases is mastitis that is inflammation of the breast after giving birth or just giving birth in general

meaning: the diagnosis is giving birth symptoms: huge belly, low backache, swollen breasts, joint pain, water breaking, contractions, the birth of a new human being i arrive in the maternity ward

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on women's day and first they shut door to the father in front of his nose because he didn't attend maternity class mainly because he didn't pay for it and now it's too late

i'm allowed to give birth on women's day although i didn't attend maternity class

and then all those disgusting things an enema and contractions i'm lying there alone on women's day

waiting for an obstetrician

during the contractions i read romantic souls by ivan cankar i need to pee and i have no place to draw a small cloud i hold it because they won't let me get up i mustn't damage this new human being because my waters have already broken i call the staff but they don't have time i'm not an emergency case yet and besides i'm alone and then i have seizures small clouds nobody comes

i'm not an emergency case yet

and besides i'm alone

i'm telling them they have to perform a caesarean

due to the herpes

which could be lethal for this new human being

that is what i was told

but at the same time one of the gynaecologists told me that i didn't know what herpes was

i don't know

i guess i probably don't

but we have to be careful that this new life isn't damaged or hurt

they wouldn't listen to me

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and i'm waiting i'm not an emergency case and i need to pee and i have contractions and seizures but i'm not an emergency case and i can't endure anything and on top of all this i'm alone why didn't we attend maternity class for the sake of this new life and then finally the right person arrives appears by the door as if by miracle my old gynaecologist and sends me to the operating theatre and they cut free a new human being

the only fear i had about this new being is that it would be really really tiny because first if you take anticonvulsants during pregnancy there's a chance that the head circumference of this new human being will be smaller and that it is smaller in general and second if you smoke during pregnancy the chances are the same a smaller head circumference and a smaller baby and then my perverted mind made a picture of this new being who just didn't exist at all because it had vanished amidst tegretol and nicotine

when i slightly came to myself
after they had cut it out of me
and one huge seizure ceased
which they weren't expecting
because they forgot to check my medical chart
all i wanted to know was if the child was big
is it big

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is it big
i kept asking
slightly under the effect of anaesthesia
it's huge
they told me and showed it to me
four kilos and eighty and 53 cm long new human being
who had fat rings around the neck
and he pulled faces
as if he was laughing
at all of us old human beings
loaded into a huge ambulance
with six and a half billion seats

and then i wake up in a room
and i want to tell the father
that he has a son
but they wouldn't give me the phone
what would happen if they gave every mother the phone
we don't want to bankrupt the maternity hospital

and then it really started i'm breast-feeding this huge new being and this hurts hurts hurts i no longer remember this pain too the only thing i remember is that tears flowed down my cheeks and that i was looking at this new being in my arms my torturer and this is exactly how i perceived him for a moment as a torturer and then the guilt of course terrifying guilt what kind of a mother are you surely this is nice having blood run from your boobs and i say to a nurse - it hurts, it hurts, i can't breastfeed blood is coming from my breast -"don't you worry" she says

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with a smile

"he'll spit it out"

my boobs clouds of pus but i'm used to clouds small clouds and clouds it doesn't matter the new being is in my lap this is what matters

but i've done my share i put a new human on the six-and-half-billion-seat ambulance i could tell you something about his diseases but this is his story

because i've done my share i'm not a dry branch i've realised myself as a woman and of course as a victim

the only thing that bothers me
i mean really bothers me
is that he is now in the centre of attention
the new human being
not me
none of my diseases draw any attention or sympathy

and then i think to myself something needs to be done something

and then i figure the only thing that could save me my personal integrity is a new disease so that i could look around with a broken look and people would understand it so that i could gently cough and people around will be hushed in terror

something like that
but
to my great sorrow
and disappointment
i don't like prepared fruit juices, i rather make them myself
i don't like too much sun-bathing

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i don't like hamburgers from mc-donald's

i don't like lipsticks and makeup and hair dyes and hair sprays and nail polish

i don't like alcohol (at least not in exaggerate doses)

i don't like fizzy drinks, not even cockta or coca cola or beer

i don't like fried food

i don't like fruit and vegetables from interspar, i'd rather get them from my mum's garden

i don't like frozen, i cook almost every day

i don't drive and thus walk rather a lot

and i don't like high heels

i don't like air-conditioning in the apartment or car

i don't like food with a several-month long shelf life

i don't like perfumed toilet paper

i don't like artificial fragrances in my home

i don't like bleaches or softeners

i don't like anti-wrinkle anti-aging or anti-cellulite creams

and so on

again cum gratia in infinitum

i figure the only thing i can try

that i have left

that can save me

is a coffee and a cigarette

one fag after another

chain smoking

more and more

and try

try

to produce another diagnosis

so that i can write a new episode in the victim's self-narrative

and i beg you

i urge you

short a break

inhalation

and exhalation

and then it ends

let me smoke

THE END.