

# Yarrow River Splash 10k Trail Run 2018



## Overall Results

Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
Contest 1							
1.	734	Chris Pownell	M	Senior	Knowsley Harriers	42:01	42:02
2.	852	Mark Chadwick	M	Senior	Wigan Tri	43:09	43:10
3.	826	Josh Woodstock	M	V40	Accrington Road Runners	44:02	44:03
4.	607	Glen Goodwin	M	V50	Accrington Road Runners	44:31	44:33
5.	844	Andrew Harling	M	Senior	Wesham Road Runners	44:48	44:50
6.	583	James Ellis	M	Senior	Kirkby Milers	45:07	45:09
7.	806	Chris Walton	M	Senior	Accrington road runners	45:38	45:39
8.	807	Paul Waters	M	Senior	Knowsley Harriers	45:46	45:46
9.	843	Paul Gregory	M	V40	Wesham Road Runners	45:54	45:56
10.	775	Andy Staveley	M	V55	Burnden Road Runners	46:36	46:38
11.	710	Tony Nicholls	M	V55		46:54	46:56
12.	588	Paulo Felix	M	V40		47:39	47:50
13.	545	Sam Carr	M	Junior	Liverpool Pembroke & Sefton	48:01	48:04
14.	616	Carl Groome	M	V45	Wesham road runners	48:40	48:42
15.	772	Paul Sparrow	M	V50	BW&FAC	48:36	48:46
16.	577	Simon Maughan	M	V50		48:52	48:54
17.	752	David Savage	M	Senior	Accrington Road Runners	48:58	49:00
18.	631	Chris Hayes	M	Senior		49:15	49:23
19.	696	Steven Mercer	M	V40		49:26	49:29
20.	805	Kevin Walker	M	V40	Skelmersdale Boundary	49:35	49:37
21.	668	Rob Lee	M	Senior	Chorlton Runners	50:24	50:29
22.	575	Catherine Derbyshire	F	FV40	Accrington Road runners	50:47	50:51
23.	712	Marie Oâ€™Brien	F	Senior	Salford Harriers	50:57	51:02
24.	708	Michael Murray	M	V55		51:14	51:17
25.	834	Mark Glaister	M	V55	Skelmersdale Boundary	52:23	52:26
26.	568	joe curran	M	V55		52:17	52:29
27.	523	Robert Bottomley	M	Senior		52:22	52:32
28.	759	Nigel Shepherd	M	V60	Wesham Road Runners	52:31	52:34
29.	698	Liam Moden	M	V50	Accrington road runners	52:34	52:38
30.	667	Chris Lee	M	V45	Knowsley Harriers	52:40	52:50
31.	615	Dylan Grindley	M	Senior	Chorley Athletic and Triathlon	52:52	53:04
32.	754	Danielle Scott	F	Senior	Knowsley Harriers	53:04	53:07
33.	632	Tony hesketh	M	V70+	Horwich RMI Harriers	53:12	53:15
34.	786	Jamie Taylor	M	Senior		53:18	53:22
35.	818	Damian Wilson	M	V40		53:07	53:26
36.	612	Fred Green	M	Senior	Accrington Road Runners	53:41	53:43
37.	841	Steven Livesey	M	V50	Thornton Cleveleys Running	53:43	53:50
38.	619	Nathan Halligan	M	Junior		53:52	53:59
39.	803	Matthew Varker	M	Senior		53:54	54:20
40.	674	Amy Longmore	F	Senior	Wigan Harriers	54:25	54:30
41.	627	Ed Harvey	M	Senior		54:17	54:32
42.	796	Robert Tomlin	M	V50		54:34	54:41
43.	662	Joseph Lancaster	M	V40		54:43	54:44
44.	771	Michael Smith	M	Senior	St helens striders	54:28	54:58
45.	748	Keith Robinson	M	V50	Accrington Road Runners	54:55	55:01
46.	787	Ray Taylor	M	V65	Red Rose Road Runners	54:59	55:04
47.	629	Stuart Hatton	M	V40	Lostock AC	55:01	55:05
48.	739	Dev Rathod	M	Senior	Chorlton Runners	55:14	55:35
49.	719	David Parkinson	M	V40		55:31	55:42

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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
50.	730	Jonathan Postle	M	V40		55:49	55:54
51.	707	Terry Moss	M	V45		55:59	56:05
52.	503	Nancy Bailey	F	FV55	Accrington Road Runners	55:58	56:07
53.	622	Rachel Hancock	F	FV45	Lostock AC	56:04	56:08
54.	505	Jonathan Banks	M	Senior		56:53	56:58
55.	717	Malcolm Orrell	M	Senior	Altrincham Athletics Club	56:55	57:07
56.	774	alan spencer	M	V55	Knowsley harriers	57:05	57:08
57.	530	Amanda Bradbury	F	FV40	Wilmslow	57:02	57:09
58.	746	Matthew Roberts	M	V45		56:54	57:13
59.	521	Andi Boardman	M	Senior		57:08	57:17
60.	504	Michele Baker	F	FV50	Accrington Road Runners	57:34	57:40
61.	761	David sheridan	M	V65		57:44	57:53
62.	646	Kath Hoyer	F	FV55	Wesham Road Runners	58:08	58:11
63.	660	Adrian Kwintner	M	V45	Chorlton Runners	58:16	58:38
64.	783	Steven Swan	M	V45	Chorlton Runners	58:18	58:39
65.	599	Ian Gaskell	M	V45		58:44	59:01
66.	824	Alan Wood	M	V45		58:36	59:09
67.	580	Paul Drew	M	V50	Burnden Road Runners	59:15	59:23
68.	559	Michael Coward	M	V45	Accrington Road Runners	59:20	59:29
69.	828	phillip young	M	V55		59:03	59:33
70.	823	Lewis Withnell	M	Senior		59:31	59:47
71.	539	ANDY BUTLER	M	V40		59:34	1:00:03
72.	682	Simon Mason	M	Senior		59:40	1:00:03
73.	613	Katharine Gregson	F	FV40	Accrington Road Runners	1:00:03	1:00:08
74.	749	Steven Robinson	M	V60	thornton cleveleys running club	1:00:02	1:00:10
75.	837	Michelle Mcdonald	F	FV50	Accrington Road Runners	1:00:09	1:00:15
76.	820	David Wimpenny	M	Senior	st helens striders	59:53	1:00:23
77.	736	Gillian Pryor	F	FV45	Thornton Cleveleys Running	1:00:32	1:00:40
78.	657	George Kennedy	M	V60	Wesham road runners	1:00:35	1:00:43
79.	849	James Robert Danson	M	V50	Wesham Road Runners	1:00:27	1:00:45
80.	538	Steve Burgess	M	V55	thornton cleveleys running club	1:00:41	1:00:49
81.	847	Evita Bolmane	M	Senior		1:00:50	1:01:01
82.	735	Steven Prile	M	V55	Bolton Tri Club	1:00:56	1:01:02
83.	584	Amy Evans	F	FV35	Fylde Coast Runners	1:00:46	1:01:04
84.	566	Ian Crozier	M	V60		1:01:06	1:01:22
85.	614	Daniel Gregson	M	Senior		1:01:26	1:01:31
86.	753	Simon Scarr	M	V55	BW&FAC	1:01:19	1:01:32
87.	764	Howard Sidery	M	V55	Lions Running Community	1:01:19	1:01:32
88.	797	Anya Townsend	F	Senior	Chorley Athletic and Triathlon	1:01:23	1:01:35
89.	706	Sam Moss	M	Senior		1:01:23	1:01:41
90.	716	Vanessa Oldham	F	FV45	Accrington Road Runners	1:01:44	1:01:50
91.	543	Kaye Callaghan	F	FV45	Accrington Road Runners	1:01:45	1:01:51
92.	840	David Sager	M	V45	Accrington Road Runners	1:01:43	1:01:52
93.	579	Rachel Digman	F	FV35		1:01:23	1:01:52
94.	572	Gina Linney	F	FV40	Atherton Running Club	1:01:55	1:02:18
95.	589	Shaun Fisher	M	V50		1:01:58	1:02:22
96.	595	Lee Ford	M	V45	Trawden Athletic Club	1:02:07	1:02:23
97.	733	Anja Pownell	F	Senior	Knowsley Harriers	1:02:17	1:02:26
98.	547	jocelyn chadderton	F	FV45	Lostock AC	1:02:24	1:02:36
99.	514	Gareth Bell	M	Senior	Red Rose Road Runners	1:02:34	1:02:42
100.	732	Katie Pownell	F	Senior	Knowsley Harriers	1:02:42	1:02:50

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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
101.	802	Jonathon Varker	M	V50		1:02:28	1:02:55
102.	560	Simon Cragg	M	V40		1:02:58	1:03:03
103.	800	Joe Varey	M	Senior		1:03:13	1:03:38
104.	780	Sue Stewart	F	FV70+	southport waterloo ac	1:03:40	1:03:45
105.	845	Rachel Millard	F	Senior		1:03:30	1:03:45
106.	830	Karen Burgoyne	F	Senior		1:03:40	1:03:54
107.	777	Louise Steel	F	FV40		1:03:51	1:04:02
108.	551	Drew Clayton	M	Senior		1:04:08	1:04:21
109.	722	Craig Pearce	M	V45		1:04:06	1:04:21
110.	690	Pamela McCuulagh	F	FV40	Accrington Road Runners	1:04:17	1:04:29
111.	587	Helen Kelsall	F	FV35	Kirkby Milers	1:04:26	1:04:36
112.	610	Joan Gouldthorpe	F	FV65	Red Rose Road Runners	1:04:36	1:04:43
113.	618	Helen Hall	M	Senior		1:05:02	1:05:06
114.	784	Paul Taberner	M	V45		1:05:03	1:05:07
115.	718	Gemma Owen	F	FV35	Wesham road runners	1:05:02	1:05:10
116.	541	Sam Button	M	Senior		1:04:42	1:05:11
117.	633	Lynsey Higson	F	FV40		1:05:06	1:05:12
118.	576	Vicky Diamond-Gwynne	F	Senior		1:04:49	1:05:16
119.	617	Dan Gwynne	M	Senior		1:04:49	1:05:18
120.	628	Mark Haslam	M	V45		1:05:09	1:05:31
121.	506	Jade Bardsley	F	Senior		1:05:17	1:05:37
122.	833	Kirsty Clegg	F	Senior		1:05:18	1:05:38
123.	602	Ryan Gilbertson	M	Junior		1:05:25	1:05:56
124.	701	Jane Molloy	F	FV50		1:05:54	1:06:00
125.	848	Maureen Danson	F	FV50	Wesham Road Runners	1:05:44	1:06:02
126.	678	Barry Locketti	M	V45	Swinton Running Club	1:06:00	1:06:13
127.	535	Alice Brown	F	FV35	Acre Street Runners	1:05:55	1:06:27
128.	656	Shaleen Jones	F	FV40	Team Deane	1:05:59	1:06:36
129.	709	Jadwiga Nazimek	F	FV35		1:06:39	1:07:02
130.	842	Janet Walker	F	FV40	Skelmersdale Boundary	1:07:05	1:07:17
131.	654	Michael Hunter	M	V40		1:07:35	1:07:39
132.	825	Justin Wood	M	V40		1:07:44	1:08:07
133.	751	Joao Santana	M	V40		1:08:01	1:08:13
134.	600	Melanie Gibson	F	Senior	Lions Running Community	1:08:03	1:08:16
135.	510	David Barrow	M	V60	Kirkby Milers	1:08:08	1:08:19
136.	533	James Fletcher	M	Senior	Knowsley Harriers	1:08:30	1:08:40
137.	630	Matthew Hayes	M	V40		1:08:25	1:08:41
138.	578	Helen Dickson	F	FV50	Accrington Road Runners	1:08:51	1:09:13
139.	793	Samantha Thompson	F	Senior		1:08:51	1:09:14
140.	666	Heather Laycock	F	FV55	Darwen Running Group	1:08:54	1:09:18
141.	608	Steven Gore	M	Senior	Wesham Road Runners	1:09:06	1:09:25
142.	609	Vicky Gore	F	FV40	Wesham Road Runners	1:09:06	1:09:26
143.	680	Tim Martland	M	V50	Lymm Runners	1:09:03	1:09:26
144.	695	Adrian Melton	M	V70+	Accrington Road Runners	1:09:20	1:09:27
145.	693	RICHARD	M	V40		1:09:15	1:09:32
146.	557	Louise corrigan	F	FV35	Swinton Running Club	1:09:18	1:09:32
147.	785	Emily Tasker	F	Senior	Chorley Runners	1:09:22	1:09:33
148.	661	Emma Lancaster	F	FV40		1:09:38	1:09:40
149.	779	Jason Stephens	F	Senior		1:09:29	1:09:41
150.	778	Zara Byrne	F	Senior	thornton cleveleys running club	1:09:32	1:09:44
151.	515	Gina Bellhouse	F	FV50	Southport Waterloo AC	1:09:41	1:09:46

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152.	598	Julie Gaskell	F	FV45		1:09:30	1:09:47
153.	534	Paul Brogden	M	V45	Freckleton and Warton Running	1:09:21	1:09:49
154.	686	Andrew Matthewson	M	Senior		1:09:28	1:09:53
155.	773	Paul Speed	M	V45	Lostock AC	1:09:45	1:10:01
156.	623	Stephen Hancock	M	V50		1:09:56	1:10:01
157.	644	Angela Holt	M	V40	Clayton Chargers	1:10:02	1:10:17
158.	741	Laura Renke	F	Senior		1:10:12	1:10:17
159.	624	Mary Hardacre	F	Senior	Lions Running Community	1:10:07	1:10:20
160.	750	Clare Rycroft	F	FV35		1:09:53	1:10:28
161.	776	Debbie Stead	F	FV45		1:10:12	1:10:43
162.	798	IAN TURNER	M	V55		1:10:08	1:10:43
163.	846	Jill Worthington	F	FV35		1:10:52	1:10:56
164.	542	Jenny Calderbank	F	FV35		1:10:28	1:10:57
165.	700	Lorraine Pennington	F	FV45	Darwen Running Club	1:10:37	1:11:01
166.	516	Anne Berry	F	FV55	Wesham road runners	1:10:43	1:11:03
167.	605	Kenny Goodliffe	M	V40		1:10:44	1:11:13
168.	652	Molly Hunt	F	FV35		1:11:12	1:11:20
169.	822	Karen Windle	F	FV55	Trawden Athletic Club	1:11:16	1:11:32
170.	611	Kerry Granger	F	Senior	Swinton Running Club	1:11:27	1:11:41
171.	548	Clare Clarke	F	FV40	Blackpool Wyre & Fylde AC	1:11:46	1:12:00
172.	811	Timothy Wells	M	V55		1:11:41	1:12:02
173.	582	Pauline Eccleston	F	FV45	Wesham Road Runners	1:12:06	1:12:25
174.	620	Tony Halligan	M	V50		1:12:32	1:12:35
175.	683	Robert Massey	M	V70+	Blackpool Wyre & Fylde AC	1:12:28	1:12:52
176.	821	Brian Winder	M	V65	Darwen Running Club	1:12:34	1:12:59
177.	641	Frank Holmes	M	V45		1:12:47	1:13:06
178.	658	Mark Kenny	M	Senior	Bolton Tri Club	1:13:03	1:13:12
179.	567	Janet Cure	F	FV50		1:12:41	1:13:12
180.	549	Andrea Clarkson	F	Senior	Swinton Running Club	1:13:05	1:13:20
181.	635	Stephen Hill	M	V65	Lions Running Community	1:13:07	1:13:21
182.	511	Belinda Bartle	F	FV50	Lions Running Community	1:13:10	1:13:23
183.	663	Russell Law	F	FV35	Freckleton and Warton Running	1:13:01	1:13:29
184.	529	Lisa Boyle	F	FV45	Accrington Road Runners	1:13:26	1:13:33
185.	762	Mark Sherlock	M	V45		1:13:33	1:13:38
186.	636	STEVE HILL	M	V45		1:13:43	1:13:45
187.	591	Robert Fitzgerald	M	V45		1:13:24	1:13:47
188.	592	Anne Fleming	F	FV45	Kirkby Milers	1:13:19	1:13:51
189.	747	Stephanie Roberts	F	FV40		1:13:19	1:13:51
190.	702	Trish Monks	F	FV45	Village Road Runners	1:13:20	1:13:51
191.	810	Dave Waywell	M	V70+	Wesham Road Runners	1:13:48	1:13:58
192.	704	Aaron Morrison	M	Senior		1:13:57	1:14:24
193.	721	Lyndsey Parsisson	F		Team Deane	1:13:50	1:14:26
194.	537	Pamela Buckel	F	FV45	Trawden Athletic Club	1:14:11	1:14:27
195.	659	Michelle Knight	F	FV50	Team Deane	1:13:54	1:14:31
196.	603	Paul Gilbertson	M	V40	Liverpool Running Club	1:14:01	1:14:32
197.	586	Dawn Fairclough	F	FV35	Liverpool Running Club	1:14:01	1:14:33
198.	827	Kenny Worrall	M	V45	Liverpool Running Club	1:14:04	1:14:35
199.	570	David Curry	M	V65	Swinton Running Club	1:14:39	1:14:53
200.	573	Sally Deacon	F	FV50	Wesham Road Runners	1:14:57	1:15:16
201.	601	Beverley Gigli	F	FV50	BW&FAC	1:14:54	1:15:20
202.	756	Elaine Shaw	F	FV40		1:15:20	1:15:38

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203.	755	Tracey Sharrock	F	FV35	Blackpool Wyre & Fylde AC	1:15:54	1:16:12
204.	574	Alice Deacon	F	Senior		1:16:11	1:16:29
205.	812	Jemma Wells	F	Senior		1:16:26	1:16:40
206.	725	Janet Peel	F	FV40		1:16:11	1:16:46
207.	829	Carrie Warwick	F	Senior		1:16:19	1:16:52
208.	555	Catrin Conroy	F	Senior		1:16:20	1:16:53
209.	728	Louise Pinnington	F	FV45		1:16:41	1:16:58
210.	677	Johanna Lucas	F	FV45		1:16:44	1:17:01
211.	816	Sue Williams	F	FV45		1:16:50	1:17:22
212.	532	Carolyn Brennan	F	FV45	Village Road Runners	1:16:50	1:17:23
213.	737	Liz Quinn	F	FV40		1:17:16	1:17:52
214.	815	David Wilkinson	M	V55		1:18:03	1:18:20
215.	639	Terry Holden	M	V55		1:17:49	1:18:22
216.	571	Marie Davidson	F	FV35		1:18:19	1:18:32
217.	727	Susan Pilkington	F	FV50	Lions Running Community	1:18:26	1:18:41
218.	835	Lisa Margerison	F	FV45		1:18:36	1:18:41
219.	836	Christopher Pendlebury	M	V40		1:18:36	1:18:42
220.	763	Caroline Sidery	F	FV55	Lions Running Community	1:18:43	1:18:58
221.	581	Fiona Eastham	F	FV45	Chorley Runners	1:18:53	1:19:03
222.	596	Amanda Fuller	F	FV40	Blackpool Wyre & Fylde AC	1:18:58	1:19:11
223.	851	Nickola Walker	F	FV45	Blackpool Wyre & Fylde AC	1:19:01	1:19:20
224.	647	Janet Hoyle	F	FV60	Accrington road runners	1:19:45	1:20:08
225.	648	Peter Hoyle	M	V60	Accrington road runners	1:19:45	1:20:08
226.	691	Jim McKeating	M	V55	Methley Striders	1:20:14	1:20:17
227.	757	John Sheffield	M	V60	Methley Striders	1:20:14	1:20:18
228.	817	Jane Williams	F	FV40	Southport Coasters Running	1:20:06	1:20:18
229.	729	Keith Pleasant	M	Senior	Oldham & Royton Harriers	1:19:44	1:20:19
230.	720	Kate Parkinson	F	Senior		1:20:08	1:20:20
231.	501	Georgia Aindow	F	Senior		1:19:43	1:20:21
232.	850	Diane Morrison	F	FV50	Burnden Road Runners	1:19:58	1:20:27
233.	713	Mick ObrO'Br	M	V50	Knowsley Harriers	1:22:11	1:22:19
234.	626	Pete Harrison	M	V50		1:21:59	1:22:25
235.	509	Andrew Barlow	M	V40	Ossy Joggers	1:22:05	1:22:33
236.	507	Jennifer Barlow	F	FV35	Ossy Joggers	1:22:09	1:22:37
237.	724	Jack Pedersen	M	Senior		1:22:08	1:22:37
238.	723	Kate Pedersen	F	Senior		1:22:08	1:22:38
239.	814	Lindsay Whitham	F	FV40	Trawden Athletic Club	1:22:36	1:22:52
240.	594	Diane Ford	F	FV45	Trawden Athletic Club	1:22:40	1:22:56
241.	640	Elaine Holdsworth	F	FV55	Trawden Athletic Club	1:23:13	1:23:29
242.	556	Stephanie Cooper	F	FV45	Chorley Runners	1:23:50	1:24:01
243.	502	Catherine Allton	F	FV40		1:23:52	1:24:02
244.	687	Jeanette McCormack	F	FV55		1:23:45	1:24:19
245.	655	susan jones	F	FV50	thornton cleveleys running club	1:23:46	1:24:20
246.	540	Sinead Butler	F	FV40		1:23:52	1:24:21
247.	546	Marie Caveen	F	FV65		1:23:48	1:24:21
248.	562	Liz Craghill	F	Senior		1:24:34	1:25:01
249.	744	Sue Rigby	F	FV45	Wesham Road Runners	1:24:58	1:25:24
250.	681	Anne Mason	F	FV55		1:25:38	1:25:59
251.	642	Daniel Holt	M	Senior		1:25:38	1:26:00
252.	643	Miami Holt	F	Senior		1:25:40	1:26:01
253.	688	Stephen McCormack	M	V60		1:26:07	1:26:42

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254.	819	Sharon Wilson	F	FV40	Clayton le Moor Harriers	1:26:23	1:26:42
255.	513	Patricia Beesley	F	FV50	Trawden Athletic Club	1:26:26	1:26:43
256.	685	Lisa Matthews	F	FV45	Mossley afc	1:26:25	1:27:03
257.	649	Andrew Hume	M	V45	Blackpool Wyre & Fylde AC	1:27:27	1:27:51
258.	536	Cathy Brownlow	F	FV35		1:27:43	1:27:59
259.	758	Heather Shelton	F	FV35		1:29:36	1:29:59
260.	645	Claire Holt	F	FV40	Chorley Runners	1:31:08	1:31:19
261.	544	Stephanie Calsen	F	FV40	Chorley Runners	1:31:17	1:31:28
262.	794	Becky thompson	F	FV35	Swinton Running Club	1:31:29	1:31:54
263.	520	Janine Bird	F	FV45	Swinton Running Club	1:31:29	1:31:54
264.	705	Claire Morrison	F	FV35	Swinton Running Club	1:31:29	1:31:54
265.	831	Nicola Price	F	FV45		1:31:40	1:32:19
266.	673	John Lomax	M	V50		1:32:02	1:32:36
267.	832	Gemma Lowton	F	Senior		1:32:21	1:33:00
268.	740	Laura Raynor	F	FV45	Blackpool Wyre & Fylde AC	1:34:21	1:34:48
269.	671	Fiona Little	F	FV50	BW&FAC	1:36:01	1:36:27
270.	590	Susan Fisher	F	FV50		1:37:25	1:38:01
271.	585	Scott Fairclough	M	Senior		1:37:26	1:38:02

Number of records: 271