

Yarrow River Splash 10k Trail Run



Overall Results

Place	Bib	Name	Gender	AG	Club	ChipTime	GunTim
Yarrow River Splash 10k Trail Run							
1.	701	Chris Pownell	M	Senior	Knowsley Harriers	41:35	41:37
2.	566	James Ellis	M	Senior	Kirkby Milers AC	45:55	45:56
3.	768	Kevin Walker	M	V40	Skelmersdale Boundary Harriers	46:22	46:26
4.	541	Shaun Chambers	M	V50		46:56	46:59
5.	657	John McLaren	M	Senior	Knowsley harriers	47:13	47:14
6.	729	Tom Smith	M	V50	Running4CF	47:18	47:23
7.	681	Paul Openshaw	M	V45	Sip Running Club	47:24	47:27
8.	717	Darren Robinson	M	Senior		47:06	47:32
9.	675	Tony Nicholls	M	V60		48:10	48:12
10.	571	Adam Fitzsimmons	M	Senior	Kirkby Milers AC	48:15	48:17
11.	656	Andrew McGlone	M	Senior	Kirkby Milers AC	48:16	48:18
12.	779	Luke Wills	M	Senior	Skelmersdale Boundary Harriers	49:06	49:10
13.	685	Jason Parkinson	M	V45	Wesham Road Runners	49:25	49:30
14.	758	Roy Tomlinson	M	V55	Thornton Cleveleys Running Club	49:49	49:52
15.	732	Richard Smith	M	Senior		50:21	50:24
16.	668	Michael Murray	M	V55		50:29	50:32
17.	563	Alan Done	M	V45	Team Deane	50:23	50:33
18.	509	Stuart Barker	M	Senior		50:52	50:58
19.	682	Craig Openshaw	M	V40		51:09	51:12
20.	507	Jonathan Banks	M	Senior		51:07	51:17
21.	555	Robert Cormack	M	Senior		51:21	51:30
22.	721	Danielle Scott	F	Senior	Knowsley Harriers	51:45	51:46
23.	776	Mark Wilkin	M	V50	Blackburn Harriers AC	51:43	51:50
24.	583	Michael Hall	M	Jnr. Male		51:40	51:51
25.	763	Matthew Varker	M	Senior		51:40	51:51
26.	513	David Montague	M	V55	Running4CF	51:50	51:56
27.	751	Danny Taylor	M	V40		52:33	52:38
28.	518	Laura Bell	F	FV35	Winston Runners	52:54	52:58
29.	578	Karolina Graves	F	FV35	Skelmersdale boundary harriers	53:04	53:11
30.	543	Paul Cheetham	M	V45	Parbold Pink Panthers	53:08	53:12
31.	757	Andrew Tinkler	M	V40		53:07	53:32
32.	589	Robert Harmon	M	V45		53:57	54:06
33.	706	Andrew Read	M	V40	Running4CF	54:03	54:12
34.	736	John Spedding	M	Senior	Running4CF	54:00	54:13
35.	568	Gary Firth	M	V45	Astley & Tyldesley Road Runners	54:35	54:42
36.	618	Daniel Kelly	M	Senior	Dockside Runners	55:01	55:07
37.	718	Philip Ryder	M	V40		55:13	55:16
38.	689	Nicola Pennington	F	FV45		55:14	55:17
39.	531	Christopher Brown	M	V45	Running4CF	55:16	55:22
40.	617	Shaun Jukes	M	V50		55:49	55:53
41.	747	Steven Swan	M	V45	Chorlton Runners	55:38	56:00
42.	663	Nick Morton	M	Senior	Kirkby Milers AC	55:42	56:08
43.	652	David Geldard	M	V50	Running4CF	56:06	56:15
44.	637	Robert Lilliott	M	Senior		56:14	56:25
45.	596	Tony Hesketh	M	V70	Horwich RMI Harriers	56:24	56:27
46.	694	Anthony Platt	M	V40	Running4CF	56:20	56:28
47.	556	Elliot Costello	M	Senior	Wesham road runners	56:32	56:40
48.	664	Adam Moss	M	V45	Chorley Runners	56:47	56:59
49.	561	Marc Deluce	M	V55	Lonely Goat RC	57:00	57:04

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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTim
50.	700	Katie Pownell	F	Senior	Knowsley Harriers	56:56	57:06
51.	737	alan spencer	M	V55	Knowsley harriers	56:57	57:09
52.	590	Sophie Harrison	F	Jnr. Female	Salford Harriers	57:36	57:48
53.	704	Gillian Pryor	F	FV45	Thornton Cleveleys Running Club	58:18	58:23
54.	760	David Tootle	M	V55		58:16	58:26
55.	545	David Chester	M	V40		58:24	58:28
56.	626	Paul Land	M	V50	Skelmersdale Boundary Harriers	58:42	58:51
57.	562	Rachel Digman	F	FV35		58:51	58:56
58.	623	Melanie Koth	F	FV45	Lytham Roadrunners	59:06	59:11
59.	677	Patrick Noone	M	Senior		58:46	59:13
60.	666	terry moss	M	V45		59:06	59:20
61.	646	Kirsty Mackenzie	F	FV35	LIVERPOOL Pembroke Sefton	59:18	59:34
62.	551	Kayleigh Cook	F	Senior		59:40	59:48
63.	723	Stephen Shackleton	M	V50	Accrington road runners	59:53	59:59
64.	511	Jonas Bartle	M	Senior		59:32	1:00:00
65.	705	Dave Raynor	M	V55	Red Rose Road Runners	59:47	1:00:02
66.	674	Shane Newton	M	V45	MGPT	1:00:01	1:00:08
67.	603	Darren holman	M	V45		59:51	1:00:09
68.	715	Steven Robinson	M	V60	Thornton Cleveleys Running Club	1:00:03	1:00:18
69.	769	Janet Walker	F	FV40	Skelmersdale Boundary Harriers	1:00:28	1:00:37
70.	762	Jonathon Varker	M	V50		1:00:36	1:00:47
71.	635	Jonathan Lilliot	M	V55		1:01:04	1:01:19
72.	595	Neil Haydock	M	V40		1:01:25	1:01:27
73.	703	Joanna Priestley	F	Senior		1:01:22	1:01:35
74.	699	Gerrard Powell	M			1:01:35	1:01:44
75.	740	Adam Staines	M	V50	Skelmersdale Boundary Harriers	1:01:40	1:01:47
76.	728	Gary Tonge	M	V50		1:01:37	1:01:58
77.	576	Haley Smith	M	Senior	Skelmersdale Boundary Harriers	1:01:53	1:02:01
78.	684	Michael Parker	M	V50	Running4CF	1:01:55	1:02:09
79.	765	Paul Waldram	M	V45		1:02:05	1:02:24
80.	610	Gill Hutchinson	F	FV35	Running4CF	1:02:11	1:02:25
81.	709	Paul Richardson	M	V45	Running4CF	1:02:12	1:02:25
82.	739	Richard Stafford	M	V40	Penny Lane Striders	1:02:06	1:02:26
83.	520	Kay Twist	M	V50	Wesham Road Runners	1:02:07	1:02:26
84.	579	Tony Grayson	M	V45	Team Deane	1:02:07	1:02:27
85.	557	Alexander Crook	M	Senior		1:02:47	1:03:08
86.	564	Stephen Draper	M	V40		1:03:02	1:03:20
87.	702	Anja Pownell	F	Senior	Knowsley Harriers	1:03:53	1:04:05
88.	785	Daniel Woodburn	M	Senior		1:04:00	1:04:07
89.	752	Gayle Taylor	F	FV40		1:04:05	1:04:10
90.	784	LEE Wood	M	Senior		1:04:06	1:04:29
91.	783	Justin Wood	M	V40		1:04:34	1:04:42
92.	791	Holly Horrocks	F	Senior		1:04:39	1:05:00
93.	707	Hazel Reader	F	Senior		1:04:40	1:05:01
94.	558	Joseph Cubbins	M	Senior		1:05:01	1:05:24
95.	575	Mark Gillan	M	Senior	Southport Waterloo AC	1:05:08	1:05:30
96.	640	Belinda Liu	F	FV40		1:05:36	1:05:39
97.	746	Jenny Edmundson	F	FV40	Skelmersdale Boundary Harriers	1:05:50	1:05:59
98.	586	Tom Harding	M	Senior	Lonely Goat RC	1:05:53	1:06:01
99.	540	Harvey Chadderton	M	Jnr. Male		1:05:30	1:06:03

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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTim
100.	778	Katie Wilkinson	F	Jnr. Female		1:06:16	1:06:26
101.	528	Jordan Bradshaw	M	Jnr. Male		1:06:03	1:06:36
102.	624	Andy Lamb	M	V45	Trawden AC	1:06:03	1:06:40
103.	609	Mark Haslem	M	V45	Burnden Road Runners	1:06:28	1:06:41
104.	638	Angela Liptrott	F	FV40		1:06:47	1:06:52
105.	519	Phil Berry	M	V40	Skelmersdale boundary harriers	1:06:52	1:07:00
106.	634	Paul Liddle	M	V55		1:06:47	1:07:10
107.	536	Rick Byers	M	V50	Running4CF	1:07:24	1:07:37
108.	602	laura holman	F	FV45		1:07:21	1:07:39
109.	574	Louane Frances	F	FV40	Trawden AC	1:07:40	1:08:17
110.	761	Valerie Valovin	F	FV55	Running4CF	1:08:50	1:09:02
111.	573	Madie Fowler	F	Senior	Skelmersdale boundary harriers	1:09:04	1:09:14
112.	569	GORDON FISHLOCK	M	V70	Running4CF	1:09:12	1:09:28
113.	713	Sue Stewart	F	FV70	Southport Waterloo AC	1:08:59	1:09:33
114.	512	Ian BARTON	M	V55	Trawden AC	1:08:58	1:09:34
115.	755	Gary Tighe	M	Senior		1:09:28	1:09:47
116.	696	Mark Poole	M	V50		1:09:53	1:10:01
117.	782	Jon Windle	M	V45	Penny lane striders	1:09:47	1:10:06
118.	629	Heather Laycock	F	FV60	Darwen Running Group	1:09:45	1:10:09
119.	501	Georgia Aindow	F	Senior	Skelmersdale Boundary Harriers	1:10:04	1:10:13
120.	653	Roxanne McAllister	F	Senior		1:10:00	1:10:20
121.	525	Steven Blake	M	V45		1:09:54	1:10:26
122.	584	Anthony Halligan	M	V50		1:10:25	1:10:29
123.	742	Debbie Stead	F	FV45		1:10:20	1:10:40
124.	532	Jo Bruchez-Corbett	F	FV40	Penny Lane Striders	1:10:30	1:10:47
125.	676	Jane Nicholson	F	FV55	Penny Lane Striders	1:10:36	1:10:53
126.	670	Lucy Neighbour	F	FV35	Wesham road runners	1:10:38	1:10:55
127.	649	Robert Massey	M	V70	Blackpool wyre and fylde Athletic	1:10:37	1:10:58
128.	660	Trevor Mercer	M	V70		1:10:47	1:11:05
129.	787	Jill Worthington	F	FV40		1:11:15	1:11:17
130.	601	Carl Hollowood	M	V45		1:10:53	1:11:20
131.	605	Alexandra Hooton	F	FV45		1:10:53	1:11:20
132.	659	Adam Mellors	M	V40		1:10:52	1:11:20
133.	686	John Parry	M	V55	Run fit chorley	1:11:18	1:11:21
134.	672	Rob Newsham	M	Senior		1:11:10	1:11:26
135.	673	Vicky Newsham	F	Senior		1:11:11	1:11:26
136.	535	Jennifer Burtonwood	F	FV55	Blackpool Wyre and Fylde Athletic	1:11:08	1:11:28
137.	678	Colette O'Halleron	F	FV45	Kirkby Milers AC	1:11:22	1:11:49
138.	695	Emily Platt	F		Running4CF	1:11:47	1:11:59
139.	766	Fay Waldram	F	FV45		1:11:49	1:12:06
140.	790	Eve Simm	F	FV40		1:11:53	1:12:11
141.	554	Paul Cooke	M	V45		1:11:52	1:12:11
142.	789	David Young	M	V70	Wesham Road Runners	1:11:59	1:12:26
143.	604	Georgie holman	F	Senior		1:12:10	1:12:28
144.	628	James Lane	M	Senior		1:12:11	1:12:29
145.	727	Emily Sinkinson	F	Senior	Red Rose Road Runners	1:12:45	1:12:52
146.	581	Anita Hall	F	FV50	St Helens Striders	1:12:46	1:13:01
147.	720	Cheryl Schofield	F	FV45	Blackburn Road Runners	1:12:36	1:13:02
148.	514	Leanne Batty	F	FV40	Thornton Clevellys Running Club	1:12:49	1:13:04
149.	572	David Foster	M	V50		1:12:45	1:13:17

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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTim
150.	792	John Mackey	M	V55		1:13:01	1:13:17
151.	506	Sophie Ball	F	Senior		1:13:14	1:13:39
152.	759	Michelle Tomlinson	F	FV55	Thornton Cleveleys Running Club	1:13:47	1:14:01
153.	777	David Wilkinson	M	V55		1:13:53	1:14:08
154.	636	Rith Lilliott	F	FV55		1:13:58	1:14:14
155.	588	Jolanda Hargreaves	F	FV50	Lion's Running Community	1:14:51	1:14:53
156.	526	Greg Blinch	M	Senior		1:14:34	1:15:00
157.	671	Christopher Neill	M	V45		1:14:52	1:15:06
158.	781	Brian Winder	M	V70	Darwen Running Group	1:14:44	1:15:10
159.	725	Mark Sherlock	M	V45		1:14:56	1:15:21
160.	772	Mark Walsh	M	V55	Trawden AC	1:15:05	1:15:42
161.	631	Karen Lee	F	FV45		1:15:39	1:16:02
162.	632	Mark Lee	M	V45		1:15:39	1:16:02
163.	542	Ursula Cheetham	F	FV45	Parbold Pink Panthers	1:15:55	1:16:05
164.	627	Jayne Land	F	FV45	Skelmersdale Boundary Harriers	1:15:54	1:16:05
165.	738	Caroline Stafford	F	FV40	Deanery Running Club	1:15:48	1:16:09
166.	764	Shelley Vaughan	F	FV40		1:15:48	1:16:09
167.	644	Catherine Macgillivray	F	FV45		1:15:55	1:16:17
168.	655	Annie McCaffrey	F	FV55	Kirkby Milers AC	1:16:05	1:16:40
169.	774	Jemma Wells	F	Senior		1:16:22	1:16:41
170.	648	Bev Mason	F	FV50	Thornton Cleveleys Running Club	1:16:28	1:16:43
171.	537	Maddalena Capp	F	FV50		1:16:10	1:16:44
172.	647	Noreen Martin	F	FV55	Skelmersdale Boundary Harriers	1:16:45	1:16:55
173.	745	Elaine Sutton	F	FV50	Southport Waterloo AC	1:17:00	1:17:35
174.	599	James Hodgson	M	V50		1:17:27	1:17:37
175.	679	Mick O'Brien	M	V50	Knowsley Harriers	1:17:26	1:17:43
176.	698	Dawn Porter	F	FV45	Hive 22	1:17:12	1:17:48
177.	613	John Jackson	M	V50	Hive 22	1:17:13	1:17:48
178.	726	Julie Sinclair	F	FV45	Blackpool wyre and fylde Athletic	1:17:32	1:17:54
179.	710	Cheryl Rickwood	F	FV40	Blackpool wyre and fylde Athletic	1:17:33	1:17:54
180.	786	Anne-Marie Woodcock	F	FV45		1:17:23	1:17:55
181.	522	Maxine Betts	F	FV50	Trawden AC	1:17:50	1:18:27
182.	619	karen kelly	F	FV40	Kirkby Milers AC	1:18:55	1:19:22
183.	565	Helen Eaton	F	FV45	Kirkby Milers AC	1:18:55	1:19:22
184.	688	Yash Patel	M	V50		1:18:54	1:19:25
185.	612	Diane Iddon	F	FV50	Fylde coast runners	1:20:01	1:20:32
186.	614	Kirsty Jackson	F	Senior	Hive 22	1:19:57	1:20:34
187.	767	nickola walker	F	FV45	Blackpool Wyre and Fylde Athletic	1:20:12	1:20:34
188.	560	Clare Dawson	F	Senior		1:20:05	1:20:38
189.	756	Jonathan Tighe	M	Senior		1:20:49	1:21:07
190.	735	Nicola Spafford	F	Senior	Skelmersdale Boundary Harriers	1:21:23	1:21:35
191.	650	Sara Master	F	FV35		1:21:16	1:21:41
192.	592	Katie Harrison	F	Senior		1:21:26	1:21:51
193.	616	Lesley Jones	F	FV50		1:21:37	1:21:53
194.	529	Sarah Brandwood	F	Senior		1:21:38	1:21:54
195.	730	Helena Smith	F	FV50	Running4CF	1:22:09	1:22:33
196.	615	Brian Jones	M	V55		1:22:31	1:23:05
197.	661	Ella Millet	F			1:22:30	1:23:05
198.	743	Naomi Storey	F	FV50		1:23:28	1:24:01
199.	744	Mel Storey	M	V55		1:23:30	1:24:02

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200.	651	Derek Maytum	M	V60	Clayton Chargers	1:24:09	1:24:16
201.	775	Tony Whittaker	M	V50		1:23:51	1:24:20
202.	606	William Horrocks	M	V45	Team Deane	1:23:56	1:24:27
203.	621	Michelle Knight	F	FV50	Team Deane	1:23:56	1:24:27
204.	687	Lyndsey Parsisson	F	FV35	Team Deane	1:23:57	1:24:28
205.	780	Chris Wilson	M	Senior	Team Deane	1:23:59	1:24:29
206.	665	Madeleine Moss	F	FV40	Chorley Runners	1:24:50	1:25:02
207.	539	Linda Chadderton	F	FV45		1:25:03	1:25:37
208.	527	Charlotte Bradshaw	F	FV45		1:25:04	1:25:38
209.	598	LEE HODGES	M	V50		1:26:05	1:26:13
210.	515	Tricia Beesley	F	FV50	Trawden AC	1:25:47	1:26:23
211.	524	Julie Bithell	F	FV60	Trawden AC	1:25:49	1:26:24
212.	691	Sue Pickles	F	FV50		1:26:05	1:26:27
213.	600	Cathrine Holland	F	FV50		1:25:51	1:26:28
214.	683	Anne Oxbrough	F	FV40	Penny Lane Striders	1:26:11	1:26:29
215.	505	Samantha Badland	F	FV40	Blackburn Road Runners	1:28:48	1:29:16
216.	570	Lynne Fitzpatrick	F	FV60	Blackburn Road Runners	1:28:47	1:29:16
217.	534	Patricia Bullen	F	FV60	Blackburn Road Runners	1:28:46	1:29:16
218.	697	Ellen Pope	F	FV55	Blackburn Road Runners	1:28:48	1:29:17
219.	510	Ellen Barkworth	F	FV60	Blackburn Road Runners	1:28:49	1:29:17
220.	771	Samantha	F	FV35	Blackburn Road Runners	1:28:47	1:29:17
221.	594	Claire Haworth	F	FV40	Blackburn Road Runners	1:28:50	1:29:18
222.	708	Samantha Richard	F	FV45		1:29:10	1:29:29
223.	625	Lisa Lambert	F	FV40	Blackpool wyre and fylde Athletic	1:29:53	1:30:13
224.	550	Fran Connolly	F	FV35	Blackpool wyre and fylde Athletic	1:29:53	1:30:13
225.	749	Helen Taylor	F	FV50	Atherton Running Club	1:30:19	1:30:57
226.	585	Caroline Hamblett	F	FV45	Atherton Running Club	1:30:20	1:30:57
227.	642	Susan Lonsdale	F	FV40	Atherton Running Club	1:30:20	1:30:58
228.	620	Nicola Hardy	F	FV35	Burnden Road Runners	1:31:22	1:31:34
229.	577	rachel glendening	F	FV40		1:31:23	1:31:55
230.	591	Peter Harrison	M	V50	Salford Mets	1:32:02	1:32:34
231.	523	Janine Bird	F	FV45	Salford Mets	1:32:10	1:32:41
232.	711	Marianne Rintoul	F	FV45	Blackburn Road Runners	1:34:10	1:34:41
233.	544	Alyson Chester	F	FV55	Blackrun Road Runners	1:34:12	1:34:41
234.	547	Simon Clare	M	V40	Kirkby Milers AC	1:35:02	1:35:30
235.	530	Dan Broadfoot	M	V40	Kirkby Milers AC	1:35:03	1:35:30
236.	538	Georgina Carter	F	FV40		1:36:51	1:37:16
237.	504	Lorraine Asbery	F	FV55		1:38:30	1:38:53
238.	580	Karl Greenwood	M	V55		1:38:30	1:38:55
239.	503	Sue Allison	F	FV50	Marlys Angels	1:38:31	1:38:55
240.	645	Shirley Mack	F	FV60	Blackburn Road Runners	1:41:44	1:42:12
241.	770	Tracy Wallace	F	FV60	Blackburn Road Runners	1:41:45	1:42:14
242.	680	Nickie OHara	F	FV45	Blackburn Road Runners	1:41:45	1:42:15
243.	658	Richard	M	V45		1:45:26	1:45:31
244.	639	Fiona Little	F	FV50	Blackpool Wyre and Fylde Athletic	1:45:40	1:46:14
245.	516	Colin Beesley	M	V45		2:03:42	2:04:21

Number of records: 245