

Believe in Miracles

February is



Turner Syndrome Awareness Month

WHAT IS TURNER SYNDROME?

Turner syndrome (TS) is a chromosomal condition that affects only girls and women. Females typically have two complete X chromosomes (the sex chromosomes). Turner syndrome is caused by the absence of all or part of the second X chromosome in some or all of the cells of the body.

- Short Stature of unknown cause
- Kidney irregularity (horseshoe shape, absence, or unusually small)
- Unexplained delayed puberty/ menstruation
- Reduced Fertility
- Many moles
- Educational difficulties (particularly math)

Signs of Turner Syndrome

- Droopy eyelids, low set/prominent ears, narrow roof of mouth
- Neck webbing (from fetal cystic hygroma)
- Hearing Loss (both conductive and sensorineural)
- Recurrent middle ear infections
- Excellent verbal skills/vocabulary

How Common is Turner Syndrome?

TS affects approximately 1 in every 2000 live born baby girls. It is the **second** most common genetic/chromosomal disorder in females.

Down Syndrome 1 in 700

Turner Syndrome 1 in 2,000

Cystic Fibrosis 1 in 3,500

Early diagnosis is vital, so that treatment can begin for any TS related health issues.

DID YOU KNOW?

TS is most often diagnosed during **fetal life**, in **infancy**, during the **late pre-teen** period (8–12 years), or in **late adolescence/early adulthood**. A simple blood or saliva test is used to determine the karyotype (chromosome makeup).

Believe in Miracles

It is estimated that **98%** of Turner syndrome pregnancies end in miscarriage, many even before diagnosis. Those who are living with TS truly are **miracles!**

SOME HEALTH ISSUES RELATED TO TS

