

# DECEMBER

## RC NEWS



**Happy Holidays from the RC Team to you!**

Lets talk about **FEVERS!** The fever is a hallmark of infection and inflammatory disease and has been shaped through hundreds of millions of years of natural selection." The increase in body temperature during a fever is part of the body's survival mechanism. A fever stimulates metabolism and activation of the immune response to fight infection, and it also reduces the infectious potential of viruses in the body by about 200-fold! **As a matter of fact, research shows that the use of drugs to reduce mild fevers hurts the healing process!** Remember, you are designed perfectly! Chiropractic care reduces nerve interference so that your body can **THRIVE** in the way that it was intended!

**Where to find  
the RC team in  
the community  
this month?**

Dec 7<sup>th</sup>: 12-3pm:  
Crossfit Aggregate  
Holiday Market!

Dec 7<sup>th</sup>: 9-3pm:  
Santa's Workshop

**OFFICE CLOSED:  
DEC 23-30<sup>TH</sup>!**

**OFFICE OPENED  
NYE DEC 31<sup>ST</sup>  
7AM-1PM**

**CLOSED: NEW  
YEARS DAY**



**COMPLIMENTARY**

**EVALUATION ON PRESENTATION  
OF THIS SLIP**

[www.chirorestoration.com](http://www.chirorestoration.com)

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