

NOVEMBER RESTORATION CHIROPRACTIC NEWS

What's happening this month at RC?

The RC Team just got back from Colorado to train and have a weekend getaway, so we can serve you better!!!



Looking for a natural way to boost your immune system as the weather changes?

Did you know that Neurologically-based chiropractic care allows for the removal of subluxations in the nervous system that could disrupt the way the nervous system – and immune system – function.

When it comes to being sick, rather than look externally for answers, our bodies can look internally (to the immune system) to help us get healthy again!

Where you can find the RC Team this month in the community:

PTO Centralia Fall Festival

Saturday Nov. 10th

8-12pm

Holiday Festival
Saturday Nov. 17th

8-5pm

Holiday Festival
Sunday Nov. 18th:

11-4pm

Thanksgiving office closing!

WEDNESDAY, NOV. 21ST

THURSDAY NOV. 22ND

Did you know?

The Nervous System regulates our body's immunity and inflammation. When sick, get adjusted!