RADIANT HEALTH: HEALING OF AUTO IMMUNE DISORDERS

MAY 12, 2018

2:30-5:30PM

HIGH DESERT YOGA

4600 Copper Ave NE Albuquerque, NM 87108 www.highdesertyoga.com

for more info contact

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\$50 pre-registered by May 8, \$53.75 inc. tax \$60 thereafter, \$64.50 inc. tax The inner god(dess) is awakened in each of us with meditation and practices that bring health and confidence.

Let's work together to take these practices to a deeper level to adjust our frequency to shift the body from the auto immune cycle. And let's allow our inner health and true nature to surface through meditation, herbs and lifestyle tools that support abundant health.

You will learn:

- A self-reflective journey to awaken healing
- New affirmations to release self destructive
- immune patterning
- Practical daily tips to awaken your body's
- natural healing ability
- To nurture your ability to attract what you
- need and then some ...

Deva Khalsa is an Ayurvedic Health Practitioner, Clinical Herbalist and a 26 year veteran of teaching Kundalini Yoga. She currently teaches two weekly yoga classes at High Desert Yoga and has a detox/cleansing and Ayurvedic business in Albuquerque and Santa Fe. Deva began practicing yoga in Vancouver, Canada in 1992 and she came to New Mexico in 1996.

Japa K. Khalsa DOM, C-YT is co-author of the textbook Enlightened Bodies; Exploring Physical and Subtle Human Anatomy. She is a Doctor of Oriental Medicine combining traditional acupuncture with herbal and nutritional medicine, numerology and energy healing. She travels and teaches as an International Kundalini Yoga Teacher Trainer and inspirational speaker.