

Thursday, October 12

1PM - 3PM

Question, Persuade, and Refer

Suicide Prevention Training

**Triangle Community Center, Room B,
618 West Avenue, Norwalk, CT 06850**

Question, Persuade, and Refer (QPR) — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

A version of this training designed for Spanish-speaking individuals is available at the same date and time.

RSVP Required. Contact: Irene@CTPrideCenter.org or 203-853-0600 ext 102

