

Fairfield County Walks for Mental Health

www.HealthyMindsCT.org

#FFldCtyWalks4MH

Saturday, May 5, 2018 ■ 10:30am-12:30pm

Town Green*, Norwalk, CT *intersection of East Avenue & Park Street



Join us, RAIN OR SHINE, to raise awareness about mental health! All interested individuals and groups are welcome. Wear a t-shirt representing your group! Free purple bandannas will be distributed to all.

Sign in starts at 10:30am, program at 11am.

Featured speaker State Rep. Brenda Kupchick.

RSVPs encouraged to
info@healthymindsct.org. Tell
us how many in your group!

*Full walk is 1.5 miles: Town Green to I-95,
then back to St. Paul's on the Green for
the intentions board and labyrinth.
Shorter routes available. Wheelchair
accessible. Sorry, no dogs!*

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