

## UNIVERSITY OF LEEDS BOAT CLUB JOB DESCRIPTION - SENIOR COACHING INTERN

### OVERVIEW OF THE ROLE

The University of Leeds Boat Club is ever expanding both its participation and performance programmes. In the past year we have developed a unique social rowing competition offer and had club record performances at BUCS, Head of the River Race and Henley Royal Regatta. Through the support of the Gryphon Club Fund through the University of Leeds and Leeds University Union we have funding to support the development of a new coaching role to further support our diverse membership.

The new role of Senior Coaching Intern will act as a lead coach for our ever growing senior intermediate squad as well as an assistant coach for the senior performance squad. The senior intermediate squad train regularly but with no minimum commitment allowing the sport to be accessible to all with opportunities to compete locally whilst the senior performance squad led by the Head of Rowing commit to a full programme and compete at major national events.

### DUTIES AND RESPONSIBILITIES

- Coaching a diverse range of students with rowing experience on water.
- Leading in crew selection for senior intermediate squad
- Setting training plans for senior intermediate squad
- Coaching under the guidance of Head of Rowing with the senior performance squads, providing input into selection.
- Represent UOLBC in a positive manner
- Follow the code of conduct of UOLBC and coaching code of conduct from British Rowing
- Work within UOLBC risk assessment and within RowSafe guidelines.

### SKILLS AND EXPERIENCE REQUIRED

- To have or able to obtain a Level 2 certificate in coaching rowing during the internship
- Able to drive a tiller steered coaching launch
- Experience coaching senior rowers
- Lead by example being a positive role model to athletes
- Willingness to learn from other coaches
- Excellent communication skills
- A passion for developing student athletes.
- Reliable and Trustworthy

## TRAINING & SUPPORT

We want you to have the best opportunity to develop as a coach and therefore will support you to the best of our ability to fulfil the role including:

- Induction into the role
- Opportunity to shadow other coaches
- Mentoring
- Regular coaching meetings
- A CPD fund available for training courses/workshops
- Opportunity to go on training camps abroad

## COMMITMENT

- You will be required to coach on water 10 hours per week during term time. Provisionally this is set as 3 early morning sessions and 2 weekend sessions however there may be an opportunity to negotiate specific sessions.
- 1 hour per week of administrative tasks working with other coaches and squad captains.
- Opportunity to coach on training camps abroad with travel and accommodation expenses covered.

The hours expected of the senior coaching intern are outside of typical working/studying hours enabling someone to take on the role whilst studying or in other employment.

## FURTHER INFORMATION & APPLICATION

- The role is responsible to Dan Grant, Head of Rowing, and the Club Captain of University of Leeds Boat Club.
- For payment of your hours working for the club you will be expected to register with Leeds University Union as a self employed coach and will invoice the club for your agreed hours.
- For further information please contact Dan Grant, Head of Rowing, [d.grant@leeds.ac.uk](mailto:d.grant@leeds.ac.uk) or Ella Murphy, Club Captain, [uolbccaptain@gmail.com](mailto:uolbccaptain@gmail.com)
- To apply for the position please send a CV and Covering Letter to Dan Grant by email by Fri 6th September 2019
- Interviews will be held week commencing 16th September 2019

