

Weight Divisions

British wrestling in the from the 1950s to the 1990s had weight divisions as follows:

Lightweight (Below 11 stones)

Welterweight (Below 11 stones 11 pounds)

Middleweight (Below 12 stones 8 pounds)

Heavy Middleweight (Below 13 stones 5 pounds)

Light Heavyweight (Below 14 stones 2 pounds)

Mid Heavyweight ((Below 14 stones 13 pounds)

Heavyweight (Any weight)