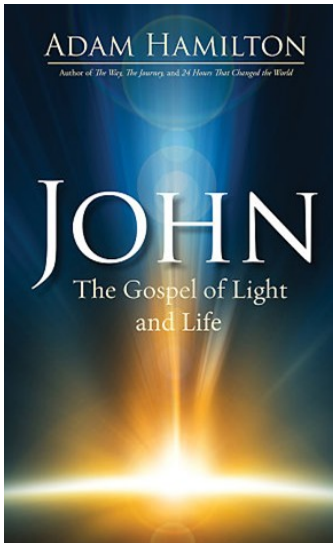


What is "Group for You"

"Group for you" is a small group of people who are at similar stages in life, seeking support for similar life issues, or who share the same interest through studies and activities. There is a group for you! Check it out! **A nursery will be provided for all Wednesday night events.**



Join in a short-term study on The Gospel of John this Lent!
Led by: Rev. Ellen Alston

2 Opportunities to participate!
Sunday School hour
9:15-10:15 AM in Key Hall
6 Sundays: February 14-March 20

Wednesday Evenings
6:00-7:00 PM in the Conference Room
6 Wednesdays: February 17-March 23

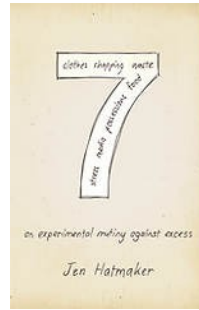
Books provided for you to purchase (\$13) or borrow for the duration of the study.

OPEN TO ALL!



**"Pauses for Lent"
Sewing Group**
Starts Friday, February 12
10:00 AM-12:00 PM
At the Mustard Seed
Led by Sandy Friesner

Do you want to sew with a group? Join us on Fridays 10:00 - 12:00 to learn how to make Modern Cross blocks. Those blocks will be combined as we make a small quilt for the upcoming Youth Auction. Group will meet every Friday in Lent at the Mustard Seed. "Pauses for Lent", a minimalist one word a day devotional, will be provided. Contact office to sign up.

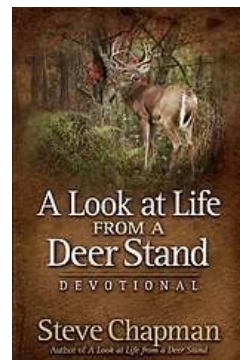


7: An Experimental Mutiny Against Excess
Jen Hatmaker
Grits & Grace
Wednesdays 6:00 PM
Starts March 8, 2016
Room 209
Led by Amy Courtney

American life can be excessive, to say the least. That's what Jen Hatmaker had to admit after taking in hurricane victims who commented on the extravagance of her family's upper middle class home. She once considered herself unmotivated by the lure of prosperity, but upon being called "rich" by an undeniably poor child, evidence to the contrary mounted, and a social experiment turned spiritual was born.

7 is the true story of how Jen (along with her husband and her children to varying degrees) took seven months, identified seven areas of excess, and made seven simple choices to fight back against the modern-day diseases of greed, materialism, and overindulgence.

Food. Clothes. Spending. Media. Possessions. Waste. Stress. They would spend thirty days on each topic, boiling it down to the number seven. Only eat seven foods, wear seven articles of clothing, and spend money in seven places. Eliminate use of seven media types, give away seven things each day for one month, adopt seven green habits, and observe "seven sacred pauses." So, what's the payoff from living a deeply reduced life? It's the discovery of a greatly increased God—a call toward Christ-like simplicity and generosity that transcends social experiment to become a radically better existence.



A Look at Life From A Deer Stand
By Steve Chapman
Men's Bible Study
Led by Jake Cavanaugh
Wednesday 6:00 PM

We are men of all ages with various backgrounds. Men of all ages are welcome to join. Our group is similar to a barber shop, that is, we talk a good bit.

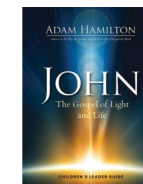


War Room Bible Study
Alex and Stephen Kendrick
Ladies' Bible Study
Led by Sue Brinkley

War Room Bible Study is based on movie clips by the same title where Tony and Elizabeth Jordan seemingly have it all – great jobs, a beautiful daughter, their dream home. But appearances can be deceiving. In reality, their marriage has become a war zone and their daughter is collateral damage. But with the help of Miss Clara, an older, wiser woman, Elizabeth discovers she can start fighting for her family instead of against them. With her newly energized faith, Elizabeth's real enemy doesn't have a prayer. Space is limited, please contact the office for more information.

FaithFinders

Pollywogs : Ages 2, 3 & 4 years (if not 4 by September 30th)
Froglets : Pre-k - Kindergarten (4 by September 30th)
& 1st - 2nd grade
Leapers :3rd - 5th grade

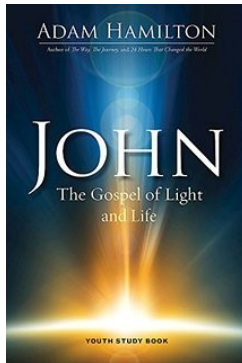


Wondrous Wednesdays

In the Spring, FaithFinders meet for fun fellowship, exploring scripture and growing as disciples. This Lent season we will be studying the Gospel of John.

Pollywogs: Room 148
Froglets & Leapers: upstairs in FaithFinders wing
Froglets and Leapers meet for music, large group and then break off into small groups.

UMYF Wednesday for the YOUTH 6th - 12th grades:



Open Gym After school

Open Gym is in our Family Life Center from after school until 5:30 PM when we will eat before Worship and small groups. Join us for a time to do your homework, hang out with your friends, and just enjoy each other!

Youth Small Groups 6:00 to 7:00 PM Meet in the Family Life Center

Small groups are important because it gives you a chance to really grow in your faith with God. Each small group throughout the year will participate in other activities together. These activities help them to grow closer in their relationships to each other and God. This Lent season we will be studying the Gospel of John.

High School Boys - Youth Room(FLC) Led by Michael McFarlain

High School Girls -Cornerstone Led by Christine McFarlain & Mandi McFarlain

Middle School Girls - Room 206 Led by Lexi Nezat & Meagan Lynn

Middle School Boys - Game Room (FLC) Led by Jerry Baus, Trace Lynn & Colin Laughlin

Other Groups of Interest

Friendship Meals-Are delivered on the third Thursday of each month. This is a mission that our Church provides to reach people who are shut-in or ill and would benefit from a hot meal. This is provided not only to members of our Church but anyone out in the community. If you know of someone who would like this service please contact the Church office.

AA Meeting-Put it Together, Keep it Together

12 step recovery program for those suffering from chemical abuse and addiction. This is an open group and a discussion meeting. Meetings are held every Wednesday and Friday 7:00 PM – 9:00 PM in the Scout Hut located at 412 Ruth St.

Mustard Seed- Meets on Tuesday mornings at 9:00 AM in the Mustard Seed located at 312 S. Huntington St. for crafting, sewing, quilting, ceramics and pottery. Contact the church office for more information or make contact on their Facebook page.

United Methodist Men- 4th Monday of every month. This meeting includes dinner, fellowship, and a program. Meeting place is announced monthly. Contact the church office for more information.

United Methodist Women-This group of women meets monthly, in a variety of smaller groups called “circles”, for fellowship, spiritual growth, education and mission. Contact the church office for more information.

Ta-Dah Sisterhood Quilting Group-Mondays at 12:00 Noon in the Mustard Seed. This group is open to anyone in the church and community who have a desire to learn new quilting techniques. Contact the church office for more information.

Pottery - Meets Monday mornings at 9:30 AM in the Mustard Seed to learn pottery from Kay Reynolds. Contact the church office for more information.

Romeos (Retired Old Men Eating Out Somewhere) Wednesdays at 11:30 AM for lunch in various Sulphur restaurants. Contact church office to join these men in fellowship and good food.

Elderberries-2nd Thursday of every month at 10:30 AM An active senior group. Contact the church office for more information.

Spring Brochure

2016



**Henning Memorial
United Methodist Church
404 S. Huntington Street
Sulphur, LA 70663
(337) 527-5483**

**www.henningmemorialumc.org
Find us on Facebook**

Sunday Worship Services

8:00 AM / 10:30 AM / 6:00 PM

Contemporary Service “The Branch” 10:30 AM FLC

Sunday School Classes

9:15 AM - 10:15 AM